

Stay Healthy

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Carole Grimeen
Suzanne Fletcher

Content Information

Text Type: Non-Fiction

Genre: Description

Word Count: 55

ACARA F-1 References

Learning Areas: English, Health and Physical Education

General Capabilities:

- Literacy
- Ethical Understanding:
 - * exploring values, rights and responsibilities.
- Personal and Social Capability:
 - * recognise emotions
 - * self management
 - * social awareness.

Suggested Reading Level *

Reading Stage	Guided Reading Level	Reading Recovery
Early	D	5



* Texts have been developed using *Fountas and Pinnell's Ten Characteristics of Texts for Guided Reading*. The levels are suggested only and have not been field tested.

Stay Healthy



Staying Healthy

You can get sick.

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You can feel sick.

Your ears can hurt.

You can sneeze
and sneeze.



We can all stay healthy!



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Credits

Fountas, I.C., & Pinnell, G.S. (2017). Literacy Continuum: A Tool for Assessment, Planning and Teaching, PreK-8. Portsmouth, NH: Heinemann.

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Stay Healthy

Stay Healthy is a simple informational text that describes how we can sometimes feel sick and the ways we can stay healthy. The text encourages good health through eating healthy food, drinking water and staying active through exercise and playing games.

The Authors

Carole and Suzanne are sisters and educators.

Carole has over 30 years teaching experience. The last 15 years have been spent specialising in early literacy acquisition, training teachers and designing and delivering early reading and writing interventions. Carole has a Master of Education and a Master of Teaching English to Speakers of Other Languages.

Suzanne has 15 years teaching experience 13 of which have been spent teaching ESL students. She has a Master of Education (IT in Education) and a Bachelor of Vocational Education and Training.



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Healthy
Me



What Humans Need to Stay Healthy
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