

# What I Do

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Carole Crimeen  
Suzanne Fletcher

KNOWLEDGE  
BOOKS

Healthy  
Me

## Content Information

**Text Type:** Non-Fiction

**Genre:** Description

**Word Count:** 69

### ACARA F-1 References

**Learning Areas:** English, Health and Physical Education

#### General Capabilities:

- Literacy
- Ethical Understanding:
  - \* exploring values, rights and responsibilities.
- Personal and Social Capability:
  - \* recognise emotions
  - \* self management
  - \* social awareness.

#### Suggested Reading Level \*

Reading Stage	Guided Reading Level	Reading Recovery
Early	C	4

		
<b>Living Things</b>	<b>Staying Healthy</b>	<b>Healthy Living</b>

\* Texts have been developed using *Fountas and Pinnell's Ten Characteristics of Texts for Guided Reading*. The levels are suggested only and have not been field tested.

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# Healthy Living

We can stay healthy.

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We can exercise,  
to stay healthy.

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Come on!

Let's all exercise.





## Knowledge Books and Software

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Fountas, I.C., & Pinnell, G.S. (2017). Literacy Continuum: A Tool for Assessment, Planning and Teaching, PreK-8. Portsmouth, NH: Heinemann.

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# What I Do

**What I Do** is a simple informational text that highlights the importance of being active and the role regular exercise plays in maintaining good health.

## The Authors

Carole and Suzanne are sisters and educators.

Carole has over 30 years teaching experience. The last 15 years have been spent specialising in early literacy acquisition, training teachers and designing and delivering early reading and writing interventions. Carole has a Master of Education and a Master of Teaching English to Speakers of Other Languages.

Suzanne has 15 years teaching experience 13 of which have been spent teaching ESL students. She has a Master of Education (IT in Education) and a Bachelor of Vocational Education and Training.



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