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History of the First Australians







Close your eyes and listen carefully. What can you hear? A kookaburra laughing? A red-tailed black cockatoo screeching? Maybe you can hear a frog croaking.

I love the sound of the wind as it blows through the she-oaks. First Nations people call this tree the Mother Tree. She whispers to them as the wind blows through her leaves.







What can you smell? In Spring, the golden wattle has a very strong smell. Insects love this smell! They will buzz around it all day long, collecting pollen.

Sometimes if you're walking among gum trees, you can smell the eucalyptus oil in the gum leaves. It smells fresh! One of my other favourite things is the smell just before a storm comes.





What can you feel? Is it cold or hot, windy, or still? Notice how the sun feels on your skin. What does the ground feel like under your bare feet?

Visit a waterfall and stand safely near it. Feel the spray on your skin as it splashes on the rocks. Go for a swim in the cool water and enjoy a waterfall massage!



