My Family's Totem

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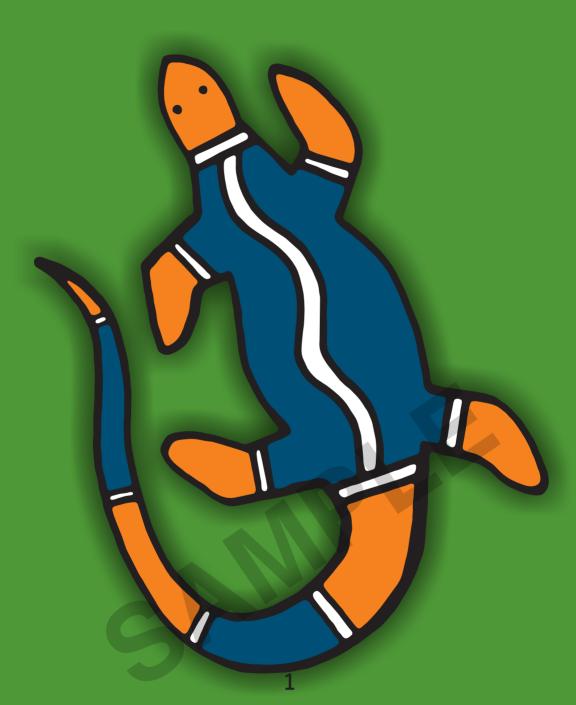
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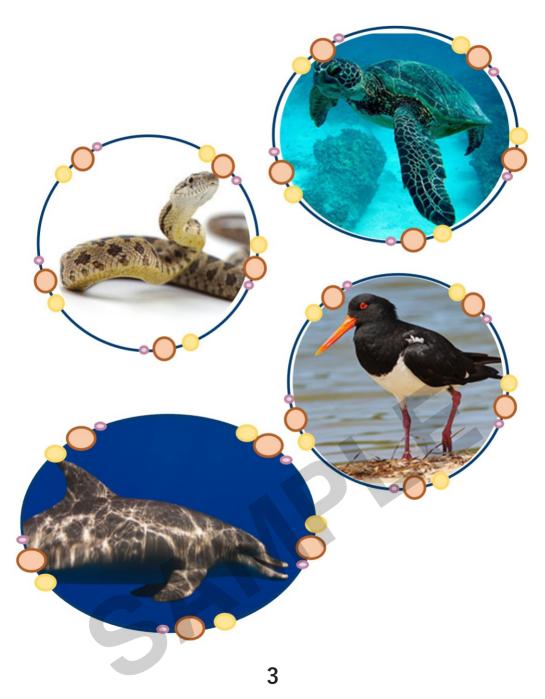
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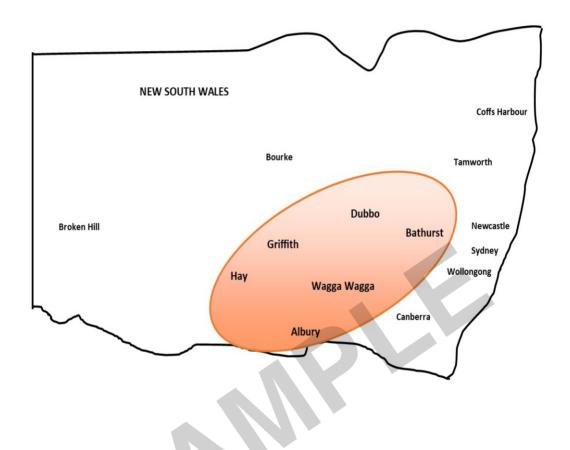
In Aboriginal Australian culture, a totem is extremely important, not only to a person but also to a family or Nation. They are to be closely protected and cared for. There are many different totems and each family has their own totem. Most animals are a totem to someone.



Different totems exist in different areas of Australia. If you live in the desert, your totem would be from the desert. If you live on the coast, your totem would be from the coast. A totem animal is given to you at birth or when you are ready. Your totem is passed down from your family and you can't marry someone with the same totem.



My Aboriginal family comes from the Wiradjuri Nation in South West New South Wales. Wiradjuri means "people of the three rivers". These three big rivers gave food and nourishment to the Wiradjuri people. I am extremely proud to come from this nation.



Word bank

Northern becoming

mountains decided

Bundjalung dolphins

Nation connected

visitor creator

Wiradjuri wonderful

Aboriginal hometown

ancestors grateful

important mussels

coastline ocean

skateboards otherwise

surfboards poisoned

definitely cousins

favourite nephews

temperature nieces

breaking relaxing

paddled

Reading Recovery Level: 27

Word count: 604

Content: Non-fiction explanation and report

ACARA F-10 references:

Learning Areas: English; Science; Humanities and Social Sciences; The Arts; Languages.

General Capabilities: Literacy; Critical and Creative Thinking; Personal and Social Capability; Intercultural Understanding.

Cross Curriculum Priorities: Aboriginal and Torres Strait Islander Histories and Cultures; Sustainability.

Teacher Notes:

The Gugaa Totem explains the importance of totems in Aboriginal Australian culture and specifically focuses on the author's Wiradjuri family's totem, the Gugaa, or goanna. Mark explains how his totem teaches him and his family all about life.

Discussion points for consideration:

- 1. Gugaa is the Wiradjuri term for goanna. Research some other Aboriginal Language terms for goanna.
- 2. Do you have a totem? If not, what would you like to have as your totem? Why?
- 3. How does Mark and his family ensure that his totem stays protected?

Difficult words to be introduced and practised before reading this book:

Aboriginal, Australian, culture, totem, extremely, Nation, closely, protected, different, exist, desert, coast, Wiradjuri, nourishment, Gugaa, goanna, language, unique, however, delicious, believes, design, surfboards, surrounded, cherish, continue.

Acknowledgement of the First Nations' People: We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

Sensitivity Notice: Aboriginal and Torres Strait Islander readers are **warned** that the following series may contain images - photographs and illustrations and text about deceased persons.

History of the First Australians 44

My Family's Totem

In this story, Mark explains the importance of totems in Aboriginal Australian culture. He talks about his Wiradjuri Family's totem, the Gugaa, or goanna, and how it teaches his family about life.

Author's Bio:

Mark Tirris is a proud descendant of the Wiradjuri Peoples of South West NSW and has always been active in his local Aboriginal community in



Northern NSW. He successfully completed a Master's degree in Indigenous Studies (Wellbeing) through Southern Cross University. His professional experience includes five years working in several Aboriginal organisations and managing his own Indigenous consultancy business.

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