

The Colour Ochre Warrior

Trevor Fourmile

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I am the Colour Ochre Warrior,
I stand so tall and proud.
Sometimes I feel strong,
And sometimes I feel down.



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I call on my Spirits to guide me,
To guide me through my pain.
Spirits like Rainbow Serpent,
To help me find my way.



Look at my colours.
All working as one.
They have a purpose.
To get things done!



My colours have beauty.
And express different feelings.
I use these colours
As part of my healing.

The Colour Ochre Warrior

Come on a beautiful journey with Trevor as he expresses the colourful beauty of our Australian natural environment through poetry. Discover all the different ochre colour hues and how some of these colours can help with healing and encourage us to live positive, happy, and resilient lives.



Author's Bio:

Trevor Fourmile is from the Yidinji people of the Cairns area of Far North Queensland. His Yidinji name is Bumi which means “lightning flash”. Trevor works as a Community Engagement Officer at Hymba Yumba Independent School in Brisbane and loves teaching the younger generation his culture through traditional dancing, storytelling and writing children's books.

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