

Bush Tukka!

Ken Jones

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Hi, I am Uncle Ken Jones. Today, we are going to look at some Bush Tukka from my country. Australia has many native plants. Did you know that many of them have been used by our First Nations people for thousands of years?



I come from a hunter and gatherer family. My people have been eating native plant foods for a long time. My aunties and uncles and parents taught me which plants are safe to eat.





Not all plants are safe. It is important to know the difference between safe and unsafe plants. Each Australian plant has special things to help you identify it.





When you hold the plant, you need to be careful. We must respect our environment. By doing this, these plants will be here for us to eat for many years to come. This is called Caring for Country.

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First Nations people have been eating Bush Tukka for thousands of years. Find out about some of Australia's nutritious native plants and how to eat them while Caring for Country. Uncle Ken's knowledge of Bush Tukka in his local area is extensive and this story will make you want to find out more in your local area.



Author's Bio:

Ken Jones is a proud Boandik Elder from South Australia. Ken has always shown a keen interest in the importance of sustainability and the environment and his current work as an educator reinforces and extends his passion. His knowledge of Australian flora and fauna is extensive and his achievements are many and varied, including his award for **2019 NAIDOC Male Elder of the Year**, Boandik Community.

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