Shoe ill Shoe ill Shoe sizing chart

model:

THE RUNNER

Guys: Order 1/2 size up from street shoe size for performance fit.

Ladies: Order 1 size down from street shoe size for performance fit.

example: Guy that wears size 10 street shoe would order size 10.5. Lady that wears a size 10 street shoe would order size 9.



US MEN	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13
UK	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12
EUR	35.5	36	37	37.5	38	39	39.5	40	41	41.5	42	42.5	43	44	44.5	45	46	46.5	47
СМ	220	225	230	235	240	245	250	255	260	265	270	275	280	285	290	295	300	305	310

So iLL Shoes: Regular Volume shoes are based on guys sizes.