



A REAL WORKING FARM SHOP AND RESTAURANT

FARMING THE PASSION FOR OVER 30 YEARS!

Our restaurant uses its position within a working farm to the maximum. All of our produce including meat, fruit and vegetables are used in the kitchen and the result is a traditional farmhouse menu.

It is not uncommon to see dripping vegetables just harvested come into the kitchen that day used in many dishes.

0 FOOD MILES

We make a huge amount of the products that stock our restaurant & shop on-site from our bakery, deli, butchery, jam room right through to our ice cream and desserts...

WE DO IT ALL!

Like what you eat? Most of our products you can buy in the farm shop to take home.



ORDER & PAY HERE, CONTACT FREE.

SCAN THE QR CODE WITH YOUR PHONE CAMERA

JOIN OUR MAILING LIST

SIGN UP

Keep up to date by subscribing to our mailing list for FREE. Join to be the first to know about Strawberry Fields news, events and promotions.

Scan me to sign up today!

WELCOME!

YOU'VE MADE A GREAT CHOICE!

We're looking forward to bringing you news, events and the latest promotions!

HALF PRICE

MENU

HOME PRODUCED BEEF

Bred from our Ruby Red suckler herd

HOMEMADE SAUSAGES

Using our own secret recipe

HOME-GROWN SOFT FRUIT

Our famous 'Lifton' strawberries, raspberries and many more

HOMEMADE BREAD & CAKES

Made fresh 7 days a week in our bakery

FREE RANGE EGGS

Deep orange yolks big on flavour

HOMEMADE DESSERTS

Making the most of our seasonal produce

ALL DAY BREAKFAST

GLUTEN FREE OPTIONS AVAILABLE

Farmhouse breakfasts using our own pork sausages, free range eggs, bacon from Cornish Farmhouse Bacon and homemade bread for toast. The perfect start to the day!

HEARTY FARMER'S BREAKFAST £13.95

Double middle bacon and pork sausage, baked beans, fresh cooked tomato, fried potato, mushrooms, two eggs and two slices of toast

HARVESTER'S BREAKFAST £12.10

One slice of middle bacon, one pork sausage, baked beans, fresh cooked tomato, fried potato, mushrooms, one free range egg and a slice of toast

VEGETARIAN BREAKFAST £12.10

Two homemade vegetarian sausages, baked beans, fresh cooked tomato, fried potato, mushrooms, one free range egg and a slice of toast

VEGAN BREAKFAST VG £12.10

2 homemade vegan sausages, cooked mushrooms, cooked tomatoes, fried potatoes and baked beans served with a slice of homemade toast

EXTRA MEAT OPTION £1.60

(bacon, sausage, hogs pudding, black pudding)

EXTRA NON MEAT OPTION 80P

(potato, tomato, mushroom, egg, beans or toast)

PLEASE NOTE THAT THESE OPTIONS ARE ONLY ADDITIONAL TO A MEAL AND CANNOT MAKE UP A BREAKFAST - ONLY MEAT FOR MEAT OPTIONS CAN BE SWAPPED AND NON-MEAT FOR NON-MEAT

BACON SANDWICH £7.60

SAUSAGE SANDWICH £7.60

DAILY SPECIALS MENU

View our daily specials menu comprising of our chef's specials and homemade desserts using our seasonal produce.

MAIN MEALS 12PM - 2:30PM

ROAST OF THE DAY SMALL FROM £15.95 LARGE FROM £17.55

STEAK PIE OF THE DAY SMALL FROM £15.75 LARGE FROM £17.25

CATCH OF THE DAY GFA £17.75

Served with chips, garden peas and a wedge of lemon

HOMECOOKED GAMMON HAM £14.95

Served with hand cut chips, 2 free range eggs, coleslaw & a side salad.

HOMEMADE BRISKET AND SHORT RIB BURGER £17.50

Served in a homemade brioche bun with homemade relish, cheddar, gherkin, lettuce, tomato & chips

ADD BACON £1.15

HOMEMADE VEGAN SMOKED CHEESE, RED LENTIL & CHICKPEA BURGER VG £15.50

Served in a homemade roll with side salad & chips

OUR OWN HOMEGROWN PRODUCE AND HOMEMADE PRODUCTS (0 FOOD MILES!)

JACKET POTATOES FROM 12PM

Local potatoes traditionally oven baked (please note that jackets are subject to availability after 2:30pm).

DAVIDSTOW CHEDDAR CHEESE & BAKED BEANS £11.25

TUNA MAYONNAISE £10.75

PRAWN MAYONNAISE £12.95

PLOUGHMANS FROM 12PM

Traditionally served with salad garnish, homemade coleslaw, homemade pineapple and onion chutney and homemade bread.

CHEDDAR CHEESE AND CORNISH HAM £15.65

THREE CHEESE VGA £15.65

Local cheddar, brie and blue

THE GURT BIG PLOUGHMANS £17.25

3 cheese (cheddar, brie & blue), homemade pork pie and homemade scotch egg

HOMEMADE PASTIES FROM 12PM

Our freshly baked pasties served with a salad garnish and homemade coleslaw.

STEAK PASTY £9.25

CHEESE & ONION £8.25

VEGETABLE PASTY £8.25

FRESHLY BAKED SAUSAGE ROLL £5.25

ADD CHIPS & BEANS £2.50

WRAPS FROM 12PM

Served cold with a salad garnish, homemade coleslaw & chips.

CHICKEN AND BACON CAESAR SALAD £10.95

contains mayo

HOISIN DUCK £10.95

contains hoisin sauce

PULLED PORK AND CHEDDAR CHEESE £10.95

contains BBQ sauce

SANDWICHES, TOASTIES & PANINIS

GLUTEN FREE OPTIONS AVAILABLE

FROM 12PM

All our sandwiches use bread baked in our own bakery fresh that day. We even bake our own paninis from scratch! Served with a salad garnish and homemade coleslaw.

DAVIDSTOW CHEDDAR CHEESE & TOMATO £8.25

TUNA MAYONNAISE £8.25

PRAWN MAYONNAISE £11.35

CORNISH BACON & MUSHROOM £9.40 TOASTIES £10.40 PANINIS

HOME COOKED CORNISH HAM & CHEESE £10.15 £11.15

CORNISH BRIE & CRANBERRY £9.40 £10.40

DAVIDSTOW CHEDDAR CHEESE & ONION £9.40 £10.40

CORNISH BACON & DAVIDSTOW CHEDDAR CHEESE £10.15 £11.15

CORNISH BACON, CORNISH BRIE & CRANBERRY £10.45 £11.45

SIDES

BOWL OF CHIPS VG £3.95

CHEESY CHIPS £4.70

SWEET POTATO FRIES VG £4.70

OUR STORY

The PYO strawberry fields opened in 1990 with the Mounce family's produce barrow becoming a familiar site outside the family home in village of Lifton. The doors of the Lifton Farm Shop first opened on 1st June 2002 with extensions being built in 2009 and then again in 2014, 2019 and 2022. The family farm is devoted to the shop with the core produce continuing to stock the shop and provide ingredients for the restaurant just as it did for the barrow over 30 years ago.

FOOD ALLERGENS AND INTOLERANCES - PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE ANY SPECIFIC REQUIREMENTS OR ALLERGENS. PLEASE BE ADVISED THAT FOOD PREPARED HERE MAY CONTAIN ONE OR MORE OF THE 14 ALLERGENS.

VG - VEGAN VGA - VEGAN OPTIONS AVAILABLE GFA - GLUTEN FREE OPTIONS AVAILABLE

HOMEMADE CAKES & SLICES

Please see our cake display at the coffee bar for a greater selection of our homemade cakes and slices. A service charge and VAT will be added for any cakes bought from the shop.

JUMBO TOASTED TEA CAKE	£4.20
OUR OWN FRESHLY BAKED SAFFRON BUN	£3.45
OUR OWN FRESHLY BAKED PLAIN SCONES	£2.95
<small>Served with butter</small>	
OUR OWN FRESHLY BAKED FRUIT SCONES	£3.25
<small>Served with butter</small>	
OUR OWN FRESHLY BAKED CHEESE SCONES	£3.40
<small>Served with butter</small>	
HOMEMADE LEMON DRIZZLE CAKE/CARROT CAKE/ COFFEE AND WALNUT CAKE / CHOCOLATE CAKE /VICTORIA SPONGE	£3.95

PLEASE SEE THE DAILY SPECIALS MENU FOR OUR HOMEMADE DESSERTS

EXTRA JAM - £1.10
EXTRA CLOTTED CREAM - £1.10

LIFTON CREAM TEA

TWO HOMEMADE PLAIN SCONES,

Roddas Cornish clotted cream, our own strawberry jam and a pot of tea for one

ANY ALTERNATIVES TO DRINK OPTIONS FOR A CREAM TEA WILL BE CHARGED FOR

£8.50

FRUIT SCONES ADD 65P

HOT DRINKS

TEAS

POT OF TEA	£2.95
CORNISH SPECIALITY TEAS	£3.35

LEMON AND GINGER / BERRY / CAMOMILE / PEPPERMINT / GREEN / EARL GREY / DECAF

COFFEES

FRESH FILTER COFFEE	£2.95
AMERICANO	£3.95
CAPPUCCINO	£4.05
ESPRESSO (SINGLE)	£2.85
ESPRESSO (DOUBLE)	£3.85
LATTE	£4.05
MOCHA	£4.05
MACCHIATO	£2.90
BABY CHINO	£2.35
FLAT WHITE	£3.95

A SELECTION OF COFFEE SYRUPS 80P EACH (VANILLA, CARAMEL, HAZELNUT AND GINGERBREAD)

EXTRA COFFEE SHOT - £1 CREAM WITH COFFEE - £1 SPECIALITY MILK - 50P

HOT CHOCOLATES

STANDARD HOT CHOCOLATE	£4.05
DELUXE HOT CHOCOLATE	£4.80
<small>With cream and marshmallows</small>	
CHILD'S HOT CHOCOLATE	£2.65
<small>With marshmallows</small>	

WINE MENU

WHITE WINE

CHENIN BLANC, CAPE MARLIN	£20.00
<small>SOUTH AFRICA</small>	
175ML £5.80 250ML £7.10	
PINOT GRIGIO CATARRATTO, CORTESTRADA (V)	£22.00
<small>ITALY</small>	
175ML £6.50 250ML £7.70	
CRYSTALLINE' CHARDONNAY, FALSE BAY (V)	£22.00
<small>SOUTH AFRICA</small>	
175ML £6.50 250ML £7.70	
ORGANIC SAUVIGNON BLANC, ADOBE RESERVA, EMILIANA (V)	£24.00
<small>CHILE</small>	
175ML £6.80 250ML £8.20	
RIOJA BLANCO, MARQUES DE REINOSA (V)	£24.00
<small>SPAIN</small>	
CALANCOMBE ESTATE, VINTAGE RESERVE	£28.50
<small>DEVON</small>	
PINOT GRIS 'LA BOHEME' ACT THREE, DE BORTOLI (V)	£32.50
<small>AUSTRALIA</small>	

RED WINE & PORT

SHIRAZ, CAPE MARLIN	£20.00
<small>SOUTH AFRICA</small>	
175ML £5.70 250ML £7.10	
MALBEC, SOLDIER'S BLOCK (V)	£22.00
<small>AUSTRALIA</small>	
175ML £6.50 250ML £7.70	
ORGANIC MERLOT, ADOBE RESERVA, EMILIANA (V)	£24.00
<small>CHILE</small>	
175ML £6.80 250ML £8.20	
ORGANIC RIOJA TINTO, GATITO LOCO (V)	£29.00
<small>SPAIN</small>	
CABERNET SAUVIGNON, 'THE PUGLIST', WILD & WILDER (V)	£30.00
<small>AUSTRALIA</small>	
PRIMITIVO, PRODUTTORI DI MANDURIA 'ELECTRIC BEE' (V)	£32.00
<small>ITALY</small>	
CHATEAU NEGRIT, MONTAGNE-SAINT-EMILION (V)	£34.00
<small>FRANCE</small>	
FINE WHITE PORT, DELAFORCE (V)	£4.00
LATE BOTTLED VINTAGE PORT, KROON (V)	£4.70
PINK PORT, CROFT	£5.00

ROSE WINE

ZINFANDEL BLUSH, PINK ORCHID	£20.00
<small>USA CALIFORNIA</small>	
175ML £5.70 250ML £7.10	
PINOT GRIGIO ROSE, LA VOLUTA (V)	£22.00
<small>SPAIN RIOJA</small>	
175ML £6.50 250ML £7.70	

SPARKLING & CHAMPAGNE

PROSECCO SPUMANTE, ONE4ONE (20CL) (V)	£8.50
<small>ITALY VENETO</small>	
PROSECCO SPUMANTE ROSE, ONE4ONE (20CL) (V)	£8.50
<small>ITALY VENETO</small>	
PROSECCO SPUMANTE, BOTTER (V)	£24.00
<small>ITALY VENETO</small>	
CHAMPAGNE BRUT NV, JULES FERAUD (V)	£50.00
<small>FRENCH CHAMPAGNE</small>	

ALCOHOL FREE

BELLE & CO. ALCOHOL FREE SPARKLING BRUT (V)	£14.50
<small>USA CALIFORNIA</small>	
GEWURZTRAMINER RIESLING 0.0% WILLOWGLEN	£14.50
<small>AUSTRALIA</small>	

COLD DRINKS

COKE, DIET COKE, COKE ZERO LEMONADE OR ORANGE JUICE AND LEMONADE	1/2 PINT £2.95
PINT COKE, DIET COKE OR LEMONADE LEMONADE OR ORANGE JUICE AND LEMONADE	£4.35
FROBISHERS APPLE JUICE	£3.95
LUSCOMBE HOT OR COOL GINGER BEER	£3.95
FROBISHERS JUICE DRINKS	£3.85
<small>SPARKLING RHUBARB & RASPBERRY / ELDERFLOWER / APPLE & ELDERFLOWER STILL APPLE & MANGO / APPLE & RASPBERRY / ORANGE & PASSIONFRUIT</small>	
STILL OR SPARKLING CORNISH NATURAL SPRING WATER	SMALL £1.95 LARGE £3.60
GLASS OF FRESH CORNISH MILK	£2.50
SHMOO MILKSHAKES	£4.35
<small>BANANA, STRAWBERRY, VANILLA OR CHOCOLATE (MADE WITH OUR HOMEMADE ICE CREAM)</small>	
CHILD'S MILKSHAKE	£2.40
FRESHLY SQUEEZED ORANGE JUICE	1/2 PINT £3.95 PINT £6.95
CAWSTON CARTONS	£1.95
<small>APPLE & SUMMER BERRIES / APPLE AND MANGO / APPLE AND PEAR</small>	

ALCOHOLIC DRINKS

CIDERS

SOMERSBY DRAUGHT CIDER	1/2 PINT £2.75	PINT £5.25
CORNISH ORCHARDS CHERRY & BLACKBERRY CIDER	BOTTLED	£5.20
CORNISH ORCHARDS PEAR CIDER	BOTTLED	£5.20
CORNISH RATTLER CIDER	BOTTLED	£5.25
<small>ORIGINAL, PEAR, BERRY, PEACH OR PINEAPPLE</small>		
0% CORNISH RATTLER ALCOHOL FREE	BOTTLED	£4.25

BEER

PROPER JOB IPA	1/2 PINT £2.95	PINT £5.45
SHANDY (LAGER, BITTER, CIDER)	£2.55	£4.75
CARLSBERG LAGER	£2.90	£5.30
SAN MIGUEL LAGER	£3.40	£5.90
GUINNESS	£3.20	£5.85
PERONI 330ML (5.1%)	BOTTLED	£4.95
SAN MIGUEL LAGER ALCOHOL FREE 0.0%	BOTTLED	£4.25
ST AUSTELL TRIBUTE 500ML	BOTTLED	£5.20
SHARP'S DOOMBAR 500ML	BOTTLED	£5.20

FOOD ALLERGENS AND INTOLERANCES - PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE ANY SPECIFIC REQUIREMENTS OR ALLERGENS. PLEASE BE ADVISED THAT FOOD PREPARED HERE MAY CONTAIN ONE OR MORE OF THE 14 ALLERGENS.