

A REAL WORKING FARM **SHOP AND RESTAURANT**

FARMING THE PASSION FOR OVER 30 YEARS!

Our restaurant uses its position within a working farm to the maximum. All of our produce including meat, eggs, fruit and vegetables are used in the kitchen and the result is a traditional farmhouse menu. It is not uncommon to see dripping vegetables just harvested come into the kitchen and fresh eggs laid that day used in many dishes.

O FOOD MILES

We make a huge amount of the products that stock our restaurant & shop on-site from our bakery, deli, butchery, jam room right through to our ice cream and desserts...

WE DO IT ALL!

Like what you eat? Most of our products you can buy in the farm shop to take home.



ORDER & PAY HERE, **CONTACT FREE.**

SCAN THE OR CODE WITH YOUR PHONE CAMERA



HOME PRODUCED BEEF

Bred from our Ruby Red suckler herd

HOMEMADE SAUSAGES

Using our own secret recipe

HOME-GROWN SOFT FRUIT

Our famous 'Lifton' strawberries, raspberries and many more

HOMEMADE BREAD & CAKES

Made fresh 7 days a week in our bakery

FREE RANGE EGGS

HOMEMADE DESSERTS Making the most of

our seasonal produce

Free range and collected fresh every morning!

BREAKFAST

FROM 12PM

Farmhouse breakfasts using our own pork sausages, our own free range eggs, bacon from Cornish Farmhouse Bacon and homemade bread for toast. The perfect start to the day!

HEARTY FARMER'S BREAKFAST £13.25

Double middle bacon and pork sausage, baked beans, fresh cooked tomato, fried potato, mushrooms, two eggs and two slices of toast

HARVESTER'S BREAKFAST £11.50

One slice of middle bacon, one pork sausage, baked beans, fresh cooked tomato, fried potato, mushrooms, one free range egg and a slice of toast

VEGETARIAN BREAKFAST £11.50

Two homemade vegetarian sausages, baked beans, fresh cooked tomato, fried potato, mushrooms, one free range egg and a slice of toast.

EXTRA MEAT OPTION £1.50

EXTRA NON MEAT OPTION 75P

(bacon, sausage, hogs pudding, or black pudding)

(potato, tomato, mushroom,

PLEASE NOTE THAT THESE OPTIONS ARE ONLY ADDITIONAL TO A MEAL AND CANNOT MAKE UP A BREAKFAST - ONLY MEAT FOR MEAT OPTIONS CAN BE SWAPPED AND NON-MEAT FOR NON-MEAT

BACON SANDWICH £7.25 SAUSAGE SANDWICH £7.25

DAILY SPECIALS MENU

View our daily specials menu comprising of our chef's specials and homemade desserts using our seasonal produce.

MAIN MEALS

12PM - 2:30PM

ROAST OF THE DAY SMALL FROM £15.25 LARGE FROM £16.75

STEAK PIE OF THE DAY SMALL FROM £14.95 LARGE FROM £16.45

CATCH OF THE DAY

Served with hand cut chips, garden peas and a wedges of lemon

HOMECOOKED GAMMON HAM

£14.25

£16.95

Served with hand cut chips and 2 of our own free range eggs

HOMEMADE BRISKET AND SHORT RIB BURGER £16.95

Served in a homemade brioche bun with homemade relish, cheddar, gherkin, lettuce, tomato & chips

ADD BACON £1.15

HOMEMADE SWEET POTATO & CHILLI BURGER 22.25 Served in a homemade roll with side salad



OUR OWN HOMEGROWN PRODUCE AND HOMEMADE PRODUCTS (0 FOOD MILES!)

JACKET POTATOES

FROM 12PM

Local potatoes traditionally oven baked (please note that jackets are subject to availability after 2:30pm).

DAVIDSTOW CHEDDAR CHEESE & BAKED BEANS £10.95

TUNA MAYONAISE £10.25

PRAWN MAYONNAISE £12.50

PLOUGHMANS

FROM 12PM

Traditionally served with salad garnish, homemade coleslaw, homemade pineapple and onion chutney and homemade bread.

£14.95 CHEDDAR CHEESE AND CORNISH HAM £14.95 THREE CHEESE Local cheddar, brie and blue

THE GURT BIG PLOUGHMANS 3 cheese, homemade pork pie and homemade scotch egg

HOMEMADE PASTIES

Our freshly baked pasties served with a salad garnish and homemade coleslaw (see them being made in our farm shop).

STEAK PASTY £8.75

£7.85 **CHEESE & ONION VEGETABLE PASTY**

FRESHLY BAKED SAUSAGE ROLL

FROM 12PM

£7.85

£16 50

£4.95

WRAPS

FROM 12PM

Served with a salad garnish and homemade coleslaw.

CHICKEN AND BACON CAESAR SALAD £9.75 HOISIN DUCK £9.75 PULLED PORK AND CHEDDAR CHEESE £9.75

SANDWICHES, TOASTIES & PANINIS

our own bakery fresh from that day. We even bake our own paninis from scratch! Served with a salad garnish and homemade coleslaw.

FROM 12PM

SANDWICHES **DAVIDSTOW CHEDDAR CHEESE & TOMATO** £7.85 **TUNA MAYONAISE** £7.85 PRAWN MAYONNAISE £10.85

	TOASTIES	PANINIS
CORNISH BACON & MUSHROOM	£8.95	£9.95
HOME COOKED CORNISH HAM & CHEESE	£9.65	£10.65
CORNISH BRIE & CRANBERRY	£8.95	£9.95
DAVIDSTOW CHEDDAR CHEESE & ONION	£8.95	£9.95
CORNISH BACON & DAVIDSTOW Cheddar Cheese	£9.65	£10.65
CORNISH BACON, CORNISH BRIE & Cranberry	£9.95	£10.95

SIDES

A BOWL OF HAND CUT CHIPS £3.95 **CHEESY CHIPS** £4.70 **SWEET POTATO FRIES** £4.70

OUR STORY

The PYO strawberry fields opened in 1990 with the Mounce family's produce barrow becoming a familiar site outside the family home in village of Lifton. The doors of the Lifton Farm Shop first opened on 1st June 2002 with extensions being built in 2009 and then again in 2014, 2019 and 2022. The family farm is devoted to the shop with the core produce continuing to stock the shop and provide ingredients for the restaurant just as it did for the barrow over 30 years ago.

FOOD ALLERGENS AND INTOLERANCES - PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE ANY SPECIFIC REQUIREMENTS OR ALLERGENS. PLEASE BE ADVISED THAT FOOD PREPARED HERE MAY CONTAIN ONE OR MORE OF THE 14 ALLERGENS.

HOMEMADE CAKES & SLICES

Please see our cake display at the coffee bar for a greater selection of our homemade cakes and slices. A service charge and VAT will be added for any cakes bought from the shop.

JUMBO TOASTED TEA CAKE	£4.20
OUR OWN FRESHLY BAKED SAFFRON BUN	£3.45
OUR OWN FRESHLY BAKED PLAIN SCONE Served with butter OUR OWN FRESHLY BAKED FRUIT SCONE Served with butter PLEASE SEE THE MENU FOR OUR HOMEMADE DESSERTS	£2.95 £3.25
OUR OWN FRESHLY BAKED CHEESE SCONE Served with butter	£3.40
HOMEMADE LEMON DRIZZLE CAKE/CARROT CAKE/	£3.95
COFFEE AND WALNUT CAKE / CHOCOLATE CAKE EXTRA JAM EXTRA CLOTTED C	- £1.10 Ream - £1.10

LIFTON CREAM TEA

TWO HOMEMADE PLAIN SCONES,

Roddas Cornish clotted cream, our own strawberry jam and a pot of

ANY ALTERNATIVES TO DRINK OPTIONS FOR A CREAM TEA WILL BE CHARGED FOR

£8.25

FRUIT SCONES ADD 65P

HOT DRINKS

TEAS

POT OF TEA	£2.85
TEA PIG SPECIALITY TEAS	£3.25
LEMON AND GINGER / SUPERFRUIT / PEPPERMINT / EARLY GREY / DECAF	

OOFFFF

COFFEES		
FRESH FILTER COFFEE		£2.95
AMERICANO		£3.85
CAPPUCCINO	A SELECTION OF COFFEE SYRUPS 80P	£4.05
ESPRESSO (SINGLE)	GARAME, VANILLA	£2.85
ESPRESSO (DOUBLE)	CARAMEL, HAZELNUT AND GINGERBREAD)	£3.85
LATTE	"LAU]	£4.05
MOCHA		£4.05
MACCHIATO		£2.90
BABY CHINO		£2.35
FLAT WHITE		£3.95

EXTRA COFFEE SHOT - £1 CREAM WITH COFFEE - £1 SPECIALITY MILK - 50P

HOT CHOCOLATES

STANDARD HOT CHOCLATE	£3.95
DELUXE HOT CHOCLATE With cream and marshmallows	£4.60
CHILD'S HOT CHOCOLATE With marshmallows	£2.50

WINE MENU

WHITE WINE

CHENIN BLANC, CAPE MARLIN		05.05		£18.00
SOUTH AFRICA ROBERTSON	175ML	£5.25	250ML	£6.85
PINOT GRIGIO CATARRATTO, CORTESTRADA (V)				£19.00
ITALY SICILY	175ML	£5.85	250ML	£7.25
'CRYSTALLINE' CHARDONNAY, FALSE BAY (V)				£20.00
SOUTH AFRICA WESTERN CAPE	175ML	£5.85	250ML	£7.25
ORGANIC SAUVIGNON BLANC, ADOBE RESERVA,	EMIL	.IANA (\	1)	£22.00
CHILE CASABLANCA VALLEY				
RIOJA BLANCO, MARQUES DE REINOSA (V)				£23.00
SPAIN RIOJA				
PICPOUL DE PINET, 'DUC DE MORNY', L'ORMAR	NE (V)		£26.00
ITALY SICILY				
PICPOUL GRIS 'LA BOHEME' ACT THREE, DE BOP	TOL	(V)		£30.00
AUSTRALIA YARRA VALLEY				

RED WINE

SHIRAZ, CAPE MARLIN SOUTH AFRICA ROBERTSON	175ML £5.25	£18.00 £6.85
MALBEC, SOLDIER'S BLOCK (V) AUSTRALIA VIGTORIA	175ML £6.10	£20.00 £7.20
ORGANIC MELOT, ADOBE RESERVA, EMILIANA (V	/) 175ML £6.20	£22.00 £7.75
CABERNET SAUVIGNON, 'THE PUGLIST', WILD & AUSTRALIA LANGHORNE CREEK	WILDER (V)	£26.00
PRIMITIVO, PRODUTTORI DI MANDURIA 'ELECTFITALY PUGLIA	RIC BEE' (V)	£28.00
GARNACHA 'GANADERO TINTO' BODEGAS CANOI SPAIN MENTRIDA	Ργ	£26.00
CHATEAU NEGRIT, MONTAGNE-SAINT-EMILION FRANCE BORDEAUX	(V)	£30.00

ROSE WINE

ODADI/LING A GUALADAGNE		
RIOJA ROSE, MARQUES DE REINOSA Spain rioja	175ML £6.50	£23.00 250ML £7.95
ZINFANDEL BLUSH, PINK ORCHID USA CALIFORNIA	175ML £5.25	£18.00 250ML £6.85

SPARKLING & CHAMPAGNE

PROSECCO SPUMANTE, ONE4ONE (20CL) (V)	£6.95
ITALY VENETO PROSECCO SPUMANTE, BOTTLE (V)	£22.00
ITALY VENETO CHAMPANGE BRUT NV. JULES FERAUD (V)	£44.00
FRENCH CHAMPAGNE	

ALCOHOL FREE DELLE 9 CO. ALCHOL EDEC CDADI/LING DOLLT (VA

BELLE & CO. ALCHOL FREE SPARKLING BROT (V)	£14.00
USA CALIFORNIA	
GEWURZTRAMINER RIESLING 0.0% WILLOWGLEN	£14.00
AUSTRALIA	
SHIRAZ 0.0%, WILLOWGLEN	£14.00
AUSTRALIA	

COLD DRINKS

COKE, DIET COKE, COKE ZERO LEMONADE OR ORANGE TANGO PINT COKE, DIET COKE OR LEMONADE FROBISHERS APPLE JUICE LUSCOMBE HOT OR COOL GINGER BEER FROBISHERS JUICE DRINKS RHUBARB & RASPBERRY / ELDERFLOWER / APPLE & MANGO / ORANGE & PASSIONFRUIT STILL OR SPARKLING CORNISH NATURAL SPRING WATER GLASS OF FRESH CORNISH MILK \$2.35 SCHMOO MILKSHAKES BANANA, STRAWBERRY, VANILLA OR CHOCOLATE (MADE WITH OUR HOMEMADE ICE CREAM) CHILD'S MILKSHAKE FRESHLY SQUEEZED ORANGE JUICE 1/2 PINT £3.95 PINT £6.95 CAWSTON CARTONS \$1.90			
PINT COKE, DIET COKE OR LEMONADE FROBISHERS APPLE JUICE LUSCOMBE HOT OR COOL GINGER BEER FROBISHERS JUICE DRINKS RHUBARB & RASPBERRY / ELDERFLOWER / APPLE & MANGO / ORANGE & PASSIONFRUIT STILL OR SPARKLING CORNISH NATURAL SPRING WATER GLASS OF FRESH CORNISH MILK \$2.35 SCHMOO MILKSHAKES BANANA, STRAWBERRY, VANILLA OR CHOCOLATE (MADE WITH OUR HOMEMADE ICE CREAM) CHILD'S MILKSHAKE FRESHLY SQUEEZED ORANGE JUICE 1/2 PINT £3.95 PINT £6.95 CAWSTON CARTONS	COKE, DIET COKE, COKE ZERO		
FROBISHERS APPLE JUICE LUSCOMBE HOT OR COOL GINGER BEER \$3.85 FROBISHERS JUICE DRINKS RHUBARB & RASPBERRY / ELDERFLOWER / APPLE & MANGO / ORANGE & PASSIONFRUIT STILL OR SPARKLING CORNISH NATURAL SPRING WATER GLASS OF FRESH CORNISH MILK \$2.35 SCHMOO MILKSHAKES BANANA, STRAWBERRY, VANILLA OR CHOCOLATE (MADE WITH OUR HOMEMADE ICE CREAM) CHILD'S MILKSHAKE FRESHLY SQUEEZED ORANGE JUICE 1/2 PINT £3.95 PINT £6.95 CAWSTON CARTONS	LEMONADE OR ORANGE TANGO	1/2 PINT	£2.75
LUSCOMBE HOT OR COOL GINGER BEER FROBISHERS JUICE DRINKS RHUBARB & RASPBERRY / ELDERFLOWER / APPLE & MANGO / ORANGE & PASSIONFRUIT STILL OR SPARKLING CORNISH NATURAL SPRING WATER GLASS OF FRESH CORNISH MILK \$2.35 SCHMOO MILKSHAKES BANANA, STRAWBERRY, VANILLA OR CHOCOLATE (MADE WITH OUR HOMEMADE ICE CREAM) CHILD'S MILKSHAKE FRESHLY SQUEEZED ORANGE JUICE 1/2 PINT £3.95 PINT £6.95 CAWSTON CARTONS	PINT COKE, DIET COKE OR LEMONADE		£3.95
FROBISHERS JUICE DRINKS RHUBARB & RASPBERRY / ELDERFLOWER / APPLE & MANGO / ORANGE & PASSIONFRUIT STILL OR SPARKLING CORNISH NATURAL SPRING WATER GLASS OF FRESH CORNISH MILK \$2.35 SCHMOO MILKSHAKES BANANA, STRAWBERRY, VANILLA OR CHOCOLATE (MADE WITH OUR HOMEMADE ICE CREAM) CHILD'S MILKSHAKE FRESHLY SQUEEZED ORANGE JUICE 1/2 PINT £3.95 PINT £6.95 CAWSTON CARTONS	FROBISHERS APPLE JUICE		£3.85
RHUBARB & RASPBERRY / ELDERFLOWER / APPLE & MANGO / ORANGE & PASSIONFRUIT STILL OR SPARKLING CORNISH NATURAL SPRING WATER GLASS OF FRESH CORNISH MILK \$2.35 SCHMOO MILKSHAKES BANANA, STRAWBERRY, VANILLA OR CHOCOLATE (MADE WITH OUR HOMEMADE ICE CREAM) CHILD'S MILKSHAKE \$2.30 FRESHLY SQUEEZED ORANGE JUICE 1/2 PINT £3.95 PINT £6.95 CAWSTON CARTONS	LUSCOMBE HOT OR COOL GINGER BEER		£3.85
NATURAL SPRING WATER GLASS OF FRESH CORNISH MILK \$2.35 SCHMOO MILKSHAKES BANANA, STRAWBERRY, VANILLA OR CHOCOLATE (MADE WITH OUR HOMEMADE ICE CREAM) CHILD'S MILKSHAKE \$2.30 FRESHLY SQUEEZED ORANGE JUICE 1/2 PINT £3.95 PINT £6.95 CAWSTON CARTONS £1.90			£3.65
SCHMOO MILKSHAKES BANANA, STRAWBERRY, VANILLA OR CHOCOLATE (MADE WITH OUR HOMEMADE ICE CREAM) CHILD'S MILKSHAKE £2.30 FRESHLY SQUEEZED ORANGE JUICE 1/2 PINT £3.95 PINT £6.95 CAWSTON CARTONS £1.90			
BANANA, STRAWBERRY, VANILLA OR CHOCOLATE (MADE WITH OUR HOMEMADE ICE CREAM) CHILD'S MILKSHAKE £2.30 FRESHLY SQUEEZED ORANGE JUICE 1/2 PINT £3.95 PINT £6.95 CAWSTON CARTONS £1.90	GLASS OF FRESH CORNISH MILK		£2.35
FRESHLY SQUEEZED ORANGE JUICE 1/2 PINT £3.95 PINT £6.95 CAWSTON CARTONS £1.90			£4.30
CAWSTON CARTONS £1.90	CHILD'S MILKSHAKE		£2.30
	FRESHLY SQUEEZED ORANGE JUICE		
			£1.90

ALCOHOLIC DRINKS

CIDERS		
SOMERSBY DRAUGHT CIDER	1/2 PINT £2.60	
CORNISH ORCHARDS BERRY CHERRY CIDER	BOTTLED	£4.95
CORNISH ORCHARDS PEAR CIDER	BOTTLED	£4.95
CORNISH RATTLER CIDER APPLE, PEAR, BERRY, PEACH OR PINEAPPLE	BOTTLED	£5.00
BEER	1/2 PINT	PINT
PROPER JOB IPA	£2.60	£4.80
SHANDY (LAGER OR BITTER)	£2.45	£4.55
CARLSBERG LAGER	£2.75	£5.05
SAN MIGUEL LAGER	£3.25	£5.60
GUINNESS	£3.05	£5.55
PERONI 330ML (5.1%)	BOTTLED	£4.75
SAN MIGUEL LAGER (NON-ALCHOLIC)	BOTTLED	£3.90
ST AUSTELL TRIBUTE 500ML	BOTTLED	£4.95
SHARP'S DOOMBAR 500ML	BOTTLED	£4.95

FOOD ALLERGENS AND INTOLERANCES - PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE ANY SPECIFIC REQUIREMENTS OR ALLERGENS. PLEASE BE ADVISED THAT FOOD PREPARED HERE MAY CONTAIN ONE OR MORE OF THE 14 ALLERGENS.