



A REAL WORKING FARM SHOP AND RESTAURANT

FARMING THE PASSION FOR OVER 30 YEARS!

Our restaurant uses its position within a working farm to the maximum. All of our produce including meat, fruit and vegetables are used in the kitchen and the result is a traditional farmhouse menu.

It is not uncommon to see dripping vegetables just harvested come into the kitchen that day used in many dishes.

0 FOOD MILES

We make a huge amount of the products that stock our restaurant & shop on-site from our bakery, deli, butchery, jam room right through to our ice cream and desserts...

WE DO IT ALL!

Like what you eat? Most of our products you can buy in the farm shop to take home.

ORDER & PAY HERE,
CONTACT FREE.



SCAN THE QR CODE WITH YOUR PHONE CAMERA



JOIN OUR MAILING LIST

SIGN UP

Keep up to date by subscribing to our mailing list for FREE. Join to be the first to know about Strawberry Fields news, events and promotions.

Scan me to sign up today!

WELCOME!

YOU'VE MADE A GREAT CHOICE!

We're looking forward to bringing you news, events and the latest promotions!

HALF PRICE

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KEEP UP TO DATE WITH OFFERS, NEWS AND EVENTS AT STRAWBERRY FIELDS LIFTON

BREAKFAST MENU

8AM - 11:30AM

Farmhouse breakfasts using our own pork sausages, free range eggs, bacon from Cornish Farmhouse Bacon and homemade bread for toast.
The perfect start to the day!

GLUTEN FREE OPTIONS AVAILABLE

HEARTY FARMER'S BREAKFAST

£13.95

Double middle bacon and pork sausage, baked beans, fresh cooked tomato, fried potato, mushrooms, two eggs and two slices of toast

EXTRA MEAT OPTION £1.60

(bacon, sausage, hogs pudding, or black pudding)

HARVESTER'S BREAKFAST

£12.10

One slice of middle bacon, one pork sausage, baked beans, fresh cooked tomato, fried potato, mushrooms, one free range egg and a slice of toast

EXTRA NON MEAT OPTION 80P

(potato, tomato, mushroom, egg, beans or toast)

FARMHAND'S BREAKFAST

£9.40

One slice of middle bacon, one pork sausage, baked beans or fresh cooked tomato, one free range egg and a slice of toast

PLEASE NOTE THAT THESE OPTIONS ARE ONLY ADDITIONAL TO A MEAL AND CANNOT MAKE UP A BREAKFAST. (ONLY MEAT FOR MEAT OPTIONS CAN BE SWAPPED AND NON-MEAT FOR NON-MEAT)

VEGETARIAN BREAKFAST

£12.10

Two homemade vegetarian sausages, baked beans, fresh cooked tomato, fried potato, mushrooms, one free range egg and a slice of toast

VEGAN BREAKFAST VG

£12.10

2 homemade vegan sausages, cooked mushrooms, cooked tomatoes, fried potatoes and baked beans served with a slice of homemade toast

CHILD'S EARLY BIRD START

£7.55

A homemade pork sausage, a free range fried egg and baked beans, served on a slice of toast

SCRAMBLED EGG ON TOAST

£8.95

(2 slices of toast)

BAKED BEANS ON TOAST

£7.60

(2 slices of toast)

POACHED EGGS ON TOAST

£8.95

(2 slices of toast)

BACON ROLL

£6.60

SCRAMBLED EGGS WITH SALMON ON TOAST

£12.10

(2 slices of toast, scrambled eggs & salmon)

BACON & EGG ROLL

£7.25

BACON SANDWICH

£7.60

POACHED EGGS WITH SALMON ON TOAST

£12.10

(2 slices of toast, poached eggs & salmon)

SAUSAGE IN A ROLL

£6.60

SAUSAGE SANDWICH

£7.60

OMELETTE served with baked beans

1 FILLING £10.45

CHOOSE FROM HAM, MUSHROOMS, PEPPERS, ONION AND CHEESE

2 FILLINGS £11.45

TOAST WITH BUTTER & HOMEMADE JAM OR MARMALADE

ONE SLICE £2.20

TWO SLICES £2.95

FRESH FRUIT, NATURAL YOGHURT & MUESLI

£8.25

HOMEMADE PORRIDGE (ADD JAM £1.10, ADD HONEY £1.10)

£5.95

HOMEMADE CAKES & SLICES

Please see our cake display at the coffee bar for a greater selection of our homemade cakes and slices. A service charge and VAT will be added for any cakes bought from the shop.

JUMBO TOASTED TEA CAKE

£4.20

OUR OWN FRESHLY BAKED SAFFRON BUN

£3.45

OUR OWN FRESHLY BAKED PLAIN SCONE

£2.95

OUR OWN FRESHLY BAKED FRUIT SCONE

£3.40

OUR OWN FRESHLY BAKED CHEESE SCONE

£3.40

HOMEMADE LEMON DRIZZLE CAKE/CARROT CAKE/

£3.95

COFFEE AND WALNUT CAKE / CHOCOLATE CAKE/VICTORIA SPONGE

PLEASE SEE THE DAILY SPECIALS MENU FOR OUR HOMEMADE DESSERTS

EXTRA JAM - £1.10
EXTRA CLOTTED CREAM - £1.10

FOOD ALLERGENS AND INTOLERANCES - PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE ANY SPECIFIC REQUIREMENTS OR ALLERGENS. PLEASE BE ADVISED THAT FOOD PREPARED HERE MAY CONTAIN ONE OR MORE OF THE 14 ALLERGENS.

HOT DRINKS

TEAS

| | |
|--|-------|
| POT OF TEA | £2.95 |
| CORNISH SPECIALITY TEAS | £3.35 |
| LEMON AND GINGER / BERRY / CAMOMILE / PEPPERMINT / GREEN / EARL GREY / DECAF | |

COFFEES

| | |
|---------------------|-------|
| FRESH FILTER COFFEE | £2.95 |
| AMERICANO | £3.95 |
| CAPPUCCINO | £4.05 |
| ESPRESSO (SINGLE) | £2.85 |
| ESPRESSO (DOUBLE) | £3.85 |
| LATTE | £4.05 |
| MOCHA | £4.05 |
| MACCHIATO | £2.90 |
| BABY CHINO | £2.35 |
| FLAT WHITE | £3.95 |



EXTRA COFFEE SHOT - £1. CREAM WITH COFFEE £1

SPECIALITY MILK - 50P

HOT CHOCOLATES

| | |
|---|-------|
| STANDARD HOT CHOCOLATE | £4.05 |
| DELUXE HOT CHOCOLATE With cream and marshmallows | £4.80 |
| CHILD'S HOT CHOCOLATE With marshmallows | £2.65 |

CUSTOMER LOYALTY CARD MEMBERSHIP

Sign up in-store

PRIORITY OFFERS

EXCLUSIVE
PROMOTIONS

PERSONALISED
DISCOUNTS

Visit any till point
to instantly get
your activated
loyalty card



Start
earning
points
TODAY!

COLD DRINKS

| | | |
|--|----------|-------|
| COKE, DIET COKE, COKE ZERO, LEMONADE OR ORANGE JUICE AND LEMONADE | 1/2 PINT | £2.95 |
| PINT COKE, DIET COKE OR LEMONADE LEMONADE OR ORANGE JUICE AND LEMONADE | | £4.35 |
| FROBISHERS APPLE JUICE | | £3.95 |
| LUSCOMBE HOT OR COOL GINGER BEER | | £3.95 |
| FROBISHERS JUICE DRINKS | | £3.85 |
| <small>SPARKLING RHUBARB & RASPBERRY / ELDERFLOWER / APPLE & ELDERFLOWER STILL APPLE & MANGO / APPLE & RASPBERRY / ORANGE & PASSIONFRUIT</small> | | |
| STILL OR SPARKLING CORNISH NATURAL SPRING WATER | SMALL | £1.95 |
| | LARGE | £3.60 |
| GLASS OF FRESH CORNISH MILK | | £2.50 |
| SHMOO MILKSHAKES | | £4.35 |
| <small>BANANA, STRAWBERRY, VANILLA OR CHOCOLATE (MADE WITH OUR HOMEMADE ICE CREAM)</small> | | |
| CHILD'S MILKSHAKE | | £2.40 |
| FRESHLY SQUEEZED ORANGE JUICE | 1/2 PINT | £3.95 |
| | PINT | £6.95 |
| CAWSTON CARTONS | | £1.95 |
| <small>APPLE & SUMMER BERRIES/ APPLE AND MANGO / APPLE AND PEAR</small> | | |

ALCOHOLIC DRINKS

PLEASE ASK TO SEE
OUR WINE MENU

CIDERS

| | 1/2 PINT | PINT |
|--|----------|-------|
| SOMERSBY DRAUGHT CIDER | £2.75 | £5.25 |
| CORNISH ORCHARDS | BOTTLED | £5.20 |
| <small>CHERRY & BLACKBERRY PEAR</small> | | |
| CORNISH RATTLER CIDER | BOTTLED | £5.25 |
| <small>ORIGINAL, PEAR, BERRY, PEACH OR PINEAPPLE</small> | | |
| 0% CORNISH RATTLER ALCOHOL FREE | BOTTLED | £4.25 |

BEER

| | 1/2 PINT | PINT |
|----------------------------------|----------|-------|
| PROPER JOB IPA | £2.95 | £5.45 |
| SHANDY (LAGER, BITTER, CIDER) | £2.55 | £4.75 |
| CARLSBERG LAGER | £2.90 | £5.30 |
| SAN MIGUEL LAGER | £3.40 | £5.90 |
| GUINNESS | £3.20 | £5.85 |
| PERONI 330ML (5.1%) | BOTTLED | £4.95 |
| SAN MIGUEL LAGER ALCOHOL FREE 0% | BOTTLED | £4.25 |
| ST AUSTELL TRIBUTE 500ML | BOTTLED | £5.20 |
| SHARP'S DOOMBAR 500ML | BOTTLED | £5.20 |

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