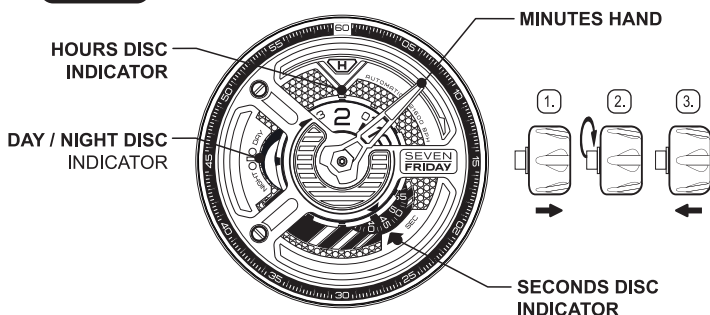


SEVEN FRIDAY

W-SERIES

INSTRUCTIONS | W-SERIES

DISPLAY



AUTOMATIC MOVEMENT - MIYOTA 82S7 - MADE IN JAPAN

WINDING THE MAINSPRING

Automatic winding watches can also be hand-wound by turning the crown several times clockwise in the normal position.



WATCH WINDER

Counter Clockwise
650 to 950 turns per day.

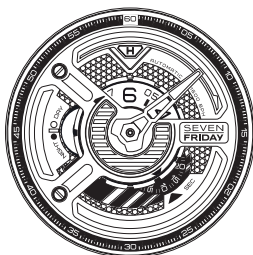
SETTING THE TIME

1. Pull the crown out to the 1st Click position.
2. Turn the crown to set the hour disc, minutes hand and Day & Night disc.
3. After the time has been set, push the crown back to the normal position.

TIME READING

DISPLAY (12h)

EXAMPLE 1



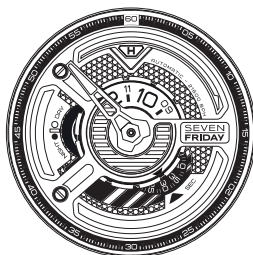
6:08:11

HOURS: 6AM

MINUTES: 08MIN

SECONDS: 11S

EXAMPLE 2



10:53:31

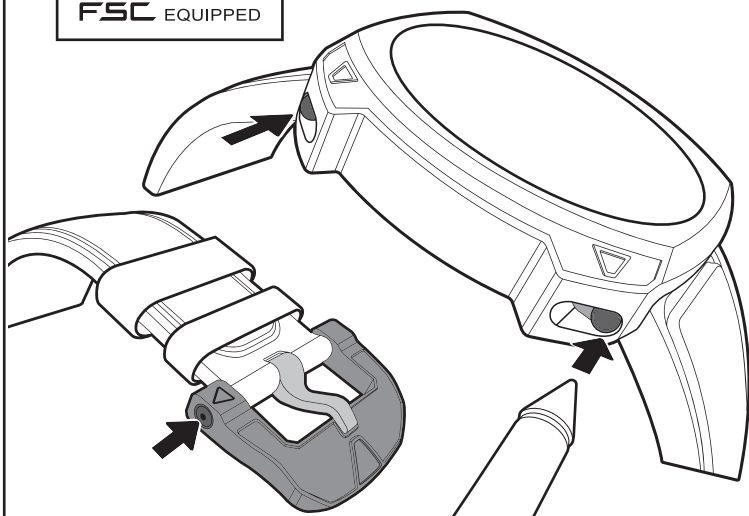
HOURS: 10PM

MINUTES: 53MIN

SECONDS: 31S

FAST STRAP CHANGER

FSC EQUIPPED

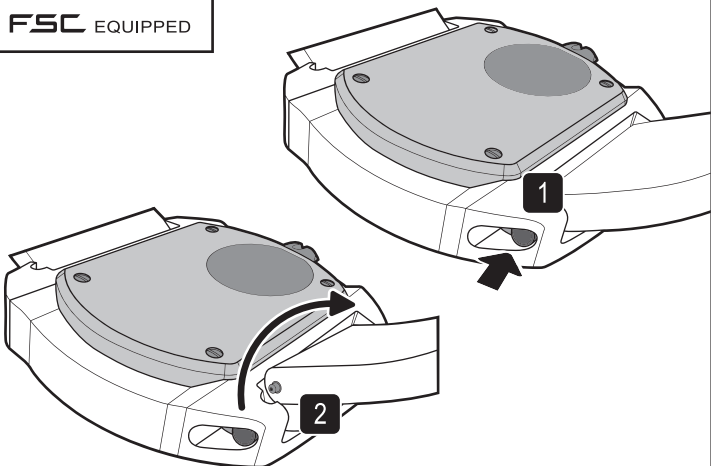


ATTENTION

TO AVOID DAMAGING THE SYSTEM, DO NOT USE SHARP OR POINTY OBJECTS, USE A WATCH PUSHER TOOL FOR CORRECTOR OR ANY SOFT POINTED OBJECTS.

REMOVING STRAP

FSC EQUIPPED



- 1 Press to release.
- 2 Release the strap from the side slot.

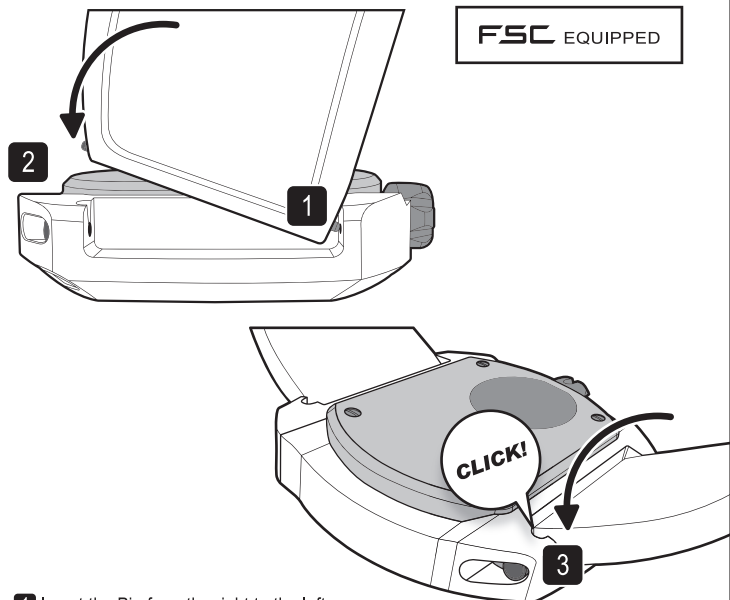


ATTENTION

MAKE SURE YOU ARE PROPERLY AND SAFELY INSTALLED TO PROCEED STRAP CHANGE (ON TOP OF A RIGID SURFACE).

ASSEMBLING STRAP

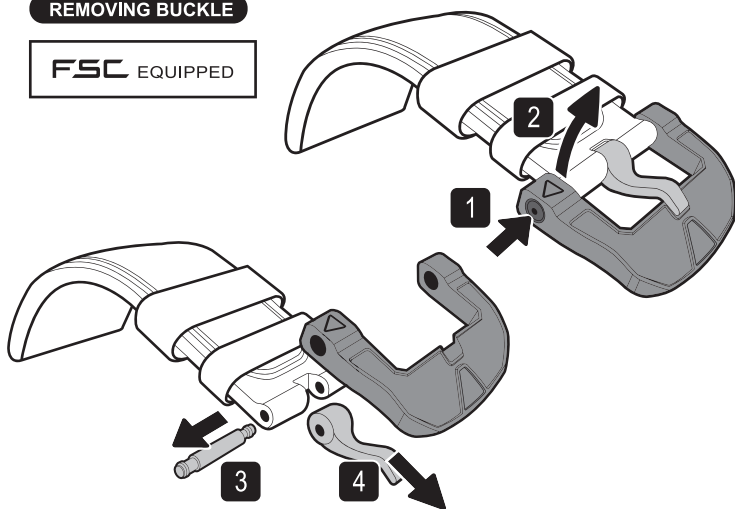
FSC EQUIPPED



- 1 Insert the Pin from the right to the left.
- 2 Engage the Pin in the slot.
- 3 Make sure it **CLICKS** and it is secure.

REMOVING BUCKLE

FSC EQUIPPED



- 1 Press to release.
- 2 Pull out the buckle from the strap.
- 3 Pull out the spring back.
- 4 Pull out the pin buckle.

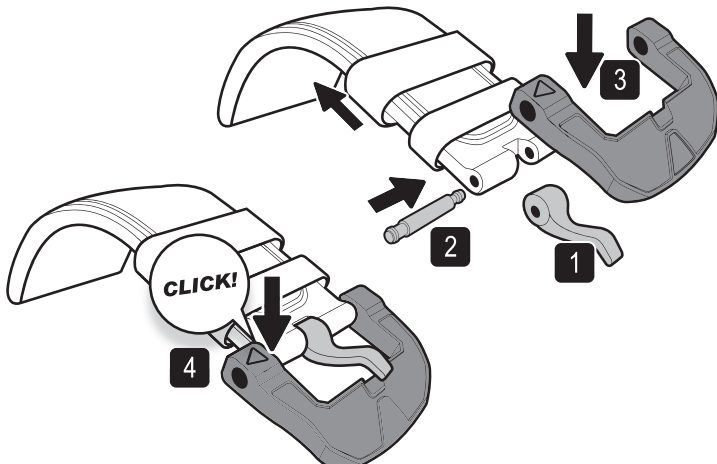


ATTENTION

TO AVOID DAMAGING THE SYSTEM, DO NOT USE SHARP OR POINTY OBJECTS, USE A WATCH PUSHER TOOL FOR CORRECTOR OR ANY SOFT POINTED OBJECTS.

ASSEMBLING BUCKLE

FSC EQUIPPED



- 1 Insert the Pin buckle.
- 2 Engage the spring bar.
- 3 Insert the buckle into the strap.
- 4 Make sure it **CLICKS** and the pin buckle is in the correct position.