


INSTRUCTIONS

Buckle up, you're on the threshold of a spiritual adventure. This handbook will guide your quest to grow a meaningful, intimate relationship with Jesus Christ.

Here's a few suggestions to maximize your 20-day journey:

- ◆ Bring your Bible, notepad, and pen each day to your Reset.
- ◆ Most chapters invite you to write out a Scripture or make some kind of notation. If you're reading this book in an electronic format, therefore, I suggest you use a paper notepad alongside your device.
- ◆  This icon invites you to pause and reflect on what you've just read.
- ◆ At the back of this book you'll find some optional questions for group discussion. When possible, do your Reset with a small group.
- ◆ For those on social media, you can post a pic to your friends and say, I'm on a #PrayerReset.
- ◆ Visit PrayerReset.com for a video introduction to this guide.

Have you been frustrated over previous attempts at daily devotions? Hit Reset. God is with you. You're about to discover new realms of joy in His presence!