

ROCKFISH

tomorrow's fish are still in the sea



Our entire menu can be prepared gluten free upon request. When it is prepared this way it is suitable for Coeliacs. Our gluten free batter does not contain any allergens. Please see allergens statement on front of this document.

When cooked in our gluten free pan the dishes may contain traces of



- Celery
- Crustacean
- Egg
- Fish
- Gluten
- Milk
- Molluscs
- Mustard
- Nuts
- Peanuts
- Sesame
- Soya
- Sulphites
- Lupin

TAKEAWAY ALLERGENS

CRISP FRIED

	WITH CHIPS	INDIVIDUAL
Brixham Hake	920 Kcal	290 Kcal
Prime Cod	1345 Kcal	715 Kcal
Prime Haddock	1000 Kcal	405 Kcal
Local Pork Sausages	1060 Kcal	431 Kcal
Tempura Prawns Singapore	950 Kcal	320 Kcal
Chilli Sauce & Chips		
Whitebait & Aioli	425 Kcal	
Halloumi & Sriracha Mayonnaise	400 Kcal	
Dayboat Scallop	75 Kcal	

LOCAL FISH Locally Caught Fish & Chips

CHILDREN'S MENU

Fish & Chips	670 Kcal
Sausage & Chips	600 Kcal
Halloumi & Chips	630 Kcal

SIDES & SAUCES

Fresh Cut Chips	840 Kcal
Fresh Fries	640 Kcal
Curry Sauce	75 Kcal
Mushy Peas	80 Kcal
Curried Mushy Peas	95 Kcal
Fresh Tartare Sauce	200 Kcal
Fresh Aioli	240 Kcal
Singapore Chilli Sauce	62 Kcal
Sriracha Mayonnaise	140 Kcal

DRINKS

Soft Drinks
Water
Juices
Rockfish Lager wheat & barley
Joe's Beer
Rockfish IPA wheat & barley,
Rockfish Lager wheat & barley,
Rockfish Sea Cider

We offer a gluten free option for all our dishes and have worked closely with our suppliers and Coeliac UK to make every effort to provide you with accurate allergen information (correct at the time of printing). Please use this document as a guide only to help you assess your own level of risk based

on your personal circumstances. Be aware that our kitchens handle a range of allergens & therefore there is a risk of airborne contamination and cross contamination. Guests with severe allergies are advised to assess their own level of risk and consume dishes at their own risk.

CERTIFIED
SUSTAINABLE
SEAFOOD
MSC
www.msc.org



Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery
MSC-C-52327