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## Episode #24

### Gita Comes Alive Learning Community

hosted by VASA Publishing

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#### **Chapter 9 v.20 #358 – end**

19:00:07 **AG-Scribe:** Namaste all! where are you all signing in from? especially the new ones  
19:03:16 **AG-Scribe:** Episode 24 Chapter 9  
19:03:53 **AG-Scribe:** the aham statements should elicit an emotion out of you and help you see Bhagavan everywhere.

19:05:31 **JA Chants: guru mantras:**  
Om ajna timirandhasya  
jnananjana shalakaya  
chakshur unmilitam yena  
tasmai shri guruveh namaha

I bow to the divine guru, who, with the torchlight of knowledge,  
has forced open my eyes that were blinded by the darkness of ignorance.

Om guru brahma guru vishnu  
guru devo maheshvaraha  
guru sakshat para brahma  
tasmai shri guruveh namaha

The guru reveals Brahma, the creator  
The guru reveals Vishnu, the preserver  
The guru reveals Shiva, the destroyer  
The guru reveals the supreme Brahman  
I offer my respects to such a divine guru

19:05:56 **JA Chants: Mantra to his Guru Prabhupada**

nama om vishnu padaya krishna preshtaya bhu tale  
srimate Bhaktivedanta svamin iti namine

I offer my respectful obeisances unto His Divine Grace A.C. Bhaktivedanta Swami Prabhupada, who is very dear to Shri Krishna, having taken shelter at His lotus feet.

namas te sarasvate deve gaura vani pracharine  
nirvishesha shunyavadi pashchatya desha tarine

Our respectful obeisances unto you, O enlightened Guru, in the service of the teachings of Sarasvati Gosvami. You are generously sharing the message of Chaitanya Mahaprabhu with Western civilization, which is currently distorted by accepting impersonal and empty philosophical conclusions as the ultimate truth.

<https://www.iskconbangalore.org/blog/srila-prabhupada-pranama-mantra/>

- 19:07:05 **AG-Scribe:** for the past 100 years - hidden secret behind the stirring up of our planet during 2 world wars - traumatic disturbance to the planet like the Mahabharata conflict.
- 19:07:49 **AG-Scribe:** we question our life as a human being when we experience distress
- 19:08:00 **AG-Scribe:** but seekers take birth in such chaotic moments
- 19:08:08 **AG-Scribe:** spread yoga around the world - the upside
- 19:09:22 **AG-Scribe:** seeds planted then, threat of atomic bomb... rock n roll, LSD... historical moment needed to take place
- 19:09:32 **AG-Scribe:** learn some history no one has told us
- 19:10:16 **AG-Scribe:** Nilesh Nilkanth Oak - researcher into antiquity of Mahabharata.  
iti hasa = history = "as it was"
- 19:10:50 **AG-Scribe:** 7582 years ago, according to Nilesh and the 250 precise astronomical references can be tracked back exactly
- 19:11:10 **AG-Scribe:** he wrote the forward to our Bhagavad Gita. what he's done is also radical
- 19:11:55 **AG-Scribe:** the Abrahamics and modern science have fought against this -- that there's a historicity and a culture that was functioning at the highest level imaginable 7500 years ago. the Vedic civilization reached its peak at that moment
- 19:13:18 **AG-Scribe:** we don't need to take this on blind faith - It can be meticulously researched. Science, mathematics, medicine, jyotish, astronomy, architecture -- all these subjects arose in Bharat - India - and were practiced there, and no one who came after that was able to destroy all the evidence despite the British using these books to heat the water in their bathtubs - ignorant and disrespectful

- 19:14:08 **AG-Scribe:** and yet they failed to eliminate all this evidence of the greatness of this culture and the history of the Mahabharata. King Parikshit, Arjuna's grandson, was present when Veda Vyasadeva was writing down the scriptures
- 19:14:23 **AG-Scribe:** ava = to descend, tara = to restore and heal everyone to their original nature
- 19:14:57 **AG-Scribe:** 15-20,000 years before that the Ramayana also happened, less scientific evidence for it but still datable - Ram and Sita avatared
- 19:15:20 **AG-Scribe:** appearance of these avatars is a high-water mark in history and something was left behind in these 2 visits
- 19:15:36 **AG-Scribe:** also mentioned in Parashara Hora, the jyotish text written by Parashara
- 19:16:10 **Abhilash Nambiar:** Parashara Muni is Veda Vyasa's father
- 19:16:31 **AG-Scribe: 10 Avatars of Vishnu in this avatar/yuga cycle**
- Matsya, Kurma, Varahas-cha  
Narasingho, cha-Vamana  
Ramo, Rama, cha-Ramas-cha  
Krishna, Kalkir, Janardanaha
- [Matsya, Kurma, Varaha, Narasimha, Vamana, Parasurama, Rama, Balarama, Krishna and Kalki]
- In the Parashara Hora - ten avatars appear in one complete yuga cycle/avatar cycle - 7 appear as animals and more primitive humans. then Ram and Sita, then Bhagavan Shri Krishna and all of his associates
- 19:16:53 **AG-Scribe:** one more – last one - Kalki avatar of Vishnu destroys the remaining life on the planet in preparation for it being rejuvenated
- 19:16:58 **AG-Scribe:** first it's 'Arjunavated' lol
- 19:17:15 **AG-Scribe:** none of the other avatars have a history book that goes with them, but Ram and Sita did and Krishna did
- 19:17:35 **AG-Scribe:** Veda Vyasadeva wrote down all the previously oral vedas
- 19:18:03 **AG-Scribe:** kavi = poetry -- all the vedas were written in poetry and could be memorized
- 19:18:32 **AG-Scribe:** the puranicas used to go around from town to town and recite it for ten days - go all around the country and do it as their life occupation
- 19:19:07 **AG-Scribe:** the speaking of the Bhagavad Gita by the 9th avatar of Vishnu signals that the medicine for the rest of the yuga time was given then
- 19:19:27 **AG-Scribe:** 7582 years ago, this Bhagavad Gita was spoken in Sanskrit, memorized then written down along with the Bhagavad Purana about Bhagavan and the rest of the story of Krishna's life up to and after the time of the Mahabharata conflict
- 19:20:11 **AG-Scribe:** Bhagavad Purana tells about Krishna's birth, childhood in Vrindavan, his education in Mathura, being a king in Dwarka, and leads to the Mahabharata
- 19:20:16 **AG-Scribe:** this is all history! = iti hasa
- 19:20:36 **AG-Scribe:** with a library of this magnitude in the most perfect language on the planet. worst nightmare of the Abrahamics!!
- 19:20:50 **AG-Scribe:** scholarship, linguistic structure, depth and scope of knowledge, sciences...
- 19:21:28 **AG-Scribe:** they were fighting over who gets to burn whom at the stake for getting Christianity wrong - England 15th c. - this is what they were doing
- 19:21:39 **AG-Scribe:** Winston Churchill responsible for famine of 30 million people in India

19:21:52 AG-Scribe: colonization is just ending and this knowledge being available to us is just happening

19:22:01 AG-Scribe: Ramayana doesn't talk about Krishna - he hadn't appeared yet

19:22:22 AG-Scribe: the Vedic culture has been progressive unfoldment of various methods of connecting with the ultimate reality over 100s and 1000s of years

19:22:31 AG-Scribe: and gave the Ramayana and Mahabharata

19:22:48 AG-Scribe: the last book about Krishna's life was written down

19:23:29 AG-Scribe: all the other mystical traditions, theosophists etc. had been studying this earlier, the Greek philosophers -- studying the knowledge leaking out of India

19:23:33 AG-Scribe: we can study it freely now

19:23:49 AG-Scribe: we are doing it!!!! this is epic!!!!

19:23:52 Andrea: jai!

19:23:58 AG-Scribe: not just watching another TV show

19:24:13 AG-Scribe: this is the fulfillment of Bhagavan appearing that long ago so that this would reach everyone on the planet

19:24:32 AG-Scribe: the *Bhagavad Gita Comes Alive* is just clarifying the language and taking out the language that has been obscuring it

19:24:38 AG-Scribe: very rare and precious

19:24:42 AG-Scribe: this is the opportunity of a lifetime!

19:25:32 AG-Scribe: and JA is clarifying his guru's work - delivering Krishna!

19:25:39 AG-Scribe: yes, the ISKCON got a little zealous

19:25:51 AG-Scribe: forgive them that for all the beauty they were trying to bring in

19:26:52 AG-Scribe: Prabhupada landed Bhagavan Shri Krishna despite all his hardships

19:27:02 AG-Scribe: it did happen in India about every 500-1000 years

19:27:23 AG-Scribe: but this language is not given in a forceful, dogmatic way and we can only share it with whomever is ready

19:27:37 AG-Scribe: you have to decide to participate. it is based on the ultimate respect for you as an individual

19:27:43 AG-Scribe: you can take it or not

19:27:44 AG-Scribe: not

19:27:52 Aaron Moon Cantwell: jaya!!!!

19:28:34 AG-Scribe: it's inconceivable even that JA is representing this

19:28:46 AG-Scribe: but this is a wake-up time in history. you know that -- you are here awake!!

19:30:15 AG-Scribe: Ch. 9 is leading into Ch. 10 which is the summary of the whole thing. landing the goods. transitions from the yajna to the devas - ecology and balance - those yajnas have been practiced for the past 100,000 years in India keeping things in balance, thanking the beings in nature for dinner. like every other indigenous culture. otherwise, you are thief

19:30:24 AG-Scribe: we do live in a take take take world and it's very contagious

19:30:44 AG-Scribe: this Gita is an opportunity for you to awaken to the simplicity of this message and be best friends with Bhagavan

19:30:53 AG-Scribe: this was not possible before the Bhagavad Gita

19:31:36 AG-Scribe: Krishna appeared to say the rest of the Vedic knowledge is useful and he came to put the candle on the cupcake. to make a personal visit to write down the vedas, to have a conflict so big that history can't forget it

19:32:23 AG-Scribe: be YOU - start being healthy by being the real you - the atma - you are immortal, amazing, remarkable, but you have I AMnesia

19:32:31 AG-Scribe: wake up!! you've been sleeping, forgetting who you are

19:33:16 **AG-Scribe:** this is happening to make us smart. we have to get depressed before you can get sane because the world is crazy

19:33:32 **AG-Scribe:** I've got to find more truth, more vitamins

19:34:00 **AG-Scribe:** Bhagavan talks about the yajna and ritual that kept us peaceful with nature

19:34:12 **AG-Scribe:** but now comes the icing in the cake -- and I am the source of all of it!!

19:34:17 **AG-Scribe:** it's additive

19:34:21 **AG-Scribe:** this knowledge is new

19:34:36 **AG-Scribe:** and it's landing everywhere in the world now through yoga

19:34:39 **AG-Scribe: Ch. 9 v 20, #358**

19:34:56 **AG-Scribe:** Krishna is taking Arjuna up another level

19:36:05 **AG-Scribe:** Mother Nature is being conducted by devas. we are visiting and we get in a happy loop with the devas

19:36:20 **AG-Scribe:** go become a deva for a while, come back again as a human

19:36:41 **AG-Scribe:** Krishna says the yajna actually lands with Krishna but the people don't fully know it because he hasn't told them, but now he is

19:37:02 **AG-Scribe:** he's telling Arjuna so Arjuna can hear on our behalf and pass it down to us

19:37:20 **AG-Scribe: #359**

19:37:24 **AG-Scribe:** also a fourth veda, the Atharva

19:37:58 **AG-Scribe:** the colonizers disparage the Indians - "many gods, pagan, don't believe in the Supreme Being" -- haven't read the Bhagavad Gita, have you? It's all right here!

19:38:49 **AG-Scribe: #360**

the secret... in the other case, the thanks go to the devas

19:39:00 **AG-Scribe:** but Bhagavan is waiting for us to be mature enough to want a relationship with him!

19:39:05 **AG-Scribe:** that's fine but he's waiting for us

19:39:49 **AG-Scribe:** first time in a long time in history he comes and clears this up. the devas are great and keep everything in balance, but let me tell you about Myself now and what kind of relationship we can have. unspoken in every other culture, especially the Abrahamics

19:40:01 **AG-Scribe:** Supreme Being explains everything about himself

19:40:10 **AG-Scribe:** here's the whole thing!!

19:40:46 **AG-Scribe:** he takes an interest in us when we say we're ready == serious yoga

19:41:11 **AG-Scribe:** if we are ready, Bhagavan will take a personal interest in us because we've asked him to

19:41:39 **AG-Scribe:** religion is fear-based and this is NOT. it is user friendly. basically, Krishna comes down and is begging us to talk to him

19:41:57 **Aaron Moon Cantwell:** a'ho!

19:43:04 **AG-Scribe: #363**

very clear. we all have free will, and whomever we offer it to, the universe/overseers of us – it buys us a ticket to that place - wherever we make offerings to. we bought the ticket there

19:43:18 **AG-Scribe:** we can go wherever we choose, we just need a bigger view of the universe

19:43:29 **AG-Scribe: #364**  
Pivotal verse!!

#364, Ch.9 v.26

patraṁ puṣpaṁ phalaṁ toyam yo me bhaktyāprayacchati  
tad ahaṁ bhaktyupahṛtam aśnāmi prayatātmanaḥ

If anyone offers Me, with love and devotion, a leaf, a flower, a fruit, or some water, I accept their offering as an act of love.

19:44:06 **AG-Scribe:** if anyone...  
19:44:14 **AG-Scribe:** a leaf a flower a fruit or some water  
19:44:22 **AG-Scribe:** I accept their offering as an act of love!!  
19:44:35 **AG-Scribe:** can you find one of those things somewhere?  
19:45:02 **AG-Scribe:** say "thank you Bhagavan" every time you eat a fruit  
19:45:07 **AG-Scribe:** gratitude to Bhagavan!!  
19:45:14 **AG-Scribe:** we get to have a friendly relationship with the Supreme Being  
19:45:25 **AG-Scribe:** aside from not knowing who we are as the atma, this is the other thing we don't know!  
19:45:29 **AG-Scribe:** everyone is afraid!  
19:45:42 **AG-Scribe:** find a nice leaf -- bring it inside and put it in front of your picture of Krishna  
19:45:52 **AG-Scribe:** if you don't even have that -- throw some water up in the air and offer it to Bhagavan  
19:46:00 **AG-Scribe:** thank you - arms up!  
19:47:37 **AG-Scribe:** who can resist that?? Bhagavan is saying just give me a leaf or fruit and I'll be madly in love with you! it sounds so absurd we don't believe it. we are afraid! but we are waiting for this!  
19:47:41 **AG-Scribe:** just dial him up!  
19:47:51 **AG-Scribe:** "Hare Krishna" -- dial his phone number  
19:48:09 **AG-Scribe:** it's so simple we don't believe it  
19:48:30 **AG-Scribe:** this is the very simple, free knowledge  
19:48:44 **AG-Scribe:** egalitarian -- no one is disqualified  
19:49:10 **AG-Scribe:** the Bhagavad Gita is about the friendship with Krishna  
19:50:07 **AG-Scribe:** the Bhagavad Purana – JA helped Prabhupada translate the first 4 cantos - 10-15 volumes. in total - 12 cantos ~35-40 volumes translated by Prabhupada  
19:50:20 **AG-Scribe:** so wild, intoxicating and ecstatic  
19:50:59 **AG-Scribe:** it gives the yogis crazy ecstatic bliss!  
19:51:26 **AG-Scribe:** if you've ever had ecstasy and beauty in a relationship why would you give that all up for the empty void??  
19:52:00 **AG-Scribe:** if you had a horrible divorce... you might feel bad and hurt and singed, but would you want to give up love altogether?  
19:52:21 **AG-Scribe:** Krishna goes into ecstasy when we offer him a fruit, a flower, a leaf or some water  
19:53:04 **AG-Scribe:** questions – cams on  
19:55:29 **QnA – Kate:** v.22 – does it apply to newbies too?

- 19:56:04 **AG-Scribe:** The Yoga Sutras of Patanjali gave rise to the ashtanga yoga we all do now which gets us ready for higher states of awareness and sustaining them
- 19:56:54 **AG-Scribe:** he gives the secret in Pada 2, verse 1 - tapasya svadhyaya ishvara pranidan kriya yogaha
- 19:57:53 **AG-Scribe:** tapasya - correct practice first - asana, pranayama, withdrawing the senses, mantra...; then svadhyaya - understand yourself as the atma and be that only; ishvara pranidan - isha is all the beings greater than ourself - in charge of a department of the cosmos or beyond
- 19:58:04 **AG-Scribe:** Krishna is Parama Isha - beyond all the other ishas
- 19:58:17 **AG-Scribe:** a person can be practicing yoga and chanting mantras to Shiva, for example
- 19:58:34 **AG-Scribe:** he's an important one, or Brahma, or Vishnu, or Varuna or Indra or Agni, etc.
- 19:58:52 **AG-Scribe:** kriya yogaha = these are the three actions of yoga
- 19:59:32 **AG-Scribe:** in ashtanga yoga, have to do the first two correctly first - how we inhabit the body. but all forms of reaching into the deva realm and Bhagavan are yoga. ashtanga is one process of yoga but there are others
- 20:00:03 **AG-Scribe:** if you just take the ishvara pranidan you can devote yourself to any deva and do mantras and you will directly connect in yoga with them, you don't need to do ashtanga yoga
- 20:00:23 **AG-Scribe:** all you need is the desire, a target being, and the means to reach them
- 20:00:43 **AG-Scribe:** they are all some percentage of Bhagavan, so you approach them and ultimately Bhagavan, or just go direct to Bhagavan
- 20:00:51 **AG-Scribe:** adore them and him -- wonderful
- 20:01:02 **AG-Scribe:** but you stop asking for things – beginners ask for things, amateurs
- 20:01:22 **AG-Scribe:** an enlightened human doesn't ask for anything in return but is serving all the time
- 20:01:54 **AG-Scribe:** given to Bhagavan - fruit flower leaf water - just give them to Bhagavan only, not the devas, and all the other yogas are completely accomplished! do just that and do it entirely == bhakti yoga
- 20:04:41 **QnA – Abhilash:** observation... seeds planted in climate of war... JA's perspective is framed in the threat of war. Abhilash is a big fan of western/American/British society while JA is very critical. He always felt the Vietnam war was a big lesion, big tear in the fabric of white American society which has not been fully mended yet... he hasn't seen anyone else acknowledge this before as does JA. social upheaval... [AG note - not sure I got the whole question/ comment]
- 20:05:05 **AG-Scribe:** thank you for speaking up and being a brave NRI [non-resident Indian] Everyone approaches this from a particular perspective. He may be overlooking the role that academia played in destroying the culture and is missing from history.
- 20:05:57 **AG-Scribe:** "persona non grata"
- 20:06:19 **AG-Scribe:** the British considered all brown people persona non grata – no rights
- 20:06:27 **AG-Scribe:** just before Columbus went out the Pope issued a papal bull of discovery against anyone who's not Christian – especially Spain and Portugal – take whatever you want, rape and pillage them all, as long as you bring them to Jesus, all is fine
- 20:07:07 **AG-Scribe:** this is the basis of western civilization and it has never been put right
- 20:07:34 **AG-Scribe:** will they be honest enough to admit where they went wrong and stop doing it? but they're not stopping, and the corporations (a group of people without a conscience simply making profit at others' expense) are just continuing it now
- 20:07:53 **AG-Scribe:** and the corporations were the initial ones who went out and colonized

20:09:19 **AG-Scribe:** the institutions and all the players who did this intentionally and knowingly should apologize and acknowledge their role

20:10:04 **AG-Scribe:** and we are sorting out where things were done right and where they were done wrong. Acknowledge the wrongs and bring forth the golden nuggets

20:11:26 **AG-Scribe:** all of this was a lila – scheduled and scripted - to reach us with a certain message and to reach us intact. Bhagavan appeared, he did not take birth.

20:11:45 **AG-Scribe:** our view of ourself is now available for us to choose

20:12:14 **AG-Scribe:** someone told us how we are and we could choose that or not. now we can choose what Bhagavan is telling us. what is the most reasonable explanation for all of this?

20:12:40 **AG-Scribe:** the goal and final conclusion of human is emptiness and going into the void?? not an adequate explanation for JA. if you think so-- fine for you.

20:13:30 **AG-Scribe:** if you think being an individual is the essence of who I am... what is my next step as an individual? you decide for yourself. this book is addressing you as if you have decided to make that decision. there is no other book on the planet that presents itself to you this way and offers you a choice

20:14:10 **AG-Scribe:** came to you from Bharata to be used in this way - to make the cosmic decision - am I going to have higher relationship or is the frustration I'm having in life going to make me go into the emptiness? or am I going to become a chaotic, rapacious individual?

20:14:27 **AG-Scribe: #367**

20:16:05 **AG-Scribe:** Krishna is not upset with anyone, even the most destructive. they're all evolving. he doesn't hold it against them. but he has said earlier -- whatever you do in prakriti will give you a response. so you will be in the system of cause and effect karma – kri - if you act that way. whatever you do has your fingerprints and comes back to you

20:16:35 **AG-Scribe:** Bhagavan says he is inside of everyone; he looks at them all the same way. some are doing great; some are making a mess. but that's just temporary. at another point in time, they will change and be who they really are as an atma

20:16:59 **AG-Scribe:** we are here to explore inside of prakriti

20:17:34 **AG-Scribe:** we let off bad behavior knowing they will change eventually

20:18:30 **AG-Scribe:** the part we find inconceivable -- Bhagavan is waiting for us to make the first move!

20:19:08 **AG-Scribe:** Bhagavan the source of everything is waiting for US to change our mood with respect to him and he will adopt the mood that we are in

20:19:28 **AG-Scribe:** we can try being an asura if we want to, or try being the deva of the sun... all of us, being an individual

20:19:44 **AG-Scribe:** the secret is he is just waiting for US to direct our relationship and he will reciprocate with whatever we do

20:19:56 **AG-Scribe:** patram pushpam -- the leaf etc. is the carrier of our offering to him

20:20:20 **AG-Scribe:** like a baby offering us some little thing they brought us, but to us it's the biggest gift

20:20:29 **AG-Scribe:** Bhagavan is waiting for us to make the first move!

20:20:46 **AG-Scribe:** and this is the part that has been disabled in us!!!

20:21:03 **AG-Scribe:** == bhakti yoga!! just change our mood, grab a leaf and play the game!



20:21:06 **AG-Scribe: #368**  
 20:21:13 **Aaron Moon Cantwell:** JAYA!

20:21:35 **AG-Scribe: #369**  
 20:22:06 **AG-Scribe:** shanti XX peace  
 20:22:55 **AG-Scribe:** what is your ultimate choice point?  
 20:23:16 **Aaron Moon Cantwell:** Krishna Krishna Krishna HEY!  
 20:23:55 **AG-Scribe:** material nature is rather complicated and a person can get lost here. but if they have a relationship with Bhagavan he reorients us and brings us back to shanti. even though you're here in the massive chaotic existence, you're still balanced, equipoised - namaste - balance point

20:24:19 **Andrea:** good chapter eh Aaron??  
 20:24:41 **Aaron Moon Cantwell:** best ever

20:24:48 **AG-Scribe: #369**  
 pivot -- surrender -- arms up - I'm all yours.  
 namaste mudra = shanti

20:25:08 **Aaron Moon Cantwell:** #369 My new favorite sutra of all time  
 20:25:12 **AG-Scribe:** stay in shanti, bring chaotic situations back to balance -- a way of walking through the material world  
 20:25:20 **Andrea:** :)  
 20:25:32 **Andrea:** Sandi said it's for me!! (too)  
 20:26:05 **AG-Scribe:** in the material world, not everyone is going for shanti -- yes, it's a problem here  
 20:26:14 **AG-Scribe:** if we have the bhakti, Bhagavan will help bring us back to shanti

20:26:22 **AG-Scribe: #370**  
 20:27:36 **AG-Scribe:** we might find ourselves in compromised situations because of karma in this or past lives. things don't turn around immediately. turning around the 18-wheeler of our karma takes a while. But when you understand that that link – that yoga – continually brings you back to the point of equipoise... that's the “shanti shanti shantihi” of...  
 20:28:08 **JA chants:**

Om asato ma sad gamaya  
 Tamaso ma jyotir gamaya  
 Mrityor ma amritam gamaya  
 Om shanti shanti shanti shantihi  
 Hari hi om  
 Hari hi om  
 Hari hi om

20:28:58 **AG-Scribe:** we can offer a fruit, flower, leaf or water, but also our voice is connected to our atma and is the simplest and most direct way to perform yoga -- mantra japa  
 20:29:12 **AG-Scribe:** chant the Sanskrit vibrations that are the direct links to Brahman  
 20:29:30 **AG-Scribe:** things we do during the day will compromise us, or things that are going on out there in society  
 20:29:46 **AG-Scribe:** we just have to learn to put up with all the crap

20:30:28 **AG-Scribe:** but our yoga is - you are in charge of your consciousness if your consciousness can vibrate with anything anywhere, no obstruction by physical objects -- use your voice!!!! speak - reach Bhagavan and make the connection with your voice

20:30:34 **AG-Scribe:** om namo bhagavate vasudevaya

20:30:47 **AG-Scribe:** from the Bhagavad Purana

20:31:27 **AG-Scribe:** vas(e) - contains something.  
Vasudeva = that being who contains all of us, within whom we all exist

20:34:05 **AG-Scribe:** Bhagavan has the 6 bhagas – He is the source of the things that are most attractive to us: beauty, wealth, strength, fame, knowledge, and generosity - things that are desirable

20:34:26 **AG-Scribe:** our relationship is just between us and Bhagavan. no one will police it

20:34:33 **AG-Scribe:** tapasya - it's up to us to do it

20:34:51 **AG-Scribe:** you do have to be initiated and do practices. it's up to you if you chant them

20:35:05 **AG-Scribe:** pick a leaf off the tree and give it to Bhagavan

20:35:45 **AG-Scribe:** you become atmarama - self satisfied

20:35:57 **AG-Scribe:** your atma is reciprocating all the time with Bhagavan

20:36:23 **AG-Scribe:** we are always hoping to get these good vibes from other people but we can just have it with Bhagavan

20:36:49 **AG-Scribe:** forget the pain - do your mantra and go back to Bhagavan when you've had a problem

20:37:02 **AG-Scribe:** this is the medicine. you will vibrate higher

20:37:46 **AG-Scribe:** the names of the ultimate reality or deva and its being are the same. the name and the object/being are the same

20:38:01 **AG-Scribe:** say Ram over and over, Krishna over and over... they say yes yes yes yes

20:38:17 **AG-Scribe:** Vasudeva katumbakam

20:38:26 **AG-Scribe:** we are all in the big pot together

20:38:52 **AG-Scribe:** we see they are having a bad day, let's just get over it

20:39:05 **AG-Scribe:** but also, not do it again

20:39:27 **AG-Scribe:** invite them to higher and more beautiful state of being, but they have to embrace it

20:39:31 **AG-Scribe:** **#371**

20:41:41 **AG-Scribe:** dharmic rulers - dharma XX faith or religion. the understanding that all of material nature is conducted by the laws of nature and what we do affects everyone else. a dharmic civilization remembers this, tries to find a way to work together. we have to be selfish - we all are selfs - but we have to get along and work together and not harm others

20:41:55 **AG-Scribe:** we each have our own svadharma in the context of sanatana dharma

20:42:20 **AG-Scribe:** can't join it - you are in the midst of it and everything you do all day long is either dharmic or not, is in alignment with or violates the laws of nature

20:42:32 **AG-Scribe:** try to work with everything that is true

20:43:29 **AG-Scribe:** we do have free will and can be asura or sura - with or against the light. we have each done both in various lives

20:44:02 **AG-Scribe:** now we learn we can go direct to Bhagavan. we are all the atma, there are laws of nature, best to cooperate with them, and you can have a direct relationship with Bhagavan - you only have to ask

- 20:44:06 **AG-Scribe: #372**
- 20:45:07 **AG-Scribe:** manas - thinking feeling willing memory == mankind, manushya
- 20:45:16 **AG-Scribe:** just focus all of them on Bhagavan in a state of intense adoration
- 20:46:33 **AG-Scribe:** bhakti can create big intense emotions but keep it chill. you're screaming with ecstatic joyful happiness from your connection with Bhagavan and everyone around you is grumpy and doesn't care
- 20:46:38 **AG-Scribe:** this becomes your primary dedication
- 20:46:57 **AG-Scribe:** Bhagavan tells us he falls in love with that - he will fall in love with us if we want him more than anything
- 20:47:02 **AG-Scribe:** questions - cams on!
- 20:47:18 **Aaron Moon Cantwell:** one after the other!
- 20:47:24 **AG-Scribe: homework - verse 370**
- 20:48:05 **AG-Scribe:** 370-371-372
- 20:49:00 **AG-Scribe:** and atmarama = self-satisfied - knowing that you are the atma
- 20:49:04 **AG-Scribe:** word of the week
- 20:49:07 **AG-Scribe:** and be that!
- 20:49:50 **QnA – Reivin:** first a comment - Reivin is offering help anyone who is interested in the group to navigate the different worlds - between bhakti and mainstream
- 20:50:48 **Question:** attitude and gratitude -- how scientific is bhakti? is chanting Krishna different than chanting the word "god"? is it actually the vibration or just your intention/attitude?
- 20:52:19 **AG-Scribe:** the use of the Sanskrit terms is important as we are led in our ecstasy toward a more cooperative relationship with the laws of nature. replace our dominance over nature to a desire for the well-being of and empathy with all. atmarama comes from the satisfaction with the atma, not with other things
- 20:53:06 **Sandi - VASA:** JA wakes up happy!
- 20:53:44 **AG-Scribe:** an unlimited supply of caring, an abundance of pure joy in our very existence, being it for no reason
- 20:53:59 **AG-Scribe:** brahma bhuta prasannatma...

#677, Ch.18 v.54

brahmabhūtaḥ prasannātmā na śocati na kāṅkṣati  
samaḥ sarveṣu bhūteṣu madbhaktim labhate parām

Once their identity is re-established as Brahman, they become calm and undisturbed in all circumstances. They neither hunger for nor lament the loss of anything. They are also impartial toward all beings. In that state of transcendental consciousness, their adoration of and devotion for Me is also reawakened.

- 20:54:41 **AG-Scribe:** we can go mad in the most wonderful way and be ecstatically happy no matter the circumstances in a word that is so contrary to that. just smile at everyone
- 20:54:46 **AG-Scribe:** (take off your mask)
- 20:55:03 **Aaron Moon Cantwell:** since I adopted the Taoist "inner smile" as my waking ritual, I have been smiling much more often
- 20:55:19 **Andrea:** thumbs up

- 20:56:12 **AG-Scribe:** the selfishness of it's all about me goes away when you are atmarama and you pay attention where it needs it. real gratitude is in seva. not just saying thank you but doing something that shows thank you
- 20:58:22 **QnA – Beverly:** #342 versus #367 - are these contradictory? I am in them, I am not in them...?
- 20:58:42 **AG-Scribe:** who's inside of whom?
- 20:59:36 **AG-Scribe:** all of these universes are inside of Bhagavan, and he is inside of them, he pervades them. we don't put a boundary around Bhagavan but he is the boundary around us, we are contained within him
- 21:00:03 **Sandi - VASA:** Inconceivable simultaneously one and different - achintya
- 21:00:53 **AG-Scribe:** Bhagavan is inside of us - complete accessibility and universality for everyone. achintya - the magnitude of this relationship is unthinkable. we can see Bhagavan have a relationship with the countless living entities but we can be absorbed in such an intimate relationship with him alone
- 21:01:43 **Sandi - VASA:** remember when each gopi dances with her Krishna alone - as Krishna simultaneously appears for each of them - he will appear for you when you ask
- 21:02:20 **AG-Scribe:** The One is the ultimate in vastness but at the same time the Being within whom all this is happening wants to have an intimate love affair with ME, best friend with ME?? == THE paradox. get past it and you can have a direct relationship with Bhagavan as an equal, not as someone who is bigger or smaller. in bhakti, bigger and smaller, all things that can separate us go away
- 21:02:41 **Sandi - VASA:** The love EMOTION is greater than anything else
- 21:02:50 **AG-Scribe:** that is the bhakti that Bhagavan is offering - size doesn't matter
- 21:03:23 **AG-Scribe:** but he won't tell us he's madly in love with us until we tell him first (though he might drop hints) - because we have to be at choice
- 21:09:17 **QnA – Allan:** young children re bhakti and re dying young?
- 21:10:18 **AG-Scribe:** rasas of Bhagavan when playing the part of a child in his non-political lila in Vrindavan. he had a whole range of relationships and activities demonstrating something for us
- 21:10:50 **AG-Scribe:** some were to kill asuras and some were to demonstrate the intimate emotions we experience in everyday life, like between a parent and baby
- 21:11:02 **AG-Scribe:** what you can share about bhakti with someone depends on their EQ
- 21:11:15 **AG-Scribe:** so we start with jnana yoga first, not bhakti
- 21:11:29 **Sandi - VASA:** [https://jeffreystrong.com/products/transcendental-love-complete-series?\\_pos=1&\\_sid=13f947ce8&\\_ss=r](https://jeffreystrong.com/products/transcendental-love-complete-series?_pos=1&_sid=13f947ce8&_ss=r)
- 21:11:30 **Sandi - VASA:** The Flavors of Divine Love & Perfecting Sacred Relationship:

Drawing from Vedic yogic and tantric texts, Jeffrey Armstrong masterfully presents the five aspects of transcendental love that lead all souls toward liberation. Jeffrey describes these qualities of love in a most articulate and beautiful discourse and shows that these 5 levels of love form the basis of all our love relationships.

- 21:11:42 **AG-Scribe:** it's intoxicating but the emotions are destabilizing
- 21:11:50 **AG-Scribe:** adi kaari - level of qualification
- 21:12:57 **AG-Scribe:** isolation comes from being the atma with your full autonomy

- 21:13:29 **AG-Scribe:** you are different with Bhagavan than you are with the world
- 21:13:43 **AG-Scribe:** some people may notice
- 21:16:10 **QnA – Reivin:** if you smile at everyone, is it coming from you or from Krishna?? how can I be in love with krishna but not force it on everyone?
- 21:17:24 **AG-Scribe:** do it artfully. smile to everyone rather than hare krishna everyone. let the other person's ability guide you -- be guided by THEIR adi kaari
- 21:17:48 **AG-Scribe:** do service to Bhagavan by being sophisticated in your personal interactions with others -- unless it's your svadharma
- 21:17:57 **AG-Scribe:** phalena parichiyate = judge by the results
- 21:18:13 **AG-Scribe:** if it works for you - keep doing it
- 21:19:36 **AG-Scribe:** the names of Bhagavan are each a particular medicine
- 21:20:24 **AG-Scribe:** Hari = that Supreme Being who removes everything in us that shouldn't be there -- inviting it when you say that name  
Krishna = the most attractive being  
govinda = the one who plays sweet innocent childlike games of love
- 21:20:31 **AG-Scribe:** each of the names is in a mood, is a meditation
- 21:20:45 **AG-Scribe:** as your bhakti matures you get each flavor when you chant the mantra
- 21:20:50 **JA chants:**
- Om hari haraya namaha  
krishna yadavayah namaha  
yadavaya madhavaya keshavaya namaha  
gopala govinda ram shri madhu sudhan  
giridari gopinatha mahadhana mohan
- 21:21:39 **AG-Scribe:** see last week's chat notes and rewatch that part of the video -- it was an initiation into this mantra (as is tonight)
- 21:22:18 **AG-Scribe:** Mahadhana Mohan = the attractor of the attractor of Cupid = Kamadeva aka Cupid. the being who helplessly attracts Kamadeva and who Kamadeva cannot resist is Bhagavan
- 21:22:56 **AG-Scribe:** the one who attracts the attractor of all - leads us to a state of ecstatic being and joyful interaction, and teaching us to be in a first name basis with a being who we have been told we should be in fear and trembling in front of
- 21:23:17 **AG-Scribe:** we can exchange the sweetest emotions with this ultimate being
- 21:23:30 **AG-Scribe:** and this addiction is free!

**Last week's Homework:**

Go over the I Am statements in Chapter 9 and meditate upon them

**This week's Homework:**

Verses 370-371-372

Word of the week: **atmarama** = self-satisfied - knowing that you are the atma. Be that!