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Season 2 Episode #9 Gita Comes Alive Learning Community hosted by VASA Publishing Jeffrey Armstrong | Kavindra Rishi

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Chapter 9: The Secrets of Dharma and Devotion

19:03:51	Zubin Parihar: Diwali!
19:04:46	AG-Scribe: victory of light over darkness - Ram and Sita return to Ayodhya
19:05:31	AG-Scribe: last week's homework: smaranam - #315-317
19:10:42	AG-Scribe: Rishis. they had drishti. they could see. even through hearing
19:11:28	JA chants: guru mantra:
	Om guru brahma guru vishnu
	guru devo maheshvaraha
	guru sakshat para brahma
	tasmai shri guruveh namaha
	The guru reveals Brahma, the creator
	The guru reveals Vishnu, the preserver
	The guru reveals Shiva, the destroyer
	The guru reveals the supreme Brahman
	I offer my respects to such a divine guru.
19:12:21 19:12:37	AG-Scribe: shining the light of this vidya for 7582 years AG-Scribe: the lighting of the fire within, true knowing within our heart. jnana dipena – the light of knowledge

19:12:52 19:12:54 19:13:40	AG-Scribe: Ch. 9 – we are halfway through the Bhagavad Gita AG-Scribe: pivotal chapter. Krishna takes us to the next level AG-Scribe: homework for next week: learn/study the 4 core verses - summary of entire Bhagavad Gita
19:13:46	AG-Scribe: v1 #339
19:14:23	AG-Scribe: immunization in a different context
19:14:28	AG-Scribe: what is the disease? forgetfulness of who I am!
19:15:06	AG-Scribe: one lifetime cultures are missing an essential vitamin
19:15:19	AG-Scribe: the secret – understanding who we are
19:15:25	AG-Scribe: and what is the relationship with the source of our existence?
19:15:45	AG-Scribe: just hold the right perspective/attitude. Be sincerely inquisitive, and Shri
19:16:13	Krishna says, I can share these secrets with you just because you hold that right attitude AG-Scribe: this secret hidden in the gu (nas)
19:16:17	AG-Scribe: v2 #340
19:17:33	AG-Scribe: clarity of our permanent, individual nature, and we're on a long learning journey here within the realm of prakriti
19:18:10	AG-Scribe: this knowledge supports dharma - dhri = makes it what it is. companion word karma
19:18:30	AG-Scribe: we want those with the most power to know this knowledge first
19:18:47	AG-Scribe: the disease of unlimited power without restraint
19:19:01	AG-Scribe: and taking away people's individuality
19:19:21	AG-Scribe: they are the first to know who they really are – those who get power –
	because the power could be easily abused
19:19:26	AG-Scribe: v3 #341
19:20:24	AG-Scribe: dharma, shraddha, samsara
19:20:33	AG-Scribe: Shraddha DOES NOT translate as faith. It is direct seeing, the knowledge of
	who we are carried from life to life.
19:21:37	AG-Scribe: dharma = ecology - the insurance policy that everything will continue correctly for the next generation
19:21:42	AG-Scribe: v4 #342
19:22:21	AG-Scribe: jagat = universe = goes forward by birth = ja, janma, gat (gate) = goes forward
	- goes through the next gate
19:22:43	AG-Scribe: murti = the form. our seeing has to learn that which is so large it can't be
	seen with our eyes three-dimensionally as Bhagavan
19:22:53	AG-Scribe: instead we have to awaken another kind of seeing – dipavali
19:23:02	AG-Scribe: v5 #343
19:24:34	AG-Scribe: Krishna is talking to us as individuals. the difference between His atma and
	our atma is that His atma is the source of everything. His yoga is to bring everything into manifestation through his meditation. He meditates yogically and brings all of this into
19:24:43	existence. AG-Scribe: all the living entities within it like Him are immortal beings
19:24:54	AG-Scribe: he didn't bring them into existence, they decided to come here from the
	Brahman realm which we can't directly see

19:25:18 19:26:10	AG-Scribe: v6 #344 AG-Scribe: Vayu is resting in space. Like Vayu, we are a bubble in a vast ocean of space – akash. There is context, and there is something that exists within that context
19:26:39	AG-Scribe: so we are all resting upon Bhagavan
19:26:46	AG-Scribe: v7 #345
19:26:50	AG-Scribe: kalpa = one day for the creator Brahma
19:27:34	AG-Scribe: everything in matter has a lifespan
19:28:22	Zubin Parihar: 8.64 Billion Years for 1 day and 1 night of Brahma
[technical interru	uption]
19:53:17	AG-Scribe: v7 #345 describes the back-and-forth between the manifest and unmanifest states during one day and one night of Brahma – just like the class was brought back online into manifestation when the internet went back on!
19:53:42	AG-Scribe: describing the scale of manifestation of one jagat (universe) and the Brahma that is the creator of that universe
19:53:50	AG-Scribe: v8 #346
19:54:00	AG-Scribe: a "where were we??" moment
19:54:19	AG-Scribe: just like when we reincarnate "where am I?"
19:54:39	AG-Scribe: v9 #347
19:55:11	AG-Scribe: Krishna is showing us HIS meditation, his yoga
19:55:17	AG-Scribe: v10 #348
19:55:29	AG-Scribe: hetu
19:55:50	AG-Scribe: etu = etumos = etymology
19:56:02	AG-Scribe: the hetu is the core logic behind anything
19:56:09	AG-Scribe: allows all the connectedness to occur
19:56:32	AG-Scribe: the hetu underneath all of prakriti – the entire material manifestation – and by that logic Bhagavan brings it into being, brings back the entities, etc.
19:56:53	AG-Scribe: v11 #349
19:57:15	AG-Scribe: bhuta maha ishvara
19:57:20	AG-Scribe: profound mystery
19:57:43	AG-Scribe: when he comes as an avatar people think he is just another human
19:58:10	AG-Scribe: but while he's playing that lila - that game - he's also supporting everything
	and bringing it out of his own self – that's HIS yoga
19:58:19	AG-Scribe: v12 #350
19:58:32	AG-Scribe: two possible outcomes of being an atma in matter
19:58:37	AG-Scribe: asura = not light. (Diwali)
19:58:56	AG-Scribe: can be in the dark or come out into the light
19:59:13	AG-Scribe: 2nd stage of asura = become so endarkened and you eat people around you
10.50.51	to get their energy
19:59:51	AG-Scribe: the asuras know if you eat babies and children it is powerful health food.
	Rakshasa = the eaters

20:00:11	AG-Scribe: at a certain stage of degradation you go beyond asura - lost in the dark - and become rakshasa = cannibal, literally or figuratively
20:00:18	AG-Scribe: leave a mess behind like our own civilization
20:00:33	AG-Scribe: mostly without meaning to we are living as asuras and rakshasas in western
	civilization, continuing to eat the whole world == colonization
20:01:56	AG-Scribe: v13 #351
20:02:14	AG-Scribe: everyone in the realm of matter is chasing chunks of beauty
20:02:31	AG-Scribe: where is all this beauty coming from and would we like to go there?
20:02:38	AG-Scribe: like an art museum. the source of everything
20:02:48	AG-Scribe: then you wouldn't need to chase little pieces of it
20:03:11	AG-Scribe: Bhagavan = all those beauties, delicious and wonderful = bhaga + van = the
	one who possesses then
20:04:17	AG-Scribe: if you found the source of all the beauty you wouldn't need anything else.
20:04:43	AG-Scribe: look within and have a relationship with Bhagavan, have access to all the
	beauty == yoga
20:04:50	AG-Scribe: v14 #352
20:06:01	AG-Scribe: Bhagavan comes before us so we see it's possible for each one of us to have
	a one-on-one with the Ultimate Being. It's almost inconceivable to us, our self esteem is
	so low. the Ultimate source of all beauty would take an interest in us??
20:06:18	AG-Scribe: we have been taught to fear this, not believe it
20:06:27	AG-Scribe: but meet the Being who is source of all beauty!
20:06:34	AG-Scribe: hari haraya namaha
20:06:41	AG-Scribe: that's how you do it – kirtayanto – by always chanting and singing His names
20:07:00	AG-Scribe: that's all you have to do – switch accounts, change channels, go to kirtayanto
	satatam mam – always singing and chanting my names
20:07:20	AG-Scribe: v15 #353
20:07:55	AG-Scribe: all the stars are smiling faces looking at us across the universe
20:08:20	AG-Scribe: the unlimited faces of Bhagavan shine forth a different ray of beauty from
	every star in every direction as the
20:08:30	AG-Scribe: every star is a face of Bhagavan as the light shining across the universe in
	every direction
20:08:45	AG-Scribe: dipavali!!! the light shining across the universe and we can relight the lamp in
	our own heart and never be in the dark again
20:08:50	Andrea G: jai!
20:10:02	AG-Scribe: Questions
20:10:28	Q&A – Hana: #342 – an apparent paradox. Bhagavan can be a person and do things we
	can't do as humans?
20:10:38	AG-Scribe: He can be the source of everything and be inside everyone's heart too
20:11:02	AG-Scribe: He's inside us but we don't enclose Him within us = achintya
20:11:34	AG-Scribe: we are not of the magnitude to encompass/surround the Source of
	Everything, but it doesn't matter because the exchange of intimacy isn't affected by that
20:12:34	AG-Scribe: yogamaya - all we see is our friend or lover or beloved. we stop seeing Him as
	bigger than us and go to beloved intimacy. some day we will dance with Bhagavan. we
	won't see that enormity anymore, just enjoy the dance together

20:12:51 20:13:09	AG-Scribe: we are jiva atmas always. we will never be Paramatma AG-Scribe: the closest you can get to that level of being is to become a Brahma and be a creator in a jagat
20:14:22	Q&A – Andrea G: #353 - the stars shining in the night as the facets of Bhagavan – is this figurative and literal??
20:14:35	AG-Scribe: that IS Brahman! We don't see Brahman. We are sparkles of light in a context of dark. Our default setting is dark. Our concept of reality is dark, unconscious being our default setting, in the context of Brahman – luminous, conscious, and no kala – no calendar. Everything exists there in Brahman in a realm made of light and everything has form and beauty, existing without time. No sequence of manifestation. One thing does not follow another linearly or sequentially. Linear cause and effect within time is the limitation here in prakriti. Everything only lasts for so long. In Brahman there is no clock ticking. There is individuality and nothing is dark. We can't imagine it. Because our manas is based in prakriti, all is dark and cause and effect. Here we see the movie but we haven't seen the movie "stars". Each "star" is a movie star playing a part of the movie in Brahman. it is achintya to us in our tiny little dark caves here in prakriti. We can go beyond it all and see what Bhagavan is seeing if we allow it.
20:17:14	AG-Scribe: v16-19 #354-357
20:17:37	AG-Scribe: other homework: pay attention to these aham phrases
20:17:58	Sandi - VASA: I LOVE this part of the book - we numbered them so no one would skip
	over them
20:18:48	AG-Scribe: 🙂
20:22:15	AG-Scribe: the material of meditation - those qualities of Bhagavan are the subject of
	meditating upon Him
20:22:36	Sandi - VASA: what is your job description?
20:22:45	AG-Scribe: v20-21 #358-359
20:25:17	AG-Scribe: devas represent the laws of nature personified
20:25:37	AG-Scribe: they are a level or two up from us - level 10 svarga loka. we are on level 8
20:25:51	AG-Scribe: deva loka is like a tropical vacation, then we have to come back to our job as humans
20:26:08	AG-Scribe: reciprocity with the devas makes us like them and we go be them next life
20:26:19	AG-Scribe: gives us another experience within matter. human and deva
20:26:24	AG-Scribe: come back as a human who's been a deva
20:26:34	AG-Scribe: but something feels wrong here
20:27:01	AG-Scribe: we're then ready for a (higher) yoga to take us to another level. that's what
	yoga is for
20:27:08	AG-Scribe: v22-26 #360-364
#364, Ch.9 v.2	26

patram puṣpam phalam toyam yo me bhaktyāprayacchati tad aham bhaktyupahṛtam aśnāmi prayatātmanaḥ

If anyone offers Me, with love and devotion, a leaf, a flower, a fruit, or some water, I accept their offering as an act of love.

20:28:11	AG-Scribe: patram pushpam phalam toyam
20:29:02	AG-Scribe: whoever you make offerings to, whoever you're thankful to in a higher
	realm, you'll go there, or you'll go to a lower realm. whatever you are in love with here,
20 20 40	you will go there
20:29:10	AG-Scribe: if you make an offering to Krishna you go to Him AG-Scribe: what does He want??
20:29:13 20:29:24	AG-Scribe: what does ne wanter? AG-Scribe: a leaf, a flower, a fruit, some water – so expensive!!??
20:29:29	AG-Scribe: a lear, a flower, a ffull, some water — so expensive:::: AG-Scribe: pretty easy to find those things
20:30:28	AG-Scribe: "awww, is that flower for me??" the dirty mangled dandelion petal from a
20.30.20	toddler. offer Me anything and Bhagavan loves it
20:30:42	AG-Scribe: that blade of grass dripping with your love
20:30:59	AG-Scribe: we put our hunger to love and serve into the flower
20:31:19	AG-Scribe: He's waiting until we're ready
20:31:28	AG-Scribe: and no amount of money needed to practice this
20:31:38	AG-Scribe: person to person!!
20:32:00	AG-Scribe: no congregation or intermediary needed
20:32:17	AG-Scribe: whatever we want we can go there
20:32:46	AG-Scribe: and then do Christmas "Krishna's mas"
20:33:01	AG-Scribe: Christianity the charisma of Krishna Christos
20:33:10	AG-Scribe: Krishna's light
20:33:16	AG-Scribe: stay focused on the light
20:33:24	AG-Scribe: celebrate the most attractive being
20:33:31	AG-Scribe: v27 #365
20:34:45	AG-Scribe: redirect to Bhagavan. whatever you do. whatever you go to take or is given
	as a grace. even the inconvenience. offer it to Bhagavan
20:34:47	AG-Scribe: v28 #366
20:35:22	AG-Scribe: offer everything to Bhagavan
20:35:42	AG-Scribe: well, maybe not a McDonald's hamburger
20:35:55	AG-Scribe: better to start with that than nothing
20:36:22	AG-Scribe: but it will work eventually
20:36:53	AG-Scribe: and next you'll be offering a flower instead of the hamburger and you'll
	become a vegetarian
20:37:00	AG-Scribe: v29-31 #367-369
20:38:13	AG-Scribe: see everyone as a beloved
20:39:44	AG-Scribe: easy to forget and get lost for a little while, but Bhagavan won't forget
20:39:49	AG-Scribe: namaste = I see you as the atma
20:39:58	AG-Scribe: shanta rasa = hands balanced at heart
20:40:07	AG-Scribe: I am in a mood with Bhagavan similar to petting a pet animal
20:40:59	AG-Scribe: Bhagavan purrs when we offer things to Bhagavan
20:41:03	AG-Scribe: purrson lol
20:41:37	AG-Scribe: v32 #370
20:42:10	AG-Scribe: anyone who through karma is in a dark spot - if they simply establish this link
	with Bhagavan, eventually those karmas will wear off and not continue to hold them
	down.

20:46:11	AG-Scribe: Sandi says – in this translation we took a bit more liberty with this verse and de-chauvinized. compare it to a few other Gitas which have a very sexist leaning to it, denigrating women in most other translations.
20:42:21	AG-Scribe: #371
20:42:27	AG-Scribe: dharmic rulers. once you understand this it tempers everything you do
20:42:53	AG-Scribe: #372
20:42:57	AG-Scribe: manmana bhava
20:44:17	AG-Scribe: don't give everything away. OFFER it all to Bhagavan in His seva. how can I be of seva to You?
20:44:30	AG-Scribe: how can I reduce the pain and suffering around me if you're a leader??
20:44:38	AG-Scribe: dream of how to reduce peoples suffering
20:48:11	Q&A/Comment – Dr. Debanek: re v22 #360
20:51:40	Dr. Debanek: story re commentator and his interpretation of this verse Bhagavan carries the bhaktas' requirements on His back!
20:51:47	AG-Scribe: yes, it's all about this sublime and beautiful reciprocity and that it's all very personal
20:52:28	AG-Scribe: Krishna is still letting us go through our journey. that's why we're here
20:52:57	AG-Scribe: just because we approach Bhagavan it doesn't cancel out our journey and give us superpowers etc. the poignancy of us feeling and truly being so vulnerable and having a love that has nothing to do with my situation (or theirs)
20:53:04	AG-Scribe: my desire if for everyone to have this but I cannot force that
20:53:24	AG-Scribe: we become more and more refined in this intimacy. the gap between big and small disappears
20:53:37	AG-Scribe: we begin to understand that this is all taking place outside of us and within us. we the individual are having the "outside" experiences to decide where we're eventually going and what is the most important relationship
20:55:29	Q&A – Reivin: does Krishna ever define/use a word for culture? Kula? Does the term "vedic" mostly get understood in a material way because people think it's just another word for culture?
20:56:06	AG-Scribe: the first culture to apply that to is agriculture = our direct relationship with Mata Bhumi. we have lost several direct contacts we had with Mother Earth
20:56:11	AG-Scribe: e.g. building a fire to eat food and everything that was part of that, gathering wood, not taking too much, etc. This was all much more personal before.
20:56:49	AG-Scribe: our lifestyle has taken away our sense of connecting with nature, reciprocity
20:57:05	AG-Scribe: the culture is normally dependent on the region, the local trees etc.
20:58:24	AG-Scribe: dharma = deep cooperation with the laws of nature that causes a reciprocity and a culture, an agri-culture in the place where we live
20:58:42	AG-Scribe: we don't know this because we think we have a "culture" but it's distorted and separated, we don't know how the natural systems work. We are missing a "participatory" culture
20:59:13	AG-Scribe: danam = some form of giving, but not giving as charity which is either condescending or more of an afterthought
20:59:24	AG-Scribe: think of it more as circulation, spreading/sharing the resources, cooperating with the plants etc., integrating more with nature and the people who need more

20:59:46	Sandi - VASA: DANAM is not CHARITY - wrong connotation - Jeffrey suggests it should be circulation of energy throughout society
21:00:49	AG-Scribe: yajna = putting the ashes from the fire back into the garden. we have lost that whole chain of activity. we are out of the loop because we don't light the fire, gather and thank the trees,
21:01:27	AG-Scribe: if you want to go direct to Bhagavan you have to go through the devas too and try to develop the culture. Can't just go straight to Bhagavan without also developing the culture. Can't take everything and leave a dead planet.
21:02:27	Reivin Johnson: The exact answer I needed
21:02:34	AG-Scribe: Sandi says: Jeffrey's last Citti Media video on vegetarianism https://youtu.be/sf75VwX1N_0
21:03:18	Q&A – Aaron: #358 and 363 mirroring each other?
21:04:38	AG-Scribe: conversation around the "employees" (devas)
21:04:45	AG-Scribe: Abrahamics say do not talk to the hired help
21:05:03	AG-Scribe: out in nature and you know you're not alone
21:05:21	AG-Scribe: you can feel the consciousness, there's something behind everything
21:05:50	AG-Scribe: they were angry about the attention to the hired help
21:05:57	AG-Scribe: but whoever you thank, that thanks go to Bhagavan
21:06:13	AG-Scribe: but also have to direct your attention straight to him
21:06:29	AG-Scribe: we are likely to ask the devas for material benefit and get greedy
21:06:54	AG-Scribe: do not ask the devas for anything. say thank you for everything
21:07:20	AG-Scribe: then you'll become a deva and it's an experience we can have within matter
21:07:45	AG-Scribe: not here just to get here and go straight back to Bhagavan. we are here to have the whole experience. take all possible births. no time limit
21:07:54	AG-Scribe: but everything we do does have a result
21:08:22	AG-Scribe: and we realize the universe is an experiment made by something behind it

#299, Ch.7 v.19

bahūnām janmanām ante jñānavān mām prapadyate vāsudevaḥ sarvam iti sa mahātmā sudurlabhaḥ

After many, many births in pursuit of divine knowledge, one finally surrenders unto Me alone, saying: Vasudeva sarvam iti 'Vasudeva is the vast source of all and is everything'. Such a mahatma is very rare.

21:09:09	AG-Scribe: finally thinks it though and comes to the conclusion that Vasudeva Bhagavan is the source of it ALL.
21:09:18	AG-Scribe: can speed it up and thank Bhagavan for it all
21:09:55	AG-Scribe: if its moksha you want this lifetime you can't have addictions within matter. no penalty, but you will come back and try it again
21:11:09	AG-Scribe: papa punya sukha dukha
21:11:20	AG-Scribe: don't negate the realm of the devas, but it is a temporary step
21:11:44	AG-Scribe: you can go there, but you have to come back to being human before moksha. only humans can get moksha. devas have to become a human again
21:11:50	AG-Scribe: they can't just leave prakriti
21:12:03	AG-Scribe: have a big view of it all - sa mahatma sudur labhah

21:12:54	Beverly Akhurst: If there is an opportunity in a newsletter could we touch on the relationship between hetu and ritam?
21:13:04	Sharon Hinckley: Happy Diwali
21:13:27	Sandi - VASA: Thanks Andrea Parker & Ethan for SEWA this week!
21:13:40	AG-Scribe: we become a dipa - someone who has lit the lamp of Brahman in their heart
21:13:47	AG-Scribe:
	Om asato ma sad gamaya
	Tamaso ma sat gamaya
	Mrityor ma amritam gamaya
21:14:40	AG-Scribe: from the temporariness of prakriti to the immortality of Brahman. Asato/sad usually translated as from the unreal lead us to the real, but it's a mistranslation – it's all real
21:14:50	AG-Scribe: lead us from the temporary to the immortal
21:15:30	Sandi - VASA: Sat/asat: Eternal. One of the characteristics of the atma. The opposite is asat 'temporary'.
21:15:16	AG-Scribe: tamaso ma jyotir gamaya
21:15:48	AG-Scribe: please lead me to the light of Brahman, my origin and destination
21:15:58	AG-Scribe: mrityor ma amritam gamaya
21:16:44	AG-Scribe: om namo bhagavate vasudevaya
21:20:05	AG-Scribe: Namaste, happy Diwali!

HOMEWORK:

- Learn/study the 4 core verses –summary of the entire Bhagavad Gita Ch. 10, v 8-11, #380-383.
- Meditate on the AHAM phrases in Chapter 9, v 16-19 #354-357.