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# Season 2 Episode #4 Gita Comes Alive Learning Community hosted by VASA Publishing Jeffrey Armstrong | Kavindra Rishi

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### **September 29, 2021**

### Chapter 4: Creation, Yugas, and the Descent of Vedic Wisdom

19:07:41	AG-Scribe: Namaste
19:09:42	AG-Scribe: the guru is carrying something for everyone
19:10:04	AG-Scribe: like drinking water from their hands in the desert. their job is to carry the
	water they are living what they are teaching = Acharya
19:11:00	JA chants: guru mantras:

Om guru brahma guru vishnu guru devo maheshvaraha guru sakshat para brahma tasmai shri guruveh namaha

The guru reveals Brahma, the creator
The guru reveals Vishnu, the preserver
The guru reveals Shiva, the destroyer
The guru reveals the supreme Brahman
I offer my respects to such a divine guru.

Om ajna timirandhasya jnananjana shalakaya

# chakshur unmilitam yena tasmai shri guruveh namaha

I bow to the divine guru, who, with the torchlight of knowledge, has forced open my eyes that were blinded by the darkness of ignorance.

19:12:05	AG-Scribe: coming into the culture from the outside/coming in from the inside
19:12:42	AG-Scribe: they have the genetic support, vs the outcasts from other cultures being welcomed in
19:15:41	AG-Scribe: noticing the missing vitamins but there was no Q&A in the Western/ Abrahamic cultures, and everything is your fault. we start out in fear and terror
19:17:17	AG-Scribe: India never raised a large army and went out and raped and pillaged the rest of the world, although they had the ability, means, and technology
19:18:13	AG-Scribe: Bhagavan opens our eyes that the cosmos is an organization. He is not "born" – he appears, incarnates
19:19:54	AG-Scribe: don't we live in a beautiful, artistic, intentional universe? does anything just appear randomly into existence, or is it carefully constructed??
19:21:58	AG-Scribe: Christianity said yes there is a cause but there are no employees, you can't talk about the employees
19:22:15	AG-Scribe: Chapter 4 explains all of this
19:24:12	AG-Scribe: v.1: the sun is a being. He has a name and a son and a role – develop the universe/planet until it's ready to support human life which they seed. The role of a Manu, and we are called Manushya which is why we are called Mankind. Not because we are males. Manas-kind. the beings amongst all the other living entities who have manas = self-awareness faculty
19:24:43	AG-Scribe: each yuga cycle is a day of the creator Brahma. a very long time
19:24:50	AG-Scribe: and the numbers all add up to 9
19:25:27	AG-Scribe: the wobble of the planet causes the precession of the equinoxes, a very precise number of years and they also all add up to 9. we live in a base 9 cosmos which the vedic civilization explained in great detail
19:27:08	AG-Scribe: we are surrounded by grand intelligences, purposefulness and all of this is missing from Christianity. It is completely devoid of any science whatsoever, where we came from, why we came here, who we are
19:28:48	AG-Scribe: Vivasvan is the deva of the sun for millions and millions of years, as is his son the Manu
19:29:46	AG-Scribe: v.2: the creators passed the knowledge to the rulers who needed to know the context in which we are existing
19:30:09	AG-Scribe: the Manus planted our DNA on a planet which was ready. this gets us ready to do yoga. these beings who in charge of the planet were entrusted with the knowledge of yoga which equips us for life
19:31:01	AG-Scribe: this is the context of chapter 4
19:31:26	AG-Scribe: sometimes these yogic teachings get lost so Bhagavan comes as an avatar sometimes
19:31:34	AG-Scribe: tara = healing ava = descend
19:31:57	AG-Scribe: this knowledge got lost

19:32:11	AG-Scribe: v.3: our eligibility for receiving the yogic knowledge is having a friendly attitude to that being who is the source of everything. that attitude makes us eligible and nothing else is required. just ask to know more in a friendly way. that's why Bhagavan says he is giving us this secret knowledge
19:34:17 19:36:27	AG-Scribe: v.5: you've been here many times but you only have so much memory space AG-Scribe: Bhagavan is having a friendly, casual conversation with Arjuna as opposed to the powerful, all-scary Christian God who speaks from on high
19:37:48	AG-Scribe: v.7: I monitor the cooperation with the laws of nature and when it gets really low I descend there as an avatar to re-establish yoga
19:39:00	AG-Scribe: v.8: if the planet gets "parasites" Bhagavan comes down and exterminates them and fosters the development of the symbiots. there are either parasites or symbionts. Bhagavan sustains the symbiots. He was here 7500 years ago to get rid of the parasites. (but you can't actually kill anyone)
19:40:52	AG-Scribe: v.9: "last birth hall pass." you are not forced to take birth again at the death of your body - really listen to what is being said now! (said then, said now still alive)
19:42:53	AG-Scribe: v.10: stay in the state of love with Bhagavan
19:44:00	AG-Scribe: v.11: Bhajami Aham - Bhagavan is in the mood for love. He can't reciprocate until you invite him. as soon as you know how to be in the right mood, Bhagavan is yours. Mad bhava
19:45:34	AG-Scribe: get in the mood of loving Him, that's all you have to do. He reciprocates == no power differential. Which is exactly the opposite of Christianity. "The mean old nobodaddy" William Blake
19:45:52	AG-Scribe: He establishes the mood that we are in. So just stay in the mood of love. That's the secret! can it be that simple???
19:48:11	AG-Scribe: v.12: yajna. the give and take of material nature. a purposeful ceremony in which you say to the devas, I'm working with you, and they say great, here you can have everything. people with a lot in this life probably did a lot for the devas in a previous life
19:49:52 19:50:49	AG-Scribe: v.13: jumping from the love talk to the social body/varnas AG-Scribe: everyone who gets a body as a human already built their body by their past actions, and they are delivered by the 9 grahas, the planets of jyotish
19:52:18	AG-Scribe: v.14: if you don't be attached to the result, the result is not attached to you. that is the secret of karma. if you are not attached to the outcome it can't grab you
19:52:34	AG-Scribe: v.15: big secret! just stop wanting specific outcomes.
19:54:56	AG-Scribe: v.19: ** this is why "the Buddha" was named the Buddha - this is what he knew to do
19:55:13	AG-Scribe: v.20: nirvana = to possess nothing

19:56:05	AG-Scribe: interpretation of the Buddha's teachings was wrong - that we come from nothing and are going to nothing. this is wrong. nirvana means none of this is mine. I don't own anything. if you personify this you are a buddha. you do not claim ownership of anything within matter
19:56:36	AG-Scribe: questions? cameras on please!
19:58:24	Q&A – Reivin: v.11 - who is "Me" when you approach "Me" for a relationship? Bhagavan can take different forms, at least in our own understanding, especially if you don't know about Krishna
19:59:17	AG-Scribe: yes this is true. we have to know how to recognize Krishna. anything that is attractive we think is good enough
20:00:13	AG-Scribe: other literatures also display Krishna's attractiveness the Bhagavad Gita is the "not very romantic" description of what is possible
20:01:21	AG-Scribe: every thing of beauty is a little bit of Krishna and it's okay to be here for many experiences and try them all out, chase the mirror images of Him all over the place in prakriti. Can we attach just to Him himself and not fall in love and get attached to the wrong object?
20:02:49	Q&A – Hana: we have different ways of having a relationship with Bhagavan because we all have different ways of relating and being in love. Is there one way to be in that relationship, specific practices, or can we each have our own unique way of loving Bhagavan?
20:03:00	AG-Scribe: Hence the importance of the concept of guru
20:03:18	AG-Scribe: ahamkara = self-preoccupation
20:03:45	AG-Scribe: the disciple should go to the guru and surrender, and trust the guru as much as they trust Bhagavan
20:06:14	AG-Scribe: when you go flat on the ground your ahamkara gets crushed, disrupted. the notion that we are matter is what the guru is meant to remove. until that happens you can't see Bhagavan because you're looking through a curtain. as soon as that happens the knowledge will be transferred to you. you do what the guru says (nothing improper etc). that gets rid of your ahamkara
20:06:24	AG-Scribe: can't harm others, violate dharma
20:08:17	VASA - Jeffrey Armstrong: Secret is in the SEVA
20:08:23	AG-Scribe: a different part of you is activated. the self-serving part of you gets unstuck. if you offer that to Bhagavan, He cannot say no. Big secret! He is waiting for you to approach him!
20:08:39	AG-Scribe: so contrary to the ethos of the culture we live in where everyone is out for themselves more or less
20:09:22	AG-Scribe: surrender to the guru on the way to Bhagavan
20:10:44	Q&A – Aparna: v. 14 no attachment to action, vs v.7/8 where there is directed action to rid the world of adharma
20:12:09	AG-Scribe: yes there is inherent contradiction. knowing dharma is knowing what is the correct thing to do, without attachment to the outcome. both are required. dharma within prakriti is based upon the ritam. can't violate it and say but I had good intentions, I offered this murder spree to Bhagavan!! yes it is paradoxical

20:13:32	AG-Scribe: we understand that we are an atma here on a journey and we eventually will give ALL of ourself to Bhagavan, even if externally we don't show that at all
20:13:53	AG-Scribe: what we do with Bhagavan is not externally visible
20:14:49	AG-Scribe: but get into the mood with Bhagavan and never get out of it you can't go wrong with that!
20:16:16	Q&A – Geza: v.11 - relationship mood - do despicable people have a relationship with Bhagavan like the famous asuras or tyrants like Pol Pot or Idi Amin?
20:16:52	AG-Scribe: the story of Ravana in the Ramayana is instructive. He was a yogi
20:17:22	AG-Scribe: we can get distracted as humans by being in matter. prakriti is a distraction though it is useful for us to find out about ourselves
20:18:19	AG-Scribe: when you become a yogi you become a new person with a unique one-pointed interest and you become more isolated from other people, like an elite athlete. no match to yourself
20:19:18	AG-Scribe: you can become so perfected in yoga that you develop siddhi. you automatically gain material powers as a result of changing your relationship to matter, but it can make you so perfect that you lose your sense of connectedness to humans
20:20:14	AG-Scribe: the gap between you and everyone else becomes huge and you also get powers that you can achieve what you want in matter
20:20:44	AG-Scribe: so then it might invert and they go back to dominating others with the ability that they have. devas can't do that but humans can
20:21:10	AG-Scribe: devas can only act like devas but humans can act like devas or asuras and become overpowered by their powers and misdirect them
20:21:22	AG-Scribe: asura is a human gone bad. devas don't go bad.
20:21:35	AG-Scribe: asuric humans can lose all perspective
20:24:09	AG-Scribe: v.22: have completeness of being without any feedback from the realm of matter. not dependent on satisfaction in matter
20:24:41	AG-Scribe: asuras try to get as much satisfaction from matter as possible but it does not give the inner satisfaction that the yogi experiences
20:27:29	AG-Scribe: v.23: everything you do as a yajna - everything you do requires no outcome. your focus is always on Bhagavan. you are responsive to the ritam in prakriti but you don't cause any ripples
20:27:46	AG-Scribe: rulers can't do this because they have to keep society in balance. a yogi can do this
20:28:42	AG-Scribe: v.24: this is the verse "god" comes from
20:29:16	AG-Scribe: the hutam is when you place whatever you are placing into the fire and the smoke arises = the hutam = gutam = gut = God
20:29:29	Laura Plumb: Flemish - Hut
20:29:34	AG-Scribe: a very minor part of the yajna. the smoke arising from a pagan yajna
20:33:15	AG-Scribe: v.28: ashtanga yoga - so many ashtanga yogis have taken birth again right now throughout the world
20:34:18	AG-Scribe: tapasya - an activity done correctly aligned with the ritam and dharma. the doer becomes aligned with karma and as the atma. "tapasya svadhyaya ishvara pranidana kriya yogaha" – Patanjali's Yoga Sutras

20:34:27	AG-Scribe: bring the body under your control = tapas
20:35:17	AG-Scribe: you must develop through these particular actions - you are channeling your
	inner fire into svadhyaya - having an image of self that doesn't vary - as the atma only
	always
20:36:24	AG-Scribe: ishvara pranidana - the climb up the various divine beings which culminates
	in us having a relationship with Bhagavan. at first we are introducing ourselves to all the
	divine beings who are running the cosmos. it's an exploration of all of it. like going
	around and visiting all the world's interesting people
20:36:33	AG-Scribe: start talking to the devas
20:36:53	AG-Scribe: we can't tell them from Bhagavan at first but if we get in the right mood with
	Bhagavan we can skip the rest
20:39:17	AG-Scribe: a whole series of methodologies to connect to Brahman. Different systems
	and methods in the vedas. Up to you.
20:39:56	AG-Scribe: this is the ultimate knowledge of autonomy. we came here by choice and we
20.33.30	will decide when we go back. Bhagavan is just waiting for a little loving attention, just
20.40.44	the right mood when we are not distracted by anything else
20:40:44	AG-Scribe: just chanting mantras to Bhagavan. I am in charge of this!!
20:40:52	AG-Scribe: I won't do what my senses tell me
20:41:18	AG-Scribe: I restrict my sensory activity and I'm not invested in any of it. Samadhi
20:44:06	AG-Scribe: v.34: the guru's own will is removed from this process. the guru is just
	speaking the Vedic knowledge. he is not attached to the outcome. share this divine
	knowledge with the world
20:44:46	AG-Scribe: the guru is not in charge of what is happening. only in charge of one pointed
	focus and doing it all for Bhagavan
20:47:49	AG-Scribe: v.39: shraddha XX faith. what you directly see
20:50:38	AG-Scribe: v.41: science = "to cut". the sword of yogic discernment separates one thing
	from another. the jnana
20:51:03	VASA - Jeffrey Armstrong: Shraddha is NOT to be translated as faith. check the glossary
Hamasınanlırın	and the control of the second
nomework:	nemorize the meaning of Shraddha - if you didn't memorize it from Season 1 yet 🗟
20:52:18	AG-Scribe: questions, comments?
20:53:35	Zubin Parihar: Your Shraddha is expanding
20:54:30	Kate: New dimensions are added every time and I am slowly beginning to understand
	the scope of the bigger vision
20:56:18	Q&A – Laura: can you please elaborate more on shraddha?
20:56:36	AG-Scribe: the very essence of what this chapter describes as a many lifetime journey
20:56:47	AG-Scribe: we come up through the species and the human possibilities
20:57:09	AG-Scribe: Bhagavan is keeping track of each one of us, a beloved on a long journey of
	learning
20:57:22	AG-Scribe: shraddha is our progress in becoming qualified. an inner knowing that can't
	be removed. something you know and cannot deny, and you must follow that knowing
20:57:57	AG-Scribe: it can be tamasic, rajasic or sattvic
20:58:17	AG-Scribe: sattvic Shraddha – "shhh Radha"

20:58:33	Zubin Parihar: SOOOOO GOOOOOOD!!!
20:58:48	AG-Scribe: "Krishna's got a girlfriend"
21:01:35	Laura Plumb: Thank you
21:01:36	AG-Scribe: Prema. The Bhagavad Gita is the doorway to the ultimate form of love and beauty
21:02:08	AG-Scribe: Sandi: it is a love story. How to be in love with the supreme
21:02:46	AG-Scribe: it is not a war story and it is not sexist
21:03:46	AG-Scribe: next Wednesday - beginning of Navaratri Oct 6-14th. October 3rd master
	class on the devis
21:05:03	AG-Scribe: mad bhava - "abhav and beyond"
21:05:03	Zubin Parihar: i GET IT
21:07:08	AG-Scribe: the mood of love
21:09:54	AG-Scribe: you learn there is a mood and you can stay in the mood. this is the role of the
	guru
21:11:12	VASA - Jeffrey Armstrong: Krishna = attraction Radha = radiance
21:12:54	VASA - Jeffrey Armstrong: The Song of the Universal Light

## JA chants: Jaya Radha Madhava

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Jaya Radha Madhava kunja bihari Gopi jana vallabha giri vara dhani Jasoda nandana vraja jana ranjana Jamuna tira vana cari hare krishna krishna krishna hare hare hare rama hare rama rama hare hare

7 July By May COOOOO COOOOOO

The waters of the cosmic river (Jamuna) flow like a million magic springs purer than crystal. On its banks (tira) the garden of tranquility (Vraja), wherein dwells peace and light, stretches out to infinity. The celestial love (Madhava), hero of the goddess of completeness, lifts the great protective hill (Giri Vara) and gazes upon the divine beauty of the queen of pure love (Radha). With the young maidens of the transcendental village (gopi), the son of the divine mother (Jasoda) enters deeply into the enchanted forest and brings infinite joy to all the children of the sacred land.

21:13:54	AG-Scribe: Krishna the most attractive being and Radha the most radiant being. like a black hole attracting light. Krishna = the dark one, the most attractive being. Radha = radiance, the emanation of our atma and all emanating realities.
21:14:14	AG-Scribe: sword of discernment - what to be and how to be it
21:14:16	VASA - Jeffrey Armstrong: https://l-unite.ning.com/group/chants-
	spirituels/forum/topics/atlantis-angelis-solaris-universalis-etc-patrick-bernard
21:14:57	AG-Scribe: we define and create our future by that loving relationship
21.15.50	AC Comit of talks the array mand of the would and quitable to the mand of law that

21:15:50 AG-Scribe: take the crazy mood of the world and switch it to the mood of love that drives you crazy in the most wonderful way

21:16:05 Laura Plumb: Mad Bhav to all! Thank you

21:16:47 AG-Scribe: jaya radhe shyam jai shri krishna jai bhagavan