

- MENU -





breakfast	
"Lust for Life" Breakfast # 420g	48
bacon, white cow cheese, pressed cheese, cucumbers,	
fresh sausages, eggs , olives, tomatoes, pepper,	
red beet, oil, thyme, parsley, garlic	
Eggs Benedict with Bacon/Smoked Salmon #300g	36
croissant* (flour, butter, sugar, eggs) bacon/smoked	30
salmon*, eggs, Hollandaise Sauce, green salad	
Poached Eggs #240g	36
eggs, peppers, spicy sausage, ham, pressed cheese, oil	30
Fried Eggs 3 pcs. #180g, eggs, oil	18
Omellette #180g, eggs, oil	18
Extra topping for omellette #20g	4
green pepper / onion / mushrooms / tomatoes /	4
bacon / pressed cheese / pastrami	14
Croissant with Butter #115g	14
croissant* (flour, butter, sugar, eggs), jam	
appetizers	
Carp Roe Salad #150g	22
Carp Roe Salad (carp roe, cod roe, olive oil, salt,	
lemon juice), Kalamata olives, red onion.	
Fisherman's Snack #380g	70
Carp roe salad, cold-smoked mackerel,	
spicy marinated sardines, silver carp	
pastrami, silver carp loin.	70
Romanian delicacies #380g	70
Tomatoes, cucumbers, aged cheese , aged cheese specialty , ghiuden (a type of smoked sausage),	
babic (a type of traditional sausage), beef pastrami,	
smoked pork neck, green onions, smoked bacon,	
marinated turkey breast.	
Eggplant Salad #250g	19
eggplant*, oil, onion, tomatoes	
Mashed Beans #260g	19
beans, garlic, tomato paste, onion, oil	
Beef Salad #310g	29
beef rump, potatoes, mayonnaise dressing, carrots, ped	as,
pickled bell peppers, pickled cucumbers (with mustard	
seeds), Kalamata olives, salt, pepper, sourdough bread	
Traditional "Bulz" with Eggs and Bacon #440g	32
polenta, sheep cheese, eggs, cow cheese, smoked bacc	
Chicken Croquettes & Calipso Sauce #260g chicken breast*, flour, eggs, corn flakes, Calipso sauce	32
(mayonnaise, cream, ketchup, sugar, garlic, brandy)	
Fried Pressed Cheese #220g	32
pressed cheese, eggs, flour, breadcrumb,	J_
white cow cheese	
Chicken & Mushrooms Pancake #320g	32
chicken breast*, eggs, milk, cream,	
mushrooms, onion, flour , dill, spices	
Cheese & Cream Polenta #625g	32
white cow cheese, cream, cornmeal, oil	
Zucchini au Gratin with Cream & Garlic Sauce #240g	24
zucchini, cream with garlic sauce, flour,	
eggs, salt, pepper	

salads

Chicken and Mushroom Salad #280g	32
champignon mushrooms, chicken breast*, mayonnaise,	
pickled cucumbers (with mustard seeds), salt, pepper,	
sourdough bread	
Caesar Salad #270g	39
roman salad, chicken breast*, croutons (bread ,	
olive oil, oregano), gran formaggio cheese , dressing	
(eggs, mustard, worchester sauce, oil, tabasco sauce,	
gran formaggio cheese, anchovies' fillets, lemon,	
pepper)	
Smoked Salmon Salad #450g	44
smoked salmon , green salad (salate latughino verde	
& rosso, rocket, baby spinach, valerian), red, green	
and yellow pepper, avocado, cucumber,	
cherry tomatoes, red onion, eggs , dressing (olive oil,	
lemon, sugar, capers, salt, pepper, sparkling water)	
	44
grill pork neck, green salad (salate latughino verde	
& rosso, rocket, baby spinach, valerian), red pepper,	
cucumbers, tomatoes, dressing (olive oil, lemon, salt,	
pepper, oregano)	20
	39
boneless chicken breast, basmati rice, cucumbers,	
radish, carrots, green peas, avocado, green onion,	
sesame seeds, dressing (olive oil, lemon, salt,	
pepper, honey, Teriyaki sauce)	
soups	`
	25
boiled chicken meat* (from a whole chicken), onion,	
potatoes, carrots, eggs, bell pepper, celery root,	
tomatoes in tomato sauce, tomato paste, oil, salt.	
	25
pork, eggs, rice, bell pepper, carrot,	
celery, onion, greens	
Veal Sour Soup #450g	25
beef*, celery , parsnip, carrots, onion, peppers,	
zucchini, borsch, oil, tomato paste, tomatoes in	
own sauce, greenery	
Beans Soup with Smoked Bacon #400g	25
smoked bacon, pork bone, dried beans, celery,	
carrots, white onion, pepper, tomato paste,	
tomatoes in own sauce, oil, lavage	
Rădăuți Chicken Sour Soup #420g	25
chicken meat, onion, carrots, eggs, cream,	
vinegar, garlic, pepper, greenery	
Peasant's Soup with Smoked Ribs #420g	27
smoked pork ribs, eggs, cream, onion, celery,	
parsnip, carrots, potatoes, borsch, oil, tomatoes	
in own sauce, lavage, spices, greenery	
	24
carrots, carrots, onion, celery , pepper, zucchini,	
oil, pepper, croutons	_
	27
tripe*, beef bones, eggs, cream , onion, carrots,	
garlic, celery , pickled red peppers, oil, vinegar , spices	

fish

Carp in cornmeal Crust

with Polenta and Garlic Sauce #530g polenta (cornmeal, water, salt, oil), fried carp (carp*, oil, cornmeal, flour, salt), garlic sauce (garlic, water).	42
Sea Bass on Grill with Herbs #260g sea bass, rosemary, lemon, olive oil, pepper	49
Salmon with Sweet-Hot Sauce #240g salmon fillet, salt, pepper, peperoncini, olive oil, baby	62
spinach, beetroot, Dijon mustard , pepper, white wine Trout on Grill with garlic sauce and polenta #620g <i>trout, spices, polenta, garlic sauce</i>	46
Pan-Fried Sea Bream #260g sea bream, pepper, oil, tomatoes, garlic, basil	46
burgers	
Lamb Burger with Potatoes #425g sesame bun, minced mutton, pressed cheese, red onion, onion, tomatoes, pickled cucumbers,	46
goat cheese, cream, mint, salt, pepper, potatoes, Black Angus Veal Burger with Potatoes #400g sesame bun, salad, Black Angus veal meat, onion,	46
pressed cheese, tomatoes, roșii, pickled cucumbers, tomatoes, mayonnaise, cream, greenery, potatoes, Halloumi Burger with Potatoes #370g sesame bun, halloumi, zucchini, red onion, mustard,	44
honey, mint, olive oil, salad, potatoes, salt,	
pepper, tomatoes	
grill	
Beef Steak #150g	85
Pork Chops #230g Pork Neck #180g	48 38
Pleșcoi Sausages #150g, veal &sheep meat, spices	38
Fresh Sausages #170g	38
Chicken Breast #160g	34
Turkey Breast #160g	37
Boneless Chicken Legs #240g	37
Romanian Grilled Minced Meat Rolls #75g	9
veal&pork&sheep meat, garlic, paprika, sodium bicarbonate	
platters for families & group	<u> </u>
Chicken in cauldron with fried potatoes	75
for 1-2 #1250g	
fried chicken in cauldron (whole chicken*, salt, pepper, lard), fried potatoes with gran formaggio cheese , sour	•
cream sauce with garlic	440
Home-style platter, for 1-2 #1455g	119
fried potatoes with gran formaggio cheese , grilled bon	
chicken thighs, pickled bell peppers, grilled pork neck, g minced meat rolls, Pleşcoi sausages (a type of Romanic sausage), grilled fresh sausages	
"Hora" of the Romanian Grilled	
Minced Meat Rolls, for 3-4 #1800g	144
14 Romanian grilled minced meat rolls, fried potatoes	
with gran formaggio cheese	

p	latters	for	fami	lies	&	gro	ups
		_					

Family Platter, for 3-4 #2790g 290 fried chicken in cauldron (whole chicken*, salt, pepper, pork lard), fried potatoes with gran formaggio cheese, ovenbaked pork ribs, grilled pork neck, grilled fresh sausages, sheep pastrami, barbeque sauce, **sour cream** sauce with

main dish

garlic.

Duck with Cabbage #460g	6
duck leg, red cabbage, onion, pepper, orange,	
sugar, red wine , aceto balsamico, raisins,	
apple, bay leaves, thyme	
Mushroom Stew with Polenta #600g	3

peppers, omon, celery, flour, am,
mushrooms, oil, cornmeal, pepper
Fried Chicken Livers with Garlic an
chicken livers*, white wine, garlic,

Fried Chicken Livers with Garlic and Wine #240g
chicken livers*, white wine , garlic, pepper
Chicken/Turkey/Pork Schnitzel #110/#220g

chicken livers , white whie, gurlic, pepp
Chicken/Turkey/Pork Schnitzel #110/#2
chicken*/turkey*/pork* meat, eggs ,

smoked pork knuckle, cabbage/dried beans,

chicken*/turkey*/pork* meat, egg	1
bread crumbs, flour, spices	
Oven Baked Pork Ribs #450g	

10. Cara C. C
Oven Baked Pork Ribs #450g
pork ribs, spices
Daula Karralda

pork ribs, spices
Pork Knuckle
with Cooked Cabbage or Baked Beans #1100g

tomato paste, oil, dill, spices, carrots,
green peppers, onion, celery
Transylvanian Goulash #480g

veal meat*, onion, green and kapia peppers, potatoes,
garlic, tomato paste, wine, oil, spices, pepper
Spicy Pan #330g
pork fillet and pork neck*, chicken breast*,

onion, green and kapia peppers, oil, garlic,	chilli,
pepper, white wine , flatbread	
Minced Meat in Cabbage Rolls	

pepper, wille wille, jidibi	Euu		
Minced Meat in Cabbage	Rolls		
with Polenta #575g/#725g			
veal & nork minced meat	smok		

with Polenta #575g/#725g
veal & pork minced meat, smoked bacon,
smoked lard, onion, pickled cabbage, rice,

tomato paste, pepper, thyme, cornmeal			
Pan-fried Sheep Pastrami with Polenta #450g			
sheep pastrami, garlic, wine, thyme, cornmeal, salt			
Romanian Cream of Mushroom			

with Chicken and Polenta #600g				
chicken breast*, mushrooms, flour, milk,				
white pepper, salt, cornmeal, oil				

white pepper, salt, cornmeal, oil
Sausages with Cabbage or Beans #470g
sausages, cabbage/dried beans, tomato paste,

sausages, cabbage/dried beans, tomo
oil, dill, carrots, green peppers, onion,
spices, salt, pepper, bay leaves/thyme

spices, salt, pepper, bay leaves/thyme
Roasted Pork Neck
with Truffled Mashed Potatoes #480g

k	Neck
d	Mash

(Neck
	Mash

uffl	ed	M	as	h
eck,	тı	ıst	ra	a

with Tr pork ne **l,** oil, **red wine**, potatoes, milk, truffles sauce, butter, salt, pepper

4

2

36

27/36 **52**

58

46

46

38/48

58

34

46

onion, celery

46

side dishes

Mashed Potatoes #300g	13
potatoes, milk, butter, salt	42
Basmati Rice #250g basmati rice, anise, salt	13
Spinach with Garlic #300g	18
spinach*, onion, garlic, oil, spices	
Fried Potatoes with Gran Formaggio Cheese #250g	14
potatoes, gran formaggio cheese ,	
garlic powder, parsley, salt, pepper	10
Grilled Vegetables #240g tomatoes, zucchini, onion, mushrooms,	18
kapia peppers, dressing (basil leaves, olive oil,	
pepper, garlic, salt, pepper)	
Mushroom Saute #450g	18
Champignon mushrooms, garlic, white wine,	
olive oil, parsley, spiced bread, sugar, condiments	
Cooked Beans #350g	16
beans, tomato paste, carrot, onion,	
green pepper, celery, salt, thyme Cooked Cabbage #500g	14
cabbage, tomato paste, oil, dill, carrot, onion, spices	14
Polenta #180g	8
cornmeal, salt	
accompanying salads	
	4.4
Green Salad #120g green salad, dressing (lemon juice, olive oil, salt, peppe	14
green salaa, aressing (lemon juice, olive on, sait, pepp	21)
Tomatoes/Cucumbers Salad #300g	14
Tomatoes/Cucumbers Salad #300g Baked Pepper Salad #240g	14 18
Baked Pepper Salad #240g	14 18 14
	18
Baked Pepper Salad #240g White Cabbage Salad #260g	18 14
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g	18 14 14
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g	18 14 14 14
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g Onion Salad #200g extra	18 14 14 14 12
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g Onion Salad #200g Extra Flatbread (flour, yeast, butter, sugar, salt) #90g	18 14 14 14
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g Onion Salad #200g extra	18 14 14 14 12
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g Onion Salad #200g Extra Flatbread (flour, yeast, butter, sugar, salt) #90g White Bun* #45g	18 14 14 12 12 3 8
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g Onion Salad #200g EXTTa Flatbread (flour, yeast, butter, sugar, salt) #90g White Bun* #45g Sourdough Bread #120g white flour/ whole wheat meal BIO, filtered water, salt sunflower seed, linseed	18 14 14 12 12 3 8
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g Onion Salad #200g EXTTa Flatbread (flour, yeast, butter, sugar, salt) #90g White Bun* #45g Sourdough Bread #120g white flour/ whole wheat meal BIO, filtered water, salt sunflower seed, linseed Bread Croutons #50g	18 14 14 14 12 12 3 8 8 l/t, 3
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g Onion Salad #200g EXTTa Flatbread (flour, yeast, butter, sugar, salt) #90g White Bun* #45g Sourdough Bread #120g white flour/ whole wheat meal BIO, filtered water, salt sunflower seed, linseed Bread Croutons #50g Garlic Sauce (garlic, water, salt) #70g	18 14 14 12 12 3 8 8/t,
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g Onion Salad #200g EXTTA Flatbread (flour, yeast, butter, sugar, salt) #90g White Bun* #45g Sourdough Bread #120g white flour/ whole wheat meal BIO, filtered water, salt sunflower seed, linseed Bread Croutons #50g Garlic Sauce (garlic, water, salt) #70g Horseradish Cream Sauce #70g	18 14 14 12 12 3 8 8 /t, 3 6 6
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g Onion Salad #200g Extra Flatbread (flour, yeast, butter, sugar, salt) #90g White Bun* #45g Sourdough Bread #120g white flour/ whole wheat meal BIO, filtered water, salt sunflower seed, linseed Bread Croutons #50g Garlic Sauce (garlic, water, salt) #70g Horseradish Cream Sauce #70g Garlic Cream Sauce #70g	18 14 14 14 12 12 3 8 8/t, 3 6 6 6 6
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g Onion Salad #200g EXTTa Flatbread (flour, yeast, butter, sugar, salt) #90g White Bun* #45g Sourdough Bread #120g white flour/ whole wheat meal BIO, filtered water, salt sunflower seed, linseed Bread Croutons #50g Garlic Sauce (garlic, water, salt) #70g Horseradish Cream Sauce #70g Garlic Cream Sauce #70g Ketchup #70g	18 14 14 12 12 3 8 8 /t, 3 6 6
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g Onion Salad #200g Extra Flatbread (flour, yeast, butter, sugar, salt) #90g White Bun* #45g Sourdough Bread #120g white flour/ whole wheat meal BIO, filtered water, salt sunflower seed, linseed Bread Croutons #50g Garlic Sauce (garlic, water, salt) #70g Horseradish Cream Sauce #70g Garlic Cream Sauce #70g	18 14 14 12 12 3 8 8 /t, 3 6 6 6 6 6
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g Onion Salad #200g EXTTa Flatbread (flour, yeast, butter, sugar, salt) #90g White Bun* #45g Sourdough Bread #120g white flour/ whole wheat meal BIO, filtered water, salt sunflower seed, linseed Bread Croutons #50g Garlic Sauce (garlic, water, salt) #70g Horseradish Cream Sauce #70g Ketchup #70g Barbeque Sauce #70g	18 14 14 12 12 3 8 8 /tt, 3 6 6 6 6 6 6
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g Onion Salad #200g Extra Flatbread (flour, yeast, butter, sugar, salt) #90g White Bun* #45g Sourdough Bread #120g white flour/ whole wheat meal BIO, filtered water, salt sunflower seed, linseed Bread Croutons #50g Garlic Sauce (garlic, water, salt) #70g Horseradish Cream Sauce #70g Garlic Cream Sauce #70g Ketchup #70g Barbeque Sauce #70g Mayonnaise Sauce #70g Calipso Sauce #50g cream, mayonnaise, ketchup, sugar, garlic, brandy	18 14 14 12 12 3 8 8 /t, 3 6 6 6 6 6 6 6
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g Onion Salad #200g EXTTA Flatbread (flour, yeast, butter, sugar, salt) #90g White Bun* #45g Sourdough Bread #120g white flour/ whole wheat meal BIO, filtered water, salt sunflower seed, linseed Bread Croutons #50g Garlic Sauce (garlic, water, salt) #70g Horseradish Cream Sauce #70g Garlic Cream Sauce #70g Ketchup #70g Barbeque Sauce #70g Mayonnaise Sauce #70g Calipso Sauce #50g cream, mayonnaise, ketchup, sugar, garlic, brandy Mustard #70g	18 14 14 12 12 3 8 8 /tt, 3 6 6 6 6 6 6 6 6 6 6
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g Onion Salad #200g EXTTA Flatbread (flour, yeast, butter, sugar, salt) #90g White Bun* #45g Sourdough Bread #120g white flour/ whole wheat meal BIO, filtered water, sals sunflower seed, linseed Bread Croutons #50g Garlic Sauce (garlic, water, salt) #70g Horseradish Cream Sauce #70g Garlic Cream Sauce #70g Ketchup #70g Barbeque Sauce #70g Mayonnaise Sauce #70g Calipso Sauce #50g cream, mayonnaise, ketchup, sugar, garlic, brandy Mustard #70g Cream #100g	18 14 14 12 12 3 8 l/t, 3 6 6 6 6 6 6 6 6 6 6 6
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g Onion Salad #200g EXTTa Flatbread (flour, yeast, butter, sugar, salt) #90g White Bun* #45g Sourdough Bread #120g white flour/ whole wheat meal BIO, filtered water, salt sunflower seed, linseed Bread Croutons #50g Garlic Sauce (garlic, water, salt) #70g Horseradish Cream Sauce #70g Garlic Cream Sauce #70g Ketchup #70g Barbeque Sauce #70g Calipso Sauce #50g cream, mayonnaise, ketchup, sugar, garlic, brandy Mustard #70g Cream #100g Butter #40g	18 14 14 12 12 3 8 8/t, 3 6 6 6 6 6 6 6 6 6 6 6
Baked Pepper Salad #240g White Cabbage Salad #260g Beetroot Salad with Horseradish #220g Pickled Cucumber Salad #200g Onion Salad #200g EXTTA Flatbread (flour, yeast, butter, sugar, salt) #90g White Bun* #45g Sourdough Bread #120g white flour/ whole wheat meal BIO, filtered water, sals sunflower seed, linseed Bread Croutons #50g Garlic Sauce (garlic, water, salt) #70g Horseradish Cream Sauce #70g Garlic Cream Sauce #70g Ketchup #70g Barbeque Sauce #70g Mayonnaise Sauce #70g Calipso Sauce #50g cream, mayonnaise, ketchup, sugar, garlic, brandy Mustard #70g Cream #100g	18 14 14 12 12 3 8 l/t, 3 6 6 6 6 6 6 6 6 6 6 6

desserts Biscuit Cake #200g 30 biscuits, butter, cocoa, black chocolate, chocolate liqueur, eggs, sugar, milk, flour Oreo Cake #165g 34 Oreo biscuits, Philadelphia cheese, cocoa, chocolate, sodium bicarbonate, eggs, sugar, flour, butter, whipped cream Icecream - coups #50g 8 vanilla/chocolate/berries **Romanian Cheese Donuts** with Cream and Jam #250/#500g 18/28 sweet cow cheese, eggs, flour, sugar, rum&vanilla essence, cream, jam, sodium bicarbonate Pancakes with Cheese and Raisins #340g 24 flour, milk, eggs, sweet cow cheese, raisins, rum essence, sugar, **cream** Banana & Cocoa Cream Pancakes #265g 24 flour, eggs, milk, cocoa cream, powder sugar, banana Jam Pancakes #160g 18

29

Dear guests,

flour, eggs, milk, jam Romanian Donuts #250g

This is an assisting menu.

The prices are expressed in LEI and include VAT. The prices are valid for this edition of the menu. The weights represent the average value of the finished portions.

flour, eggs, yeast, milk, sugar, vanilla&rum essence

The products are available while stocks last. We apologize for any temporary inconvenience.

We don't serve alcoholic beverages and cigarettes to minors according to Law 349/2002, OG 13/2003, Law 275/2003. Noncompliance is sanctioned with a fine of 1.000 to 5.000 ron.

Our products contain salt and food allergens or traces of: gluten, fish, nuts, peanuts, eggs, wine, mustard, milk, celery, soy, sesame.

In accordance with ANPC Order 183/2016 on informing consumers by economic operators engaged in the sale of products obtained from frozen products or frozen raw materials, the items in this list have been marked with an asterisk (*), which indicates products/from decongealed product, according to the "La Mama" menu, edition 1/2023.