

Valentine's Day is, like the kids say, literally right around the corner, and we've created a gift guide for all the special women in your life! Whether you want to show your appreciation or spread a little extra love this month, these luxurious gifts from proudly Canadian brands will be sure to make your loved lady feel very, very special. —Vita Daily



for your mom. Please, unless she's a true foodie, don't get mom another kitchen appliance. She doesn't really need it, and is it really for her? Instead, gift her a piece of thoughtful statement jewelry; we're loving the offerings from Ever & Ivy. The Special Moments Necklace (\$395) and Hearts of Me Earrings (\$325) are designed to make her feel ultra special. Between the freshwater pearls and the signature heart-shaped 14-karat-gold-coated charms, your mom can wear a reminder of the love you have for her. Whether she dresses these pieces up for a special occasion or wears them as an everyday staple, she'll feel the love wherever she goes!





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for your grandma. Give your grandma the gift of nourished skin with Iremia's Our Saviour Set (\$181). Cold winter weather can be tough on delicate, sensitive skin, and these products are guaranteed to leave skin feeling soft, moisturized and rejuvenated. The generous set includes a full-sized Soothing Lotion, full-sized Restorative Facial Oil and full-sized Protective Cream, all of which work to intensely moisturize with nourishing ingredients that fortify, soothe, support and protect skin's natural barrier and protect it. Bonus: these products are great for nourishing and deeply hydrating even the most sensitive skin.

for your best friend. Encourage your gal pal to relax after a long workday with Niyama's Sleep Like Buddha Bath Soak (\$25), boasting Dead Sea salts and magnesium flakes for real muscle relaxation benefits and pure organic essential oils of lavender, chamomile and juniper, plus the brand's 100 per cent Mulberry Silk Sleep Mask (\$25 and can help prevent creasing and wrinkling in the delicate skin around the eyes, too)! Perfect for unwinding and an excellent addition to any bedtime routine, gifting this bundle says, "Love yourself as much as I love you!".

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