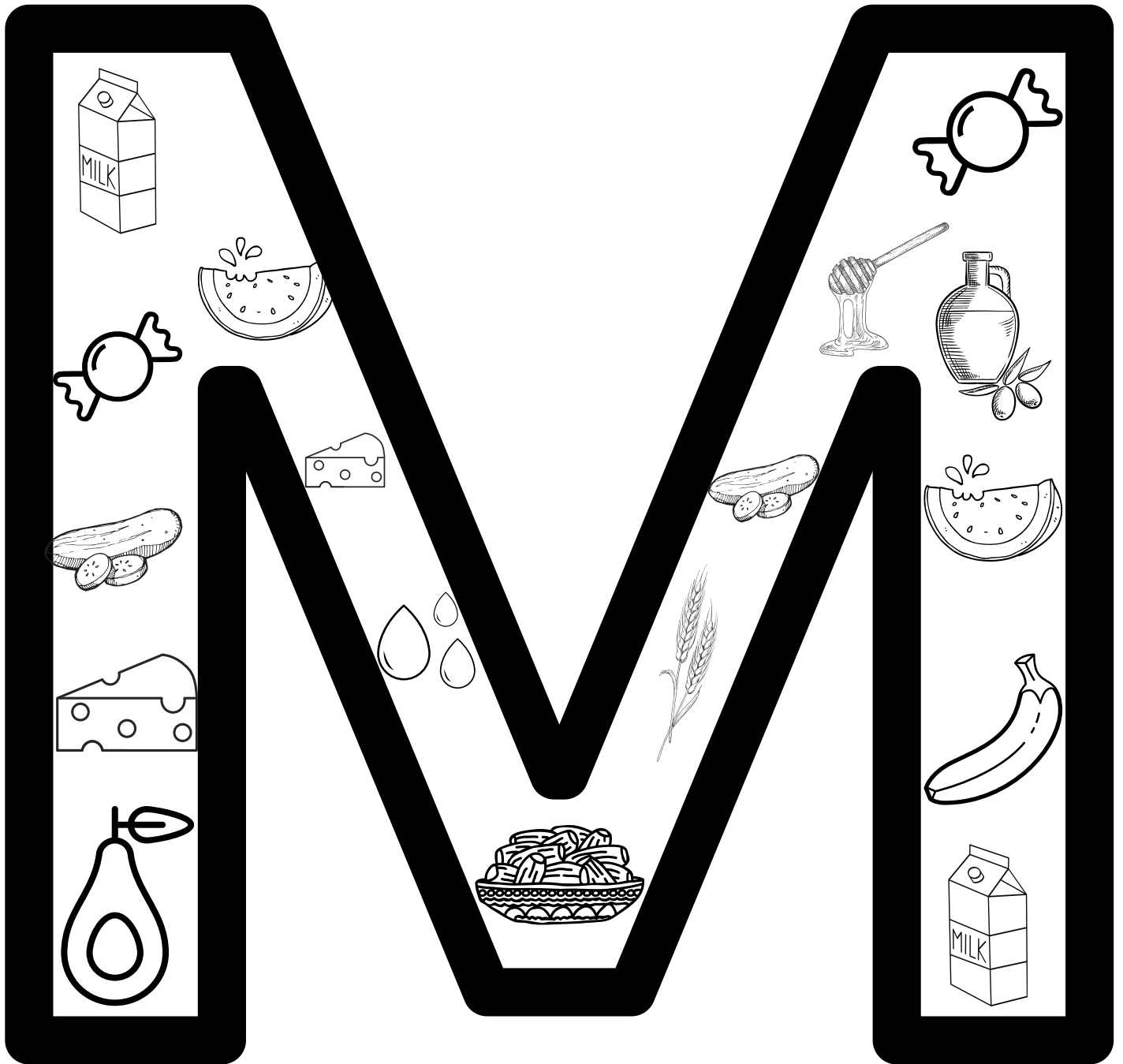


Hunting for Prophetic Foods

Find all the foods the Prophet (S) ate and color it in.
Then cut out the letter M.



GREEN DOME KIDS

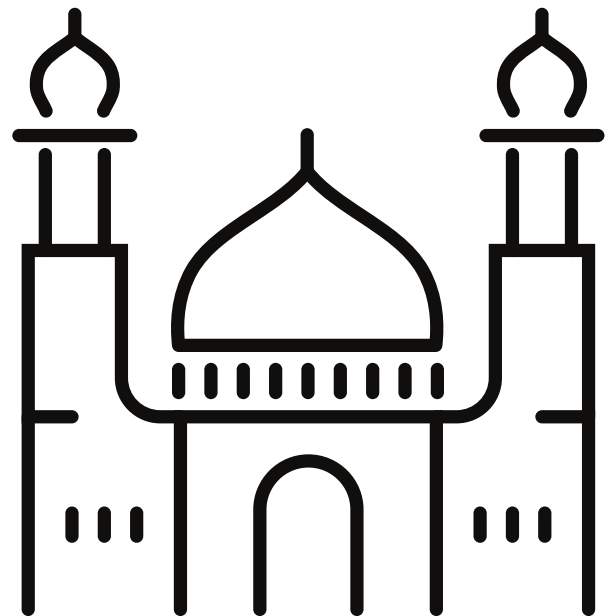
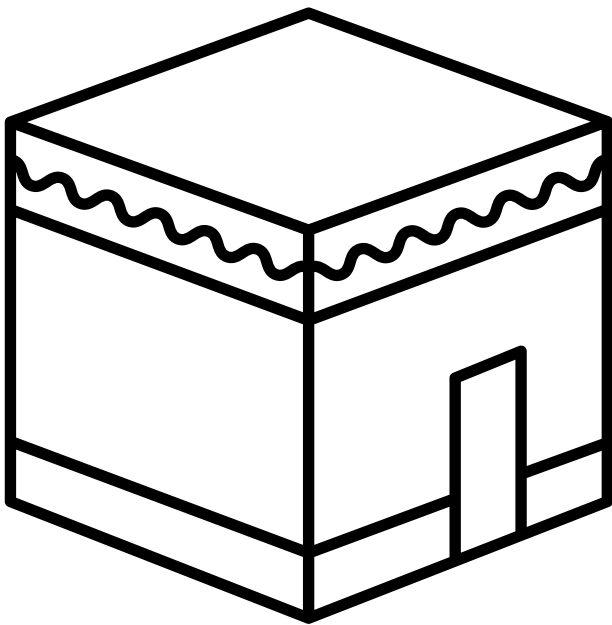
Helping parents feel confident in building a love for the Prophet (S) during the first 7 years

Directions: Trace the letters below. Then color in the images of the Kaba and Masjid an-Nabi.
The Prophet (S) lived in Mecca until he was in his fifties. After that, he (S) moved to Madinah. His (S) journey from Mecca to Madinah is called the Hijra.

Muhammad

Sallallahu Alaihi Wa Salam

Peace be upon him



GREEN DOME KIDS

Helping parents feel confident in building a love for the Prophet (S) during the first 7 years

Sources

It was narrated from Ibn 'Abbas (RA) that the Messenger of Allah (S) fasted while traveling until he reached Quda'id, then he called for a cup of milk and drank and broke his fast; he and his Companions.

(Sunan an-Nasa'i)

Narrated Aisha (RA): Allah's Messenger (S) used to love sweet edible things and honey. (Sahih al-Bukhari)

'Abdullah b. Ja'far (RA) reported: I saw Allah's Messenger (S) eating cucumber with fresh dates.

(Sahih Muslim)

Aisha (RA) reports that, Rasoolullah (S) ate watermelon with fresh dates.

(Ash-Shama'il Al-Muhammadiyah)

Narrated Abdullah ibn Umar (RA): The Prophet (S) was brought a piece of cheese in Tabuk. He called for a knife, mentioned Allah's name and cut it.

(Sunan Abi Dawud)

Abu Usayd (RA) said, "Rasulullah (S) said: 'Use olive oil in eating and for rubbing (on the body), for it is from a blessed tree'".

(Ash-Shama'il Al-Muhammadiyah)

Ibn Abbas (RA) says, I gave Rasoolullah (S) Zam-zam water to drink. He stood and drank it.

(Ash-Shama'il Al-Muhammadiyah)

It was narrated that Sad bin Ubadah said: "I said: 'O Messenger of Allah, what charity is best?' He said: 'Giving water to drink.'"

(Sunan Ibn Majah)

Narrated Yusuf ibn Abdullah ibn Salam: "I saw that the Prophet (S) took a piece of bread of barley and put a date on it and said, 'This is the condiment of this'".

(Sunan Abi Dawud)