

#### **LUNCH MENU** THE WAGYU BAR

@thewagyubar

### **APPETIZERS**

Our menu now features a refined selection, complemented by daily specials. Please inquire with your server for today's offerings and any favorites not listed.

Wagyu Picanha Crostini\* | 30 moru Colorado Wagyu Picanha, served on artisanal bread with chimichurri and avocado. Torched tableside.

Grilled Octopus | 18

Mediterranean Octopus, served with Venta de Baron Olive Oil and Paprika.

Proper Tequeños | 11

A different version of cheese sticks. Served with aioli sauce.

Beef Chicharron | 22

Delicious pieces of steak, deep fried, served on a bed of guacamole and chips

Sausage Platter | 16

A mix of world-class sausages: Argentinian linguica and chorizo, Spanish Chistorra, chimichurri and fresh baguette.

Add Blood Sausage +\$3

**Grilled Bone Marrow** aka: "Beef Butter" | 22

Buttery and sumptuous, served with crusty bread for spreading.

Wagyu Beef Carpaccio\* | 22 mayu Colorado Wagyu (BMS 7+) sliced thinly and served with Parmigiano.

Churrasco Roll | 22

Avocado roll, topped with USDA Prime Outside skirt and chimichurri.

Miyazaki-Gyu A5 Tartare\* | 55 A5 Miyazaki-Gyu classic beef tartare served with quail egg, avocado and tortilla chips.

Miyazaki-Gyu A5 Nigiri\* | 45 🕽 Torched slices of Japanese A5 Miyazaki-Gyu on sushi rice with sesame mayo and furikake.

Florida Roll | 14

Torched tableside.

A twist on the classic California Roll. This is the best California roll you will ever eat.

Ora King Salmon Nigiri\* | 40

Six pieces of Nigiri made with the best Salmon in the world. Served with Ponzu sauce.

Tuna Tataki\* | 19

AAA Bluefin tuna, marinated and seared with sesame seeds and served with Wasabi and Sesame mayo.

Grilled Romaine Caesar | 15

Grilled Romaine Caesar salad, accompanied by classic Caesar dressing, croutons, and Benton's smoked bacon. Chicken +\$9

Burrata Salad | 25

Italian Burrata nestled atop fresh arugula, paired with tomatoes presented in three textures: dehydrated, confit, and fresh.

French Onion Soup | 22

Artisan bread atop a layer of caramelized onions, infused with a rich beef broth base and gruvere cheese. Note that a vegan alternative is offered.

### NON BEEF

Lemon-Capers Branzino | 32

High quality skin-on Branzino cooked simply on the grill with a sauce made of lemon and capers. Served with rice or quinoa

Salmon Steak | 24

Delicious, sustainably raised King Salmon, served with sweet chili sauce (feel free to replace with our Japanese BBQ sauce). Served with rice or quinoa

Chicken Breast | 20

Bell & Evans all natural, organic chicken breast. Served with rice or quinoa

Grilled Octopus | 38

Two large tentacles of Octopus, served on a bed of mashed potatoes with olive oil and a side of chimichurri.

# JNCH PLATTERS

Served on a base of white rice or quinoa. Comes with a side of greens,

Filet Mignon | 18 Ribeye Steak | 20 Churrasco Bowl | 20 Picanha Steak | 18 moru A5 Japanese Wagyu Bowl | 55 🕽 Bison Bowl | 30

Dry Aged Sirloin | 24 45+ BBQ Salmon | 18 Chicken Breast | 16 Fried Chicken | 18

# IRGERS &

Dry Aged Brisket + Cheese Burger | 20

21+ Day Dry Aged Brisket Burger with Benton's Smoked Bacon, Garlic Sauce & Cheese.

The Lamburger | 20

5oz of Australian Lamb served with a mint tzatziki sauce, tomato, lettuce served on a golden brioche bun and topped with marinated goat and lamb cheese.

The Heart Stopper | 18

1 Lb of USDA high-quality prime ground beef, with American cheese, bacon, and a special sauce.

Wagyu BMS7+ Burger | 24 Whoru

Domestic Wagyu Beef with pickled mayo, lettuce, caramelized onions

Miyazaki-Gyu A5 Burger | 55 🔀 Japanese A5 Burger, garlic alioli and arugula

Samurai's Pulled Pork | 14

Heritage Pulled Pork, cooked slowly and mixed with delicious BBQ sauce.

Steak Dog | 9

Steak dog with the Meat N' Bone BBQ sauce powered by Estrella Damm

Katsu Sando

Succulent Wagyu beef, crisp-fried and served with a touch of tonkatsu sauce on fluffy milk bread. Bell & Evans Chicken Breast | 24 Japanese Wagyu F1 Filet Mignon | 50 Japanese A5 Wagyu Filet Mignon | 175

Ribeve Sandwich | 25

Half a pound of Ribeye, sliced in a baguette and sprinkled with high quality Spanish olive oil and flaked Maldon salt.

**Extras Toppings:** 

Benton's Smoked Bacon | 7 Ferry Farms Classic Bacon | 4 Sauteed Onions | 3 Avocado | 3 Foi Gras | 25



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STEAK	RIBEYE	FILET MIGNON	NEW YORK STRIP	DENVER STEAK	PICANHA STEAK	OUTSIDE SKIRT STEAK
USDA CHOICE USDA Choice (US Midwest)	8 oz 25	4 oz 25	9 oz 26			8 oz 28
Wagyu-Angus Cross (Australia)	14 oz 90	6 oz 75	14 oz 90			8 oz 40
Colorado WAGYU (Colorado))				10 oz 60	8 oz 35	
F1 Wagyu (Japan))	14 oz 110	8 oz 120	14 oz 110			
A5 Japanese (Japan)	10oz Kagoshima - 180 Olive-Fed 225 Kobe Beef - 250	8oz Miyazaki-Gyu - 180	10oz Kagoshima - 180 Olive-Fed 225	8oz Kagoshima - 100	10oz Hannari - 180	8oz Hannari - 120

Bone-In Steaks and Steaks past medium take a longer time to cook

#### SHARING

Picanha Parrillada (Serves 3-5 guests)

Whole Picanha, served with chimichurri, sausages and 2 sides..

G1 Certified USDA Choice 48 oz | 120 Japanese A5 Miyazaki-Gyu

48 oz | 500

Miyazaki-Gyu A5 Prime Rib | 600 [33]

A whole Prime Rib, this is where the Ribeye is sliced from. This 3 lb portion is ideal for anyone who want their A5 "thicker" as traditionally A5 cuts are cut thin due to the size of the muscle.

Omakase Parrillada | "Trust The Chef" | 250 This sharing plate will include plenty of meat, different Prime and Wagyu

cuts, presented beautifully on a big wooden board.

### SIDES

#### **CARBS**

House French Fries | 6 Cheese Truffle Fries | 8 Jasmine Rice | 6 Mashed Potatoes | 6 Bacon Mac & Cheese | 8

#### **EARTHY**

Grilled Vegetables | 6 Sauteed Onions | 6 Grilled Portobello | 7 Grilled Asparragus | 12

#### **SIGNATURE**

Creamy Spinach | 8 Bacon Brussel Sprouts | 9 Bone Marrow | 14 Sliced Foie Gras (2oz) | 25

### DRY-AGED 45+

Striploin Steak Cowboy Steak

9 oz | 36 20 oz | 150

# BONE-IN STEAKS 🌶

Wagyu Tomahawk BMS7+ 32 oz | 250 Wingyu Wagyu Porterhouse BMS7+ 26 oz | 200 Wagyu

## DRY AGED PRIME RIB

8lbs of Delicious Bone-In USDA Prime Rib, Dry Aged for 45+ Days. Serves 6-9 guests. Must reserve in advance.

8 Lbs | 660

### DESSERT

Basque Cheese Cake | 16

Churros with Nutella and Dulce de Leche | 12

Tiramisu | 12

Liquor Infused Ice Cream | 16



The Wagyu Bar is part of the Meat N' Bone family, a family owned business established in 2017. Get the best proteins in the world delivered right to your door... or drop by our boutique half a block down! WWW.MEATNBONE.COM @meatnbone