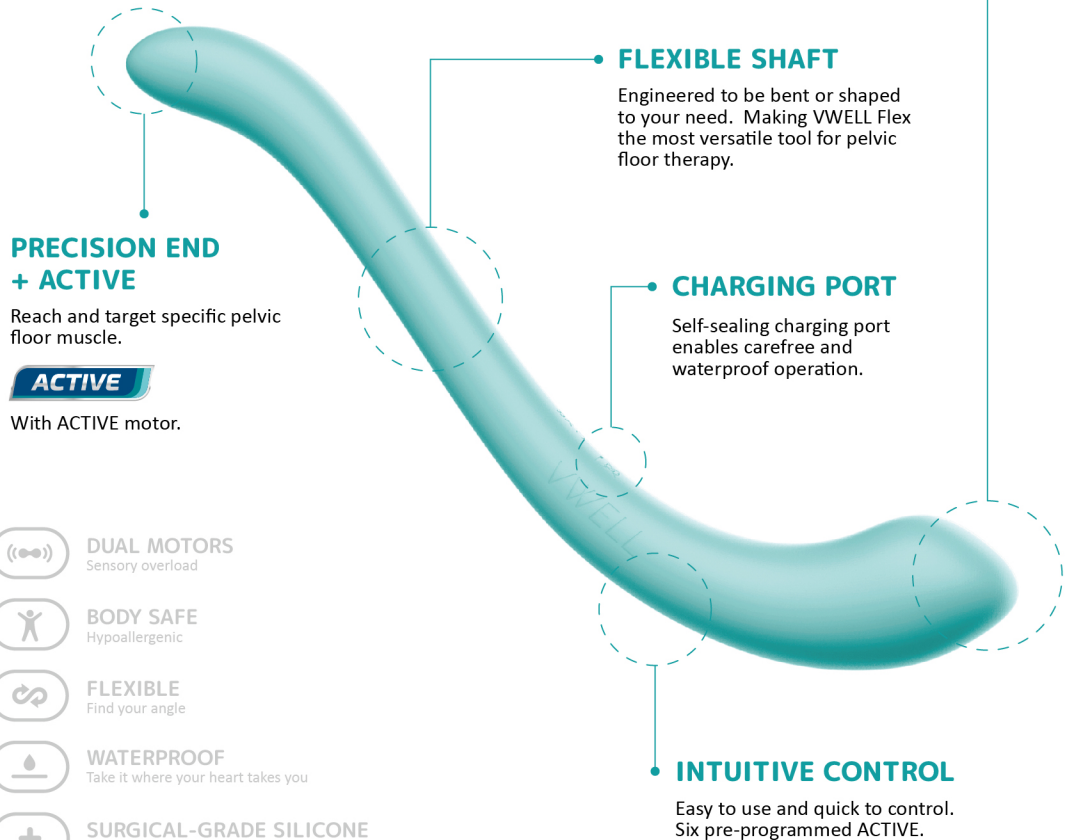


QUICK GLANCE



PRECISION END + ACTIVE

Reach and target specific pelvic floor muscle.

ACTIVE

With ACTIVE motor.

FLEXIBLE SHAFT

Engineered to be bent or shaped to your need. Making VWELL Flex the most versatile tool for pelvic floor therapy.

CHARGING PORT

Self-sealing charging port enables carefree and waterproof operation.

INTUITIVE CONTROL

Easy to use and quick to control. Six pre-programmed ACTIVE.

THICKER END + ACTIVE

Thicker and tapered to target larger & shallower surface.

ACTIVE

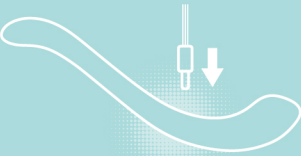
With ACTIVE motor.

- DUAL MOTORS**
Sensory overload
- BODY SAFE**
Hypoallergenic
- FLEXIBLE**
Find your angle
- WATERPROOF**
Take it where your heart takes you
- SURGICAL-GRADE SILICONE**
Non-porous and 100% safe for intimate use
- RECHARGEABLE**
USB Charging Cable

CHARGING

Use the included USB Charging Cable to charge the device. The device can be charged from any USB source (smartphone power adapter, computer, or power strip with available USB port).

Charge time is approximately 90 minutes.



LOW-BATTERY

Please recharge the device when LED indicator is blinking.

HOW TO CLEAN

Device must be cleaned thoroughly before and after each use. We recommend using **Intimd Hygienic Cleaner**. You may also clean with warm water and soap. Dry with clean cloth or air-dry.



STORAGE

Avoid direct sunlight and store in room temperature.

FAQ

Q: Why is my device not powering on?

A: Ensure the device is fully charged before powering on the device again.

Q: Can I insert the VWELL Flex vaginally while it is in ACTIVE mode?

A: Yes. The ACTIVE Mode is designed to provide added stimulation by delivering pulse vibration through muscle tissues and nerves.

WARRANTY

Intimd VWELL device carries standard 1-year warrant from the date of purchase. Should you require support or warranty claim, please reach our US based support team at www.intimd.com or support@intimd.com.



Activate 2 additional years of warranty. Visit: www.intimd.com/warranty



CONTRADICTION / WARNING / SAFETY

This product is not intended for any clinical or diagnostic use. This exercise tool and its associated documentation does not provide medical advice. It is intended for informational purposes only. It is not a substitute for professional medical advice, diagnosis or treatment. Never ignore professional medical advice in seeking treatment because of something you have read on the brochure or this website. If you think you may have a medical emergency, immediately call your doctor or dial 911.

- Never use this product beyond the level of personal comfort.
- Use **ONLY** water-based lubricant to ensure comfort. FDA Cleared Water-Based lubricant recommended.
- **DO NOT** use silicone or petroleum-based lubricant.
- Consult your doctor prior to using this product, if
 - You are pregnant.
 - You have genital tract or acute urinary infection.
 - You have or suspect to have a tendency to bleed internally, such as hemophilia or after acute trauma or fracture.
 - You have undergone surgical construction of the vulva-vagina complex regardless of whether the surgery is voluntary or the result of an accident or medical condition.
 - You have any concerns regarding your health.
- If at any time soreness, rash or pain occurs, discontinue use and consult your physician.
- Never use this product directly on swollen or inflamed areas, skin eruptions or an open wound.
- Clean and dry this product thoroughly after each use.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for: **intimd**® A California Corporation
Intimd® & VWELL™ is a trademark of Intimd Inc.

City of Industry, CA 91746

www.intimd.com



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P/N: INT-VW0008
Made in China

Engineered in California



intimd®



ACTIVE FLEXIBLE PELVIC
FLOOR TRIGGER POINT ACTIVATOR

USER MANUAL



Purposefully flexible and highly versatile. Bend or fold the massager to shape so it fits YOU. Sensibly engineered for women, VWELL Flex ACTIVE Pelvic Floor Trigger Point Activator with flexible shaft can be both life-changing for women suffering from chronic pelvic pain or a gateway to a blissful experience that pushes the boundaries of exhilaration.

**HAPPY VULVA,
HAPPY LIFE.**

HOW TO USE ►

1 BEFORE YOU START

- Clean the product before and after each use with warm water and soap or an anti-bacterial cleaner. We recommend **Intimid Hygienic Cleaner**. Dry thoroughly with clean cloth or air-dry.



- To ensure comfort, be sure to use a water-based lubricant such as **Intimid Water Based Lubricant Moisturizer** with the product. Never use silicone-based lubricant with VWELL exerciser. **Never use silicone-based lubricant with silicone device.** (VWELL is constructed of surgical-grade silicone material, silicone-based lubricant will break down the rubber over time)

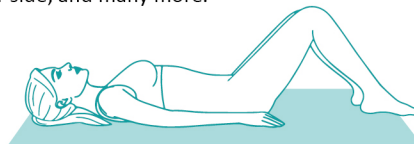


- Ensure the product is fully charged prior to use. Product may be charged from any USB source with the included USB Charging Cable.

2 GET YOUR BODY READY

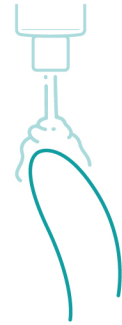
Use the restroom. Empty your bladder and bowel. Find a comfortable space and set aside sufficient time to complete the exercise.

The device may be used in various position that suits your need. Laying down, feet propped up on pillows, on your side, and many more.



3 LUBRICATE THE TIP

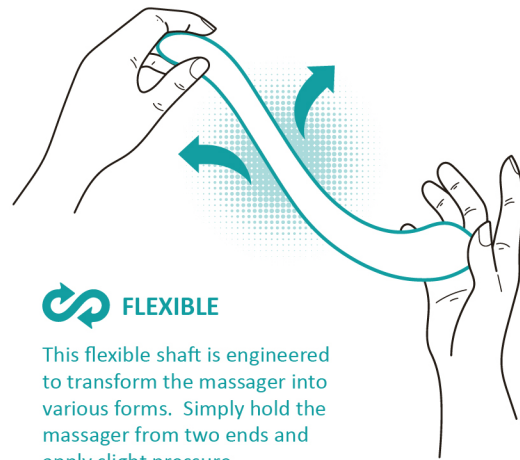
Apply generous amount of lubricant (water-based) to the opening of vagina and the tip.



4 FEEL VWELL

FLEXIBLE SHAFT

VWELL Flex features a flexible shaft that may be bent to shape. This breakthrough design enables the tip on either ends to better target and stimulate muscle or nerve area.

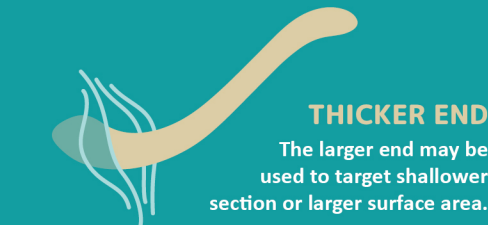


FLEXIBLE

This flexible shaft is engineered to transform the massager into various forms. Simply hold the massager from two ends and apply slight pressure.

5 INSERTION

Either end may be used to target different part of the pelvic floor muscle, trigger point, tender points, or other area. Slowly insert the tip inside the vagina. Never force beyond your comfort level.



TARGETING

VWELL can be used both for stretching of the vaginal opening as well as reaching the deep vaginal muscle to help relieve some muscle tension within the pelvic floor. Once source of discomfort is located, apply slight pressure for 1-2 minutes until the tightness subsides.

“Tilt or angle the device slightly to target tender point, knot, tightness point.”

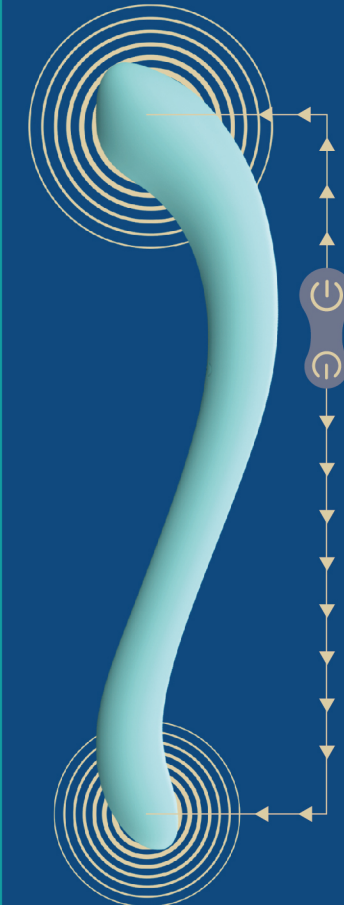
FORMS OF USE



ACTIVE

CONTROLS

Each power button controls the ACTIVE motor closest to that end.



To Power On / Off

Long-press for 2 seconds to power ON or OFF.

Adjust Intensity / Pattern

The VWELL Flex ACTIVE features 6 pulse frequencies.

Press to cycle through each frequencies.