

QUICK GLANCE

VWELL™ ARC

CONTOURED LEVERAGE

Ergonomically designed to the contour of the pelvic region. Angled to target hard-to-reach area with precision and ease.

PRESSURE-LESS TIP

Reduces the pressure of insertion and improves accuracy to reach deep and shallow target areas. For vaginal and rectal uses.

INTUITIVE CONTROL

Easy to use and quick to control. Six pre-programmed ACTIVE mode.

ACTIVE

CHARGING PORT

Self-sealing charging port enables carefree and waterproof operation.

GRIP HANDLE

Grip handle designed for maximum comfort for solo- use or therapist-use.

BODY SAFE

Hypoallergenic



FULLY COVERED

Easy to clean



RECHARGE ABLE

USB Charging Cable



WATERPROOF

Take it where your heart takes you



SURGICAL-GRADE SILICONE

Non-porous and 100% safe for intimate use



CHARGING

Flashing LED light indicates low battery.

Use the included USB Charging Cable to charge the device. The device can be charged from any USB source (smartphone power adapter, computer, or power strip with available USB port).

Charge time is approximately 90 minutes.



STORAGE

Avoid direct sunlight and store in room temperature.

HOW TO CLEAN

Device must be cleaned thoroughly before and after each use. We recommend using **IntiMD Hygienic Cleaner**. You may also clean with warm water and soap. Dry with clean cloth or air-dry.



IntiMD Alcohol-Free Hygienic Spray Cleaner

FAQ

Q: Why is my device not powering on?

A: Ensure the device is fully charged before powering on the device again.

Q: Can I insert the VWELL Arc while it is in ACTIVE mode?

A: Yes. The ACTIVE Mode is designed to provide added stimulation by delivering pulse vibration through muscle tissues and nerves.

WARRANTY

IntiMD VWELL device carries standard 1-year warrant from the date of purchase. Should you require support or warranty claim, please reach our US based support team at www.intimd.com or support@intimd.com.

SAFETY GUIDELINES

This product is not intended for any clinical or diagnostic use. This exercise tool and its associated documentation does not provide medical advice. It is intended for informational purposes only. It is not a substitute for professional medical advice, diagnosis or treatment. Never ignore professional medical advice in seeking treatment because of something you have read on the brochure or this website. If you think you may have a medical emergency, immediately call your doctor or dial 911.

- Never use this product beyond the level of personal comfort.
- Use ONLY water-based lubricant to ensure comfort. FDA Cleared Water-Based lubricant recommended.
- DO NOT use silicone or petroleum-based lubricant.
- Consult your doctor prior to using this product, if
 - You are pregnant.
 - You have genital tract or acute urinary infection.
 - You have or suspect to have a tendency to bleed internally, such as hemophilia or after acute trauma or fracture.
 - You have undergone surgical construction of the vulva-vagina complex regardless of whether the surgery is voluntary or the result of an accident or medical condition.
 - You have any concerns regarding your health.

- If at any time soreness, rash or pain occurs, discontinue use and consult your physician.
- Never use this product directly on swollen or inflamed areas, skin eruptions or an open wound.
- Clean and dry this product thoroughly after each use.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for: **intimd®** A California Corporation
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City of Industry, CA 91746

www.intimd.com



P/N: INT-VW0007

Made in China

Engineered in California



intimd®

VWELL™ ARC

ACTIVE PELVIC FLOOR TRIGGER POINT ACTIVATOR

USER MANUAL



Who said pelvic floor training and activation must be dull or uninspiring? Sensibly engineered for women, VWELL Arc Pelvic Floor Trigger Point Activator can be both life-changing for women suffering from chronic pelvic pain or a gateway to a blissful experience that pushes the boundaries of exhilaration.

We are glad you took the first step and are on the path to a better self with freedom to live.

HAPPY VULVA, HAPPY LIFE..

HOW TO USE ▶

1 BEFORE YOU START

- Clean the product before and after each use with warm water and soap or an anti-bacterial cleaner. We recommend **IntiMD Hygienic Cleaner**. Dry thoroughly with clean cloth or air-dry.
- To ensure comfort, be sure to use a water-based lubricant such as **IntiMD Water Based Lubricant Moisturizer** with the product. Never use silicone-based lubricant with VWELL exerciser. **Never use silicone-based lubricant with silicone device.** (VWELL ARC is constructed of surgical-grade silicone material, silicone-based lubricant will break down the rubber over time)
- Ensure the product is fully charged prior to use. Product may be charged from any USB source with the included USB Charging Cable.



2 GET YOUR BODY READY

Use the restroom. Empty your bladder and bowel. Find a comfortable space and set aside sufficient time to complete the exercise.

The device may be used in various position that suits your need. Laying down, feet propped up on pillows, on your side, and many more.

3 LUBRICATE THE TIP

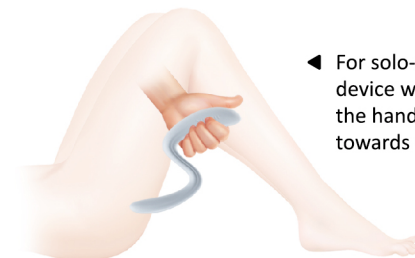
Apply generous amount of lubricant (water-based) to the opening of vagina and the tip.



4 FEEL VWELL

• Handling

VWELL ARC is designed for either solo or therapist-use.



◀ For solo-use, hold the device with tip underneath the handle and faced towards yourself.



▶ Therapist may hold the device with tip facing the subject.

• Insertion

Slowly insert the tip inside the vagina. Never force beyond your comfort level.

• Targeting

VWELL can be used both for stretching of the vaginal opening as well as reaching the deep vaginal muscle to help relieve some muscle tension within the pelvic floor.

TILT OR ANGLE THE DEVICE SLIGHTLY TO TARGET TENDER POINT, KNOT, TIGHTNESS POINT.

ACTIVE

ACTIVE MODE

In addition to be used for internal massage, the VWELL Arc with ACTIVE vibration can be also used for effective clitoral stimulation.

POWER / INTENSITY CONTROL

To Power On/Off
Long-press for 2 seconds to power ON or OFF.

Adjust Intensity / Pattern
The VWELL Arc ACTIVE features 6 pulse frequencies.

Press to cycle through each frequencies.

