

Intuitive Utilitarian/Art Quilt  
#406/506  
July 11<sup>th</sup> and 12<sup>th</sup>, 2024  
Sujata Shaw  
sujatashah450@gmail.com

Explore art quilting with prints and strips, plaids, and solids. Rethink freedom of expression with the idea of rescue and repurpose and immerse yourself in the process.

The workshop will focus on making a memory quilt with basic quilting tools. Mixing prints, colors and textures is easy if you understand the balance of scale and value of color and prints. Bring your ugliest fabrics, mixed with most favorites. Learn how to create harmony and coexistence of your stash in a quilt.

Sujata will walk you through each step of her creative process and help you to find a personal voice. She will also share her process on choosing colors, value and her last minute decisions of must haves in the quilt.

Participants are encouraged to use at least one personal clothing item of themselves or of a family member.

Technique: Machine Piecing and Skill Level: Experienced Beginner

**Supply List:**

- Sewing Machine
- Basic sewing supplies - Thread, needles, pins, scissors
- Rotary cutting Supplies – Medium size cutting mat, rotary cutter with fresh blade, and a 6” x 12” ruler
- Notebook (without lines), pencil and pen
- Flannel or batting for the design walls.
- ½ yard cuts of solid fabrics (See Fabric Selections for detailed description).

**Fabric Selection:**

Be mindful of the color selections. Creativity is connected and driven by memories, emotions and current or past personal life events. With this awareness, life syncs effortlessly with the creative process and art becomes part of our existence.

Choose ½ yard cuts of 3-4 different colors in prints and solids of your liking. Build a wider palette from here for each color with their tonal values. For instant if you choose blue, make sure to add multiple shades of blue. Choose a supporting color/contrasting or an accent color to the mix. Or the lime green, chartreuse or a pumpkin orange to the mix for the visible contrast.

Bring as many fabrics as you can. Be willing to shop from fellow students and share with them. It makes the workshop experience and the quilt memorable in more ways than one.

Sujata Shah, author of Cultural Fusion Quilts

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