

SASHIKO FUNDAMENTALS

#525

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WORKSHOP DESCRIPTION

Japanese Sashiko stitching is an easy-to-learn form of stitching that can be used to adorn your work. You will learn to transfer a classic sashiko pattern to your fabric and learn the stitching techniques which are unique to sashiko.

Lab fee of \$10 cash payable to instructor day of class for Sashiko pattern templates

CLASS LEVEL – Beginner; some familiarity with simple hand stitching is helpful, but not essential

SUPPLY LIST

NO sewing machine is required.

- Approximately ½ yard of loosely woven, solid-colored fabric (quilting cotton, linen or Essex Linen is ideal)
- Sashiko needles
- Sashiko thread (in a color that is **high-contrast** to your chosen fabric)
- Chalk pencil – OR-
 - Dritz water soluble marking pen, or
 - Frixion heat-erasable pen (for light fabrics)
 - Clover White Marking Pen (for dark fabrics)
- Sashiko pattern templates will be provided (available day-of-class for lab fee of \$10 each)

Optional:

- Olympus Sashiko thimble (this is personal preference)