

# “Humble Stitches”

#425

July 11, 2024

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## WORKSHOP DESCRIPTION

It's not always the most elaborate or technically difficult stitches that lead to stunning creations. Sometimes all you need is simple, or “humble” stitches, used in creative ways to achieve outstanding results.

In this foundational skills class, you will practice using the running stitch, blanket stitch, whip stitch, knots, among others to create a design that you can apply to quilts, bags, mending garments .... you name it! You will leave class with the skills to create gifts, artworks or practice sustainability by extending the life of well-loved garments.

## CLASS LEVEL – Beginner

## INSTRUCTIONS

**No sewing machine is required.**

## SUPPLY LIST

- ~ ½ yard of solid-colored fabric (denim, linen or Essex Linen is ideal)
- Embroidery / Milliner's needles (w/large enough eye for size 8 perle cotton)
- Embroidery threads (size 8 perle cotton works best)
- Sharp sewing scissors
- Circle templates of varying sizes
- Chalk pencil, water soluble fabric marker -or- Frixion heat-erasable pen
- Embroidery hoop, 6 inch size is best
- Creative Stitching, Second Edition by Sue Spargo (*highly recommended*)
- Thimble, if desired

### Optional:

- ¼ yd of lightweight, fusible interfacing, such as ShapeFlex (SF101) *not necessary, but sometimes useful*
- A few fabric scraps
- Embellishments (beads, ribbons, felted wool, etc.)
- Clover Yo-Yo maker size 60mm