

# SASHIKO FUNDAMENTALS

#225

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## WORKSHOP DESCRIPTION

Japanese Sashiko stitching is an easy-to-learn form of stitching that can be used to adorn your work. You will learn to transfer a classic sashiko pattern to your fabric and learn the stitching techniques which are unique to sashiko.

Lab fee of \$10 cash payable to instructor day of class for Sashiko pattern templates

**CLASS LEVEL – Beginner;** some familiarity with simple hand stitching is helpful, but not essential

## SUPPLY LIST

**NO sewing machine is required.**

- Approximately ½ yard of loosely woven, solid-colored fabric (quilting cotton, linen or Essex Linen is ideal)
- Sashiko needles
- Sashiko thread (in a color that is **high-contrast** to your chosen fabric)
- Chalk pencil – OR-
  - Dritz water soluble marking pen, or
  - Frixion heat-erasable pen (for light fabrics)
  - Clover White Marking Pen (for dark fabrics)
- Sashiko pattern templates will be provided (available day-of-class for lab fee of \$10 each)

### Optional:

- Olympus Sashiko thimble (this is personal preference)