

Experiments in Creativity  
#316 am  
July 10th, 2024 8:30 – 11:30 am  
Kelly Sheets  
kelly@kellysheets.com

Get unstuck, create momentum, express your unique self!

Join Kelly as she invites you to open your mind to develop curiosity in your approach to expression. To get unstuck. To look at life differently. To explore.

This lecture session will present you with an overview of insights and practices that will help you to feel more immersed in exploring creativity. The interactive approach will bring some science, movement, play and much curiosity so you leave with new ways to explore your creative life.

The outcome of this class is to focus on self. No sewing machines require.

Supply List:

Required Supplies: You. A journal. A pen you like writing with.

Recommended Supplies: Curiosity Experiment Cards