

Middle Way Quilt  
#212  
July 9<sup>th</sup>, 2024  
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**Level:** Confident beginner and above

**Finished size:** 64" x 64"

**Description:** Discover the ease, freedom, and simplicity of the Middle Way quilt, making a unique throw size quilt top of your own. Choose from a two-tone or multi-color variation and a “simple” or “decorated” style. This modern, minimalist design symbolizes that we don’t have to completely deny or indulge ourselves, nor should we subscribe to an extreme life outlook; there is liberation in the middle—and we each create and discover our own balance, represented by the many options you’ll find to improvise and customize your quilt. Brooke will guide you through each step of constructing this quick & fun block, sharing all of the different ways you can make it truly one of a kind.

*Please cut all pieces before class.*

**Supply List:**

Middle Way quilt pattern PATTERN is a DOWNLOADABLE purchase at [stitchinpost.com](http://stitchinpost.com)

(Note: pattern needs to be purchased before class and brought to class)

Basic quilting supplies which include: machine, thread, needle, 6" x 12" acrylic ruler, 6" x 24" acrylic ruler, cutting mat, rotary cutter, pins, and soluble pen.

Fabric, if making Two-Tone variation:

- Background: 3¼ yds
- Color 1: ¾ yd

Fabric, if making Scrappy variation:

- Background: 3¼ yds
- 5 total Fat Quarters or 6" x Width of Fabric strips, or 9 total Fat Eights