

# LUCE

## 5 MINUTE FACIAL HOW TO USE

Dedicate at least a minimum of 5 minutes daily to your skincare routine for visible enhancements. Achieve a better skin texture, lifted contours, reduction in fine lines, and improved skin firmness. Maximize results by following these steps.

### SUPPLIES NEEDED:

- + LUCE 4T Therapy tool
- + Water base, microcurrent gel

### MICROCURRENT CONTRAINDICATIONS

- + Pregnancy
- + Epilepsy
- + Pacemakers or Electronic Implants
- + Open Wounds or Skin Infections
- + Cancer or Tumors
- + Neurological Disorders
- + Skin Sensitivities

### STEPS TO FOLLOW:

**1 PREP**  
Cleanse and Prepare Your Skin. Begin with a clean, makeup-free face. Apply Conductive Gel or any water base serum.

**2 BEGIN TREATMENT**  
Start with one area, such as your cheek or forehead, and slowly move the device in an upward and outward motion. Follow the natural contours of your face. Continue with the neck and decollete.

**3 FINISH**  
After completing your microcurrent treatment, remove any remaining gel from your face with a clean, damp cloth and apply facial moisturizer on face.

Glide the LUCE 4T Therapy wand in the direction indicated by the arrows below. Follow the step sequence for each area. If you wish to use the tool in a specific area, complete the steps for that region only.

