what can you compost?

**all food**
- Meat
- Poultry
- Fish and shellfish
- Bones
- Eggs and eggshells
- Cheese and dairy products
- Bread and baked goods
- Pasta
- Rice and other grains
- Beans, nuts and seeds
- Vegetables
- Fruit (including peels and cores)
- Table scraps and plate scrapings
- Spoiled food

**food soiled paper**
- Coffee grounds and filters
- Tea bags
- Paper napkins and towels
- Pizza delivery boxes

× No plastic items
× No metal items
× No wax-coated items

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