



better comfort foods
crafted from plants

authentically
**WOOD
SMOKED**



Barvecue makes authentically wood-smoked, plant-based comfort foods. Made with wholesome ingredients, Barvecue is delicious and nutritious. All products are Non-GMO Project Verified, vegan and gluten-free.

CARNITAS

PULLED BVO

naked shredded **CHICKEN**



KEEP FROZEN

PERFECT FOR:





CARNITAS

PULLED BVQ

naked shredded
CHICKEN

Cooking Instructions:

Thaw in refrigerator. Remove from package and place in heated pan with a little oil. Sizzle over medium-high stove top for 3-5 minutes to desired level of crisp and char. Enjoy! May refrigerate for up to 5 days. Heat to minimum 165° F internal temperature.

Ingredients:

Water, Barbecue® Protein Blend (Whole Soybean, Sweet Potato), Organic Apple Cider Vinegar, Canola Oil, Lime Powder, Salt, Black Pepper, Oregano, Garlic Powder, Onion Powder
Contains: Soy

Nutrition Facts

32 servings per container	
Serving size 2 oz (57g)	
Amount Per Serving	
Calories	130
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	13%
Total Carbohydrate 5g	2%
Dietary Fiber 2g	7%
Total Sugars 1g	
Incl. 1g Added Sugars	2%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 1.6mg	8%
Potassium 330mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Water, Barbecue® Protein Blend (Whole Soybean, Sweet Potato), Organic Apple Cider Vinegar, Canola Oil, Salt, Chili Powder, Paprika, Garlic Powder, Onion Powder, Mustard Powder, Black Pepper, Organic Brown Sugar, Celery Seed
Contains: Soy

Nutrition Facts

32 servings per container	
Serving size 2 oz (57g)	
Amount Per Serving	
Calories	120
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 6g	2%
Dietary Fiber 3g	11%
Total Sugars 1g	
Incl. 1g Added Sugars	2%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 1.5mg	8%
Potassium 360mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Water, Barbecue® Protein Blend (Whole Soybean, Sweet Potato), Organic Apple Cider Vinegar, Canola Oil, Nutritional Yeast, Salt, Onion Powder, Black Pepper, Celery Seed
Contains: Soy

Nutrition Facts

32 servings per container	
Serving size 2 oz (57g)	
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 6g	2%
Dietary Fiber 3g	11%
Total Sugars 1g	
Incl. 0g Added Sugars	0%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 1.7mg	10%
Potassium 450mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

2/4 lb bags

