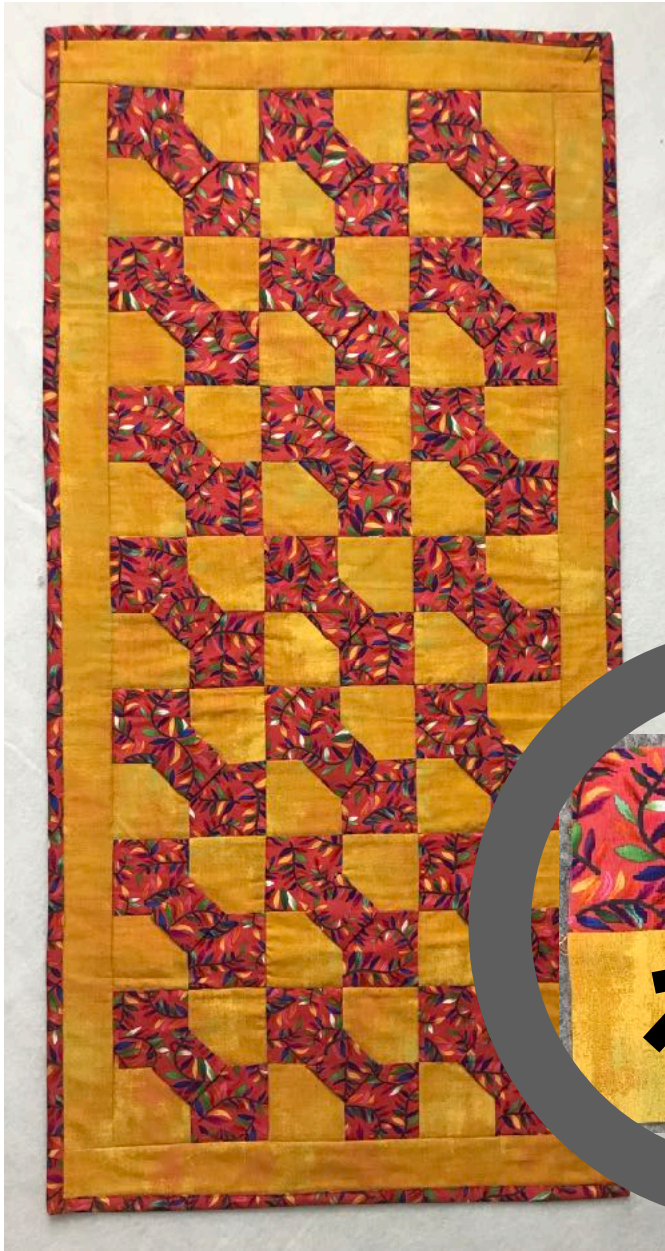


Three - Dimensional Bow Tie Block



Each block needs:

2 background squares cut 3" x 3"

3 color squares for bow ties cut 3" x 3"

Three-Dimensional Bow Tie Block

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3 color squares for bow ties cut 3" x 3"



Squares can be changed to any size but it is recommended that it be larger rather than smaller for easier sewing.

1 Fold the 1 bow tie square in half with wrong sides together, matching raw edges. We will call this square the Knot.



2 Make the first bow tie sandwich:

- Place one background square right side up.
- Place the Knot square on top with the long raw edge along the top edge of the background square.
- Place bowtie square face down aligning raw edge along the top.



3 Sew $\frac{1}{4}$ " seam along the right edge. This should catch the short side of the Knot in the seam.



4 Fold the main bow tie square away from the knot and finger press. Fold background square away from the knot and finger press.



5 Flip so the Knot is now pointing to the right with the background square facing up and to the left. The main bow tie fabric is underneath and cannot be seen.



6 Place one background square right side up, line the knot fabric on top with the long edge along the top edge of the background square.



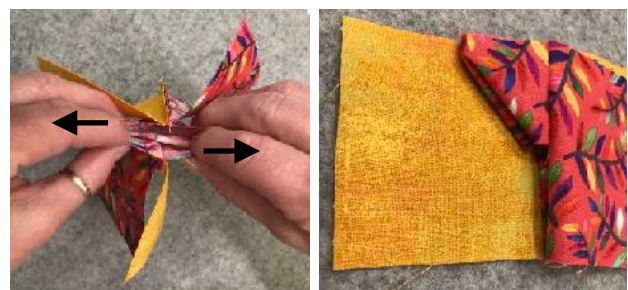
7 Place bow tie fabric right side down. Stitch along right side edge with 1/4" seam allowance.



8 Fold background fabric away from Knot and finger press. Fold bow tie fabric away from Knot and finger press.



9 Place the index finger of each hand in the opening of the Knot. Pull the Knot open, folding it at 90° to the seams. Match the seams of the opposing squares (Legs 1&2), Make sure you keep the raw edges of the Knot even with the edges of the large squares.



10 Sew $\frac{1}{4}$ " seam along the top edge (this will close off your Knot). To verify you have it lined up correctly: you should be sewing one background square to one bow tie square with a piece of the Knot between.



11 Open the block and press. There will be a pocket on each side of the bow tie. If you use plaid or a stripe, the Knot will be on the bias.



The pictured table runner uses 21 bow tie blocks. They are sewn in seven rows with three bow ties each.

The borders are cut $2\frac{1}{2}$ " wide. And the finished piece is $38\frac{1}{2}$ " x 19".

We used $\frac{1}{2}$ yard of the background and border fabric, and $\frac{5}{8}$ yard of bow tie and binding fabric.

The back takes $\frac{5}{8}$ yard.

