



UNIFORM MEASUREMENT CHART

Please complete the whole form in ONE unit of measurement: EITHER imperial (inches) OR metric (centimetres)

COLLAR SIZE inches cm

Measure around base of neck (lowest point of the neck). Number of inches/centimetres equals the collar size.

CHEST inches cm

Place tape measure loosely under the arms, over the shoulder blades, right around the fullest of the chest. Leave the arms relaxed, down the sides.

WAIST inches cm

Measure around the natural waist, keeping the tape slightly loose.

HIPS inches cm

Measure around the fullest part of the hips, at the top of the leg.

ARM inches cm

Bend arm to 90 degrees. Place hand on hip. Start at centre of neck, measure across to shoulder, then to elbow, then to wrist.

INSIDE LEG SEAM inches cm

Take a pair of trousers that fit you well. Measure from the crotch seam to the bottom of the leg.

SHOE SIZE UK European