



## Portable Massage Table User Manual

For Use with Model Numbers:

Basic Portable Massage Table – SC-500

Preferred Portable Massage Table – SC-501A

All-Inclusive Portable Massage Table – SC-901

Low-Level Portable Massage Table – SC-1004



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### **DISCLAIMER**

Sierra Comfort does not reserve the right to control the use of its products, and is not liable for improper or unintended use of its products. Please refer to the **Intended Use Statement** within the manual or on our website at [www.sierracomfort.com](http://www.sierracomfort.com).

Sierra Comfort will not be held liable under any circumstance for indirect, incidental, or consequential damages including loss of profit, production, or malfunctioning of the product as a result of misuse; including physical injury or death. The buyer takes full responsibility and risk for the product upon submitting payment and should act in accordance with the intended use of the product and all safety procedures and warnings detailed within the manual and labeled on the physical item.

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## **INTENDED USE STATEMENT**

Sierra Comfort massage tables are designed and manufactured to be used responsibly and for intended uses only. Our tables are built specifically for immobile/traditional massage practices and to be used within the guidelines of all warnings and instruction manuals. At no time should the table be used in excess of its working weight capacity (weight of subject on table, plus the amount of pressure being applied to the subject). When receiving treatment, clients should remain still with weight and body position distributed evenly along the tabletop. Never should more than one person be allowed on the table at once. Do not front load one end of the table. Misuse, excessive force or movement, and/or direct pressure may cause structural components to fail, potentially resulting in injury to the client and/or operator.

Prior to use of your Sierra Comfort massage table, be certain to read and understand all instructions and warnings. Proper setup, use, and care of your table will prevent accidents and injury, as well as maintain the integrity of the product. Any questions regarding your Sierra Comfort product should be emailed directly to our support team at [support@sierracomfort.com](mailto:support@sierracomfort.com).

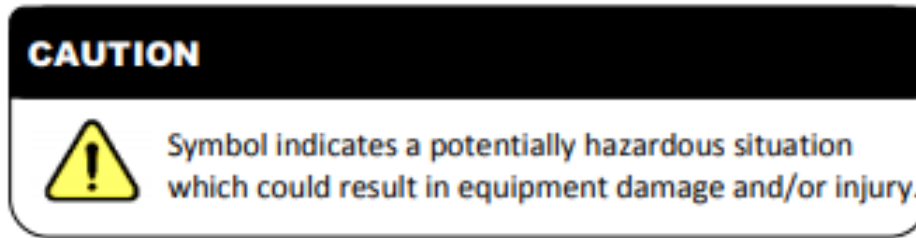
In summary; Sierra Comfort concludes its products are safe when used as intended. In no event shall Sierra Comfort be liable for any direct, indirect, punitive, incidental, or consequential damages to property or life arising out of or connected with the misuse of its products.

# WARRANTY

1. Sierra Comfort warrants that all new purchases, referred to hereinafter as the “product”, are free from manufacturing flaws/defects in material and workmanship. Our products are safely designed and manufactured to support proper usage, as outlined in our user manuals and Intended Use Statement.
2. **Our limited warranty is valid for 2 years from the original purchase date.** The warranty is applicable only to the original buyer and to items purchased brand new directly from Sierra Comfort or from one of our named authorized dealers. **Our warranty will not cover any Sierra Comfort products purchased from unauthorized dealers or miscellaneous sellers.**
3. If upon receipt your item is found defective, flawed, defunct, used, or malfunctioning; please report the issue to us immediately and stop all use of the product until the issue is fully resolved. Items purchased directly from Sierra Comfort can be returned within 30 days of receipt. Full details regarding our Return Policy can be found on our website. Sierra Comfort products purchased from authorized dealers/retailers will be subject to the return policy specific to that retailer.
4. Our warranty covers any structural and functional components pertaining to the original design of our massage tables, including table legs, footings, casters, support panels, cable frame supports, electrical components and hardware. **The warranty does not cover claims relating to foam cushioning, upholstery coverings, and any accessory parts that may suffer from normal wear and tear.**
5. Our warranty is applicable only to flaws/defects in workmanship, structural materials/parts, and/or components. **The warranty does not apply to** normal wear and tear, altered or removed parts/components, defects resulting from misuse/unintended use, lack of maintenance, accidents, spills, exposure to extreme conditions, or incidental and consequential costs such as; storage, telephone, rental, shipping, transportation, inconvenience, loss of income, loss of time, or other consequential damages. **Any modifications made to the product will void the warranty completely.**
6. **The warranty does not cover any accessory parts that may be included with the massage table; including face cradles, face pillows, carrying bags, sheets, and bolsters.**
7. Our obligation under this warranty is limited to replacing parts/components as necessary to remove malfunction from flaws/defects in structural materials and/or components. Any parts/components will be replaced and shipped free of charge so as long as the warranty is valid. Sierra Comfort reserves the right to improve the design of any product without any obligation to improve a product previously manufactured.
8. Warranty claims will require the submittal of the original order receipt, along with an explanation, plus photos/videos detailing any parts/components claimed to be flawed/defective/malfunctioning.
9. Sierra Comfort provides detailed and comprehensive instruction manuals, warnings, intended use statements, maintenance/care instructions, and disclaimers for the benefit and safety of our buyers in order to ensure safe and responsible practices. We are not responsible if our products are used in a way that is not intended and/or not in accordance with provided instructions, warnings, intended uses, and safe practices. The buyer is responsible for reviewing all provided materials in order to ensure proper usage and safety.

# SAFETY & WARNING SYMBOLS

Safety and warning symbols inserted throughout the user manual are for the purpose of preventing injury or damage to the user, client, or product. Any instructions including warnings/caution symbols require immediate attention.



1. Prior to use, thoroughly inspect all areas of the massage table and included accessories for any manufacturing flaws/defects; including, but not limited to, the table frame, support cables, hardware, and the alignment/security of all components.
2. Prior to use, be sure that all four table legs are adjusted to the same height and secured by their adjustable knobs. Be sure to position your table in an area having a level and firm surface so that all four feet remain secure to the ground. The tabletop should be completely level when in position for use.
3. Prior to use, be sure to install the included safety bars by following the instructions provided in the manual.
4. When moving onto or off of the tabletop, the recipient must do so with ease towards the center of the table where most stable.
5. When receiving treatment, the recipient should remain immobile with their weight and body position distributed evenly along the tabletop. Our tables are designed and built specifically for traditional/immobile massage practices.
6. Be sure there is body weight at the center of the tabletop at all times in order to avoid overloading one side of the tabletop. Uneven and excess weight on one side of the tabletop may cause the table to lift, tilt, or collapse.
7. Avoid any sudden and direct pressure on the tabletop. Never stand, jump, or move erratically on the massage table.
8. Never should there be more than one person on the massage table at once.
9. Do not apply more than 400 lbs. (181 kg) of total working weight to the tabletop. NOTE; the total working weight is equal to the weight of the subject on the table plus the weight added through downward pressure.
10. Do not apply more than 25 lbs. (11 kg) of total working weight to the face cradle.
11. Inspect your product regularly and report any malfunctions right away in order to avoid further complications or a potential accident.

# MODEL TYPE

## **BASIC PORTABLE MASSAGE TABLE (SC-500)**

Tabletop: Length 73" / Width 28" / Depth 2"

Table Height (Adjustable): 25.5" to 33.5"

Table Weight: 30 lbs.

Working Weight Capacity: 400 lbs.



## **PREFERRED PORTABLE MASSAGE TABLE (SC-501A)**

Tabletop: Length 73" / Width 28" / Depth 2"

Table Height (Adjustable): 25.5" to 33.5"

Table Weight: 30 lbs.

Working Weight Capacity: 400 lbs.

Standard Adjustable Face Cradle (SC-514)

Standard Face Pillow (SC-524)



## **ALL-INCLUSIVE PORTABLE MASSAGE TABLE (SC-901)**

Tabletop: Length 73" / Width 28" / Depth 2"

Table Height (Adjustable): 25.5" to 33.5"

Table Weight: 30 lbs.

Working Weight Capacity: 400 lbs.

Standard Adjustable Face Cradle (SC-514)

Standard Face Pillow (SC-524)

Fitted Sheet Set (SC-508)



## **LOW-LEVEL PORTABLE MASSAGE TABLE (SC-1004)**

Tabletop: Length 73" / Width 33.5" / Depth 2"

Table Height (Adjustable): 16.5" to 24.5"

Table Weight: 38 lbs.

Working Weight Capacity: 400 lbs.



# TABLE SETUP & USE

**STEP 1:** Place the massage table on its side with the handle straps facing upward.



**STEP 2:** Release the buckles at the end of the table and open half-way. Remove all included accessories from inside the table.



**STEP 3:** Before each use, thoroughly inspect all structural components that make up the massage table. Be sure the support cables are fully secured and not severed or frayed. The cables should pivot freely when positioned accordingly and should not be overtightened or loose. Inspect the wooden frame, table base board, end panels, legs, leg knobs, footings, and hardware to ensure your table is secure and free of any defects.



**STEP 4:** Stand behind the massage table and grasp both handle straps. Pull the straps toward you so that the table straightens and the legs release. To turn the table upright, move around to its opposite side; grasp one strap and place your outside foot down onto the bottom leg, pulling up and in on the strap until the table turns on all four legs.



**STEP 5:** Once all four table legs are positioned on the ground, push downward on the middle of the table so that it is level. Be certain all feet are flat on the ground and resting on a firm and level surface.



**Be certain all feet are resting on a firm and level surface.**

**STEP 6:** Assemble the safety support bars one pair at a time. Push down on the pin and slide through the opposing bar until the pin releases through the opening. Once linked, a single bar is formed. Repeat these steps with the second pair of bars.



**STEP 7:** With the table standing, or on its side, unscrew the upper leg knobs on both legs that are facing you.



**STEP 8:** Thread the exposed screws through the eyelets at each end of a single support bar.



**STEP 9:** Screw the leg knobs back into place being sure that the support bar is fully secured. Repeat steps 7 through 9 on the opposite side of the table until setup is complete.





**STEP 10:** When moving onto or off of the tabletop be sure to do so with ease and towards the center of the table where most stable.



**STEP 11:** When receiving treatment, the client/patient should remain immobile with weight and body position distributed evenly along the tabletop.



**STEP 12:** Do not apply more than 400 lbs. (181 kg) of total working weight onto the table.

**NOTE;** the total working weight is equal to the weight of the subject on the table plus the weight added through downward pressure.

**STEP 13:** Avoid overloading one side of the table. Uneven and excess weight on one side of the tabletop may cause the table to lift, tilt, or collapse; potentially resulting in serious injury. Always maintain even distribution of weight along the tabletop.

**ALERT:** Be sure to install the support bars prior to use in order to avoid risk.



# INSTALLING ACCESSORIES:

**ATTENTION:** ACCESSORIES INCLUDED WILL VARY ACCORDING TO THE SPECIFIC ITEM ORDERED. DISREGARD ANY INSTALLATIONS BELOW IF THE ACCESSORY IS NOT INCLUDED WITH YOUR ITEM.

## HEADREST & FACE PILLOW

**STEP 1:** Place headrest face down and fully release the locking lever so that the tubular arms are able to pivot freely.



**STEP 2:** Unfold the tubular arms and insert through the grommet rings at the end of the table.



**STEP 3:** Adjust the angle of the headrest to the desired position and then push the lever downwards to lock into place. Secure the face cushion to the headrest by placing it accordingly onto the Velcro strips.



**STEP 4:** If the headrest appears loose or slips down when pressure is applied; (1) release the lever to unlock the face cradle, (2) turn the lever clockwise for 1-2 rotations, (3) push the lever downward into the locked position.



# MAINTENANCE & CARE

## UPHOLSTERY CARE:

Remove daily dirt and grime from the table with a mild soap and warm water solution. Dry with soft, lint-free cloth.

When disinfecting, use an isopropanol (rubbing alcohol) based hospital grade disinfectant cleaner. Be sure it is approved for use on polyurethane leather before applying.

For minor stains, use a mild non-abrasive cleaner on a damp cloth. Gently wipe the surface to remove the stain and rinse thoroughly with warm water. Dry with a soft lint-free cloth.

## WOOD CARE:

The massage table is made of select hardwoods and is finished with lacquer that requires no special care. If desired, you may polish occasionally with a quality wood care product.

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# STORAGE

**STORAGE:** When not in use, store the table in a cool and dry area away from direct sunlight. Do not expose the table to extreme temperatures or moisture.

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# CONTACT US

For information and questions regarding our products and/or services, please visit us at [www.sierracomfort.com](http://www.sierracomfort.com).

For additional support, you may contact us at [support@sierracomfort.com](mailto:support@sierracomfort.com).



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