

EASTER NEST CAKE KIT

NUTRITIONAL INFORMATION

Prepared by Clever Crumb 2021

Cocoa Powder		
Nutritional Information		
Servings per package: 21		
Serving Size 5g	Av. Per Serving	Av. Per 100g
Energy	90 kJ	1500 kJ
Protein	1.1 g	17.7 g
Fat - Total	1.3 g	22.3 g
- Saturated	< 1.0 g	14.1 g
Carbohydrate - Total	<1.0 g	9.4 g
Sugar	<0.1 g	<0.1 g
Sodium	< 5 mg	18 mg
Ingredients: Cocoa Powder (100%)		

Icing mix		
Nutritional Information		
Servings per package: 24		
Serving Size 4g	Av. Per Serving	Av. Per 100g
Energy	70 kJ	1690 kJ
Protein	0 g	0 g
Fat - Total	0 g	0 g
- Saturated	0 g	0 g
Carbohydrate - Total	4 g	99.6 g
- Sugar	4 g	95.6 g
Sodium	0.2 mg	5 mg
Ingredients Cane Sugar (96%), Tapioca or Maize Starch.		

Chocolate Jimmies
Ingredients Sugar, Vegetable fat (Emulsifiers 492, 322, Soya Lecithin), Glucose (Wheat), Water, Colours (155, 102, 122, 133), Vegetable gum (414).
Manufactured in a facility that handles other products and may contain traces of peanuts and tree nuts.

Forest Green Gel Food Colour
Ingredients Water, High Fructose Corn Syrup, Glycerine, FD&C Blue 1 (E133), FD&C Yellow 5 (E102), Modified Food Starch, FD&C Blue 2 (E132), FD&C Red 40 (E129), Sodium Benzoate and Potassium Sorbate (as preservatives), Carrageenan Gum, Xanthan Gum, Citric Acid.
Gluten-free, Kosher, Halal and not derived from animal products.

Drop Flowers		
Nutritional Information		
Servings per package: 21		
Serving Size 35g	Av. Per Serving	Avg. Per 100g
Energy	130 cal	371 cal
Protein	1 g	2.8 g
Fat - Total	1.5 g	4.3 g
- Saturated	0.5 g	1.4 g
Carbohydrate - Total	98 g	280 g
Sugar	30g	86 g
Sodium	5 mg	14 g
Total Dietary Fibre	0 g	0 g
Ingredients Sugar, Albumen Powder, Cream of Tartar, Water, Colours (104,110,127,129,133,143,151,155).		
CONTAINS EGG WHITE		

Chocolate Eggs		
Nutritional Information		
Servings per package: 21		
Serving Size 50g	Av. Per Serving	Avg. Per 100g
Energy	498 kJ	1990 kJ
Protein	1.1 g	4.5 g
Fat - Total	4.5 g	18.2 g
- Saturated	2.8 g	11.0 g
Carbohydrate - Total	18.0 g	71.8 g
- Sugar	14.9 g	59.5 g
Sodium	42 mg	166 mg
Ingredients Milk Chocolate 63% (Sugar, Milk Solids, Cocoa Mass, Cocoa Butter, Vegetable Fat, Emulsifiers (Soy Lecithin, 476), Salt, Flavours), Sugar, Rice Crisps 12% (Rice Flour, Sugar, Barley, Malt Extract, Salt), Starch (sources include wheat), Glucose Syrup (sources include wheat), Colours (171, 129,102,110, 133), Vegetable Gum (414), Thickener (Dextrin), Glazing Agent (903), Peanuts.		
Contains: Milk, Soy, Wheat, Barley, Peanuts Tree nuts may be present.		

Chocolate Melts		
Nutritional Information		
Servings per package: 21		
Serving Size 50g	Av. Per Serving	Avg. Per 100g
Energy	549 kJ	2200 kJ
Protein	1.4 g	5.7 g
Fat - Total	7.4 g	29.6 g
- Saturated	4.6 g	18.4 g
Carbohydrate - Total	14.5 g	57.8 g
- Sugar	13.3 g	53.3 g
Sodium	1 mg	5 mg
Ingredients Sugar, Cocoa Mass, Cocoa Butter, Milk Solids, Emulsifiers (Soy Lecithin, 476), Flavour.		
CONTAINS Milk and Soy. May contain peanuts and tree nuts.		

Fried Noodles		
Nutritional Information		
Servings per package: 21		
Serving Size 25g	Av. Per Serving	Avg. Per 100g
Energy	524 kJ	2097 kJ
Protein	1.4 g	5.7 g
Fat - Total	6.3 g	25.3 g
- Saturated	1.6 g	6.4 g
Carbohydrate - Total	15.7 g	62.6 g
- Sugar	Less than 1 g	Less than 1 g
Sodium	213 mg	850 mg
Ingredients Rice Flour, Cottonseed Oil, Salt, Raising Agents (450, 500), Antioxidants (300, 307b).		

DISCLAIMER: The contents of all cake kits are packaged in a facility that also handles wheaten products, therefore our kits are not suitable for people with Coeliac Disease.