Herman Miller
Cosm Chairs Adjustment Guide

Seat Height: Paddle-shaped lever on right side

To raise: While taking your weight off chair, lift lever up.

To lower: While seated, lift lever up.

At the proper height, your feet should rest flat on the floor.

ATTENTION! ONLY TRAINED PERSONNEL CAN REMOVE, REPAIR OR REPLACE THE GAS LIFT MECHANISM.

Arm Height: Lever on arm stem (only available on some models)

To adjust arm height: Squeeze lever on arm stem while pulling arm up to raise arm to desired height. To lower arm, squeeze lever on arm stem while pushing arm down on armpad.

For maximum comfort, your arms should make contact with the armpad without any lift at your shoulders.

Footring Height (only available on some models)

To adjust: Hold base with one hand, grasp footring spoke and turn counter-clockwise (−) to loosen.

Once loose, raise or lower footring to desired height.

Hold collar with one hand, grasp footring and turn clockwise (+) to tighten. To secure, finish turning footring while holding base.