

# Soil Dynamics

Home Organics

January

## Vegetables and Fruits

Beetroot  
Bush/Dwarf Beans  
Capsicum  
Carrots  
Chili  
Chinese cabbage  
Climbing beans  
Climbing Zucchini  
Cas/ Romaine lettuce  
Cucumber  
Gourd  
Ice plant Crystal Leaf  
Kailaan/Chinese broccoli  
Leaf lettuce  
Malabar spinach  
Marrow  
Perrilla  
Pumpkin  
Silverbeet / rainbow chard  
Squash  
Sweet corn  
Tree spinach/ Magenta Spreen  
Warrigal greens/new zealand spinach  
Zucchini/Courgette

# Herbs

Aloe vera

Basil

Bergamont

Borage

Caraway

Catnip

Cilantro/ coriander

Comfrey

Dandelion

Evening primrose

Garlic chives

Gotu Kola

Hyssop

Lemon balm

Lemon Verbena

Lemongrass

Licorice

Lovage

Marjoram

Mexican Tarragon

Mint

Onion chives

Oregano

Parsley

Pineapple sage

Rosemary

Sage

Salad burnet

Society garlic

Sorrel

Stevia

Thyme

Winter savory

Zaatar

# Flowers

Cockscomb  
Cosmos  
Gaillardia  
Iceland poppy  
Impatiens  
Love in a mist  
Marygold  
Nastutium  
Straw flower  
Sunflower  
Verbena  
Wallflower  
Zinnia