

# Soil Dynamics

Home Organics

December

## Vegetables and Fruits

Angled Luffa

Brazilian Spinach

Capsicum

Chili

Choko

Eggplant

Ginger

Jicama

Malabar Spinach

New Guinea Bean

Okinawa Spinach

Snake/Yard Long Beans

Sweet Corn

Sweet Potato/Kumara

Tahitian Spinach

Turmeric

Winged Bean

Yacon

Yam

# Herbs

Basil

Comfrey

Gotu Kola

Lemongrass

Mexican Tarragon

Vietnamese Mint

# Flowers

Canna Lily

Marigold

Nasturtium