

# Soil Dynamics

Home Organics

October

## Vegetables and Fruits

Angled Luffa

Beetroot

Brazilian Spinach

Bush/Dwarf Beans

Capsicum

Carrots

Chili

Choko

Climbing/Pole Beans

Climbing/Tromboncino Zucchini

Cos/Romaine Lettuce

Cucumber 'Giant Russian'

Eggplant

Ginger

Gourd

Ice Plant Crystal Leaf

Jicama

Leaf Lettuce

Malabar Spinach

Marrow

Melon

New Guinea Bean

Okinawa Spinach

Okra

Orach

Perilla

Pumpkin

Rosella

Silverbeet/Rainbow Chard  
Snake/Yard Long Beans  
Spring/Welsh/Bunching Onion  
Squash 'Tatume'  
Sweet Corn  
Sweet Potato/Kumara  
Tomatoes  
Tree Spinach/Magenta Spreen  
Turmeric  
Warrigal Greens/New Zealand Spinach  
Watermelon  
Wild Rocket  
Yacon

# Herbs

Aloe Vera

Basil

Borage

Catnip

Chervil

Chickweed

Comfrey

Dandelion

Evening Primrose

Garlic Chives

Gotu Kola

Hyssop

Lemon Balm

Lemon Verbena

Lemongrass

Licorice

Lovage

Marjoram

Mexican Coriander/Culantro

Mexican Tarragon

Mint

Onion Chives

Oregano

Pineapple Sage

Rosemary

Sage

Salad Burnet

Society Garlic

Stevia

Thyme

Vietnamese Mint

Winter Savory

Yarrow

Zaatar

# Flowers

Alyssum

Anise Hyssop

Canna Lily

Cockscomb

Cosmos

Echinacea

English Lavender

Gaillardia

Impatiens

Marigold

Nasturtium

Petunia

Sunflower 'Sunbird'

Verbena

Zinnia