

# Soil Dynamics

Home Organics

January

## Vegetables and Fruits

Angled Luffa  
Brazilian Spinach  
Climbing/Tromboncino Zucchini  
Cos/Romaine Lettuce  
Cucumber 'Giant Russian'  
Eggplant  
Gourd  
Ice Plant Crystal Leaf  
Jicama  
Leaf Lettuce  
Malabar Spinach  
New Guinea Bean  
Okinawa Spinach  
Okra  
Perilla  
Pumpkin  
Snake/Yard Long Beans  
Squash 'Tatume'  
Sweet Corn  
Sweet Potato/Kumara  
Tahitian Spinach  
Warrigal Greens/New Zealand Spinach  
Yacon  
Yam

# Herbs

Aloe Vera  
Basil  
Catnip  
Comfrey  
Evening Primrose  
Garlic Chives  
Gotu Kola  
Lemon Verbena  
Lemongrass  
Licorice  
Mexican Tarragon  
Onion Chives  
Society Garlic  
Stevia  
Vietnamese Mint

# Flowers

Anise Hyssop  
Canna Lily  
Cockscomb  
Gaillardia  
Impatiens  
Marigold  
Nasturtium  
Sunflower 'Sunbird'  
Verbena  
Zinnia