

# Soil Dynamics

Home Organics

October

## Vegetables and Fruits

Asparagus Crowns  
Beetroot  
Bok Choy  
Bush/Dwarf Beans  
Butterhead/Bibb Lettuce  
Cabbage  
Capsicum  
Carrots  
Celeriac  
Celery  
Chili  
Chinese Cabbage  
Climbing/Pole Beans  
Climbing/Tromboncino Zucchini  
Collards  
Cos/Romaine Lettuce  
Cucumber  
Eggplant  
Endive  
Globe Artichoke  
Gourd  
Jerusalem Artichoke  
Kailaan/Chinese Broccoli  
Kale  
Kohlrabi  
Leaf Lettuce  
Leeks  
Marrow  
Mibuna  
Mizuna

Orach  
Parsnip  
Peas  
Potatoes  
Pumpkin  
Radish  
Salsify  
Shallots  
Silverbeet/Rainbow Chard  
Snow Peas  
Spring/Welsh/Bunching Onion  
Squash  
Strawberries  
Sweet Corn  
Tatsoi  
Tomatoes  
Tree Spinach/Magenta Spreen  
Warrigal Greens/New Zealand Spinach  
Wild Rocket  
Zuchinni/Courgette

# Herbs

Aloe Vera

Bergamot

Borage

Catnip

Chamomile

Chervil

Chickweed

Comfrey

Coriander/ Cilantro

Dandelion

Dill

Evening Primrose

French Tarragon

Garlic Chives

Hyssop

Lemon Balm

Lemon Verbena

Lemongrass

Licorice

Lovage

Marjoram

Mexican Tarragon

Mint

Mitsuba

Onion Chives

Oregano

Parsley

Pineapple Sage

Rosemary

Sage

Salad Burnet

Society Garlic

Sorrel

Stevia

Thyme  
Upland Cress  
Watercress  
Winter Savory  
Yarrow  
Zaatar

## Flowers

Alyssum  
Anise Hyssop  
Calendula  
Candytuft  
Canna Lily  
Cockscomb  
Columbine  
Echinacea  
English Lavender  
Gaillardia  
Marigold  
Nasturtium  
Petunia  
Phacelia  
Queen Anne's Lace  
Snapdragon  
Strawflower  
Sunflower  
Sweet Pea  
Sweet William  
Verbena  
Wallflower  
Zinnia