

# Soil Dynamics

Home Organics

January

## Vegetables and Fruits

Beetroot

Brussels Sprouts

Bush/Dwarf Beans

Carrots

Cauliflower

Chinese Cabbage

Climbing/Pole Beans

Climbing/Tromboncino Zucchini

Cos/Romaine Lettuce

Fennel

Gourd

Ice Plant Crystal Leaf

Kailaan/Chinese Broccoli

Leaf Lettuce

Perilla

Radish

Silverbeet/Rainbow Chard

Spring/Welsh/Bunching Onion

Squash

Swede

Tree Spinach/Magenta Spreen

Turnip

Warrigal Greens/New Zealand Spinach

Zuchinni/Courgette

# Herbs

Aloe Vera

Basil

Bergamot

Borage

Caraway

Catnip

Chervil

Comfrey

Dandelion

Evening Primrose

Garlic Chives

Hyssop

Lemon Balm

Lemon Verbena

Lovage

Marjoram

Mexican Coriander/Culantro

Mint

Onion Chives

Oregano

Parsley

Pineapple Sage

Rosemary

Sage

Salad Burnet

Society Garlic

Sorrel

Stevia

Thyme

Winter Savory

Zaatar

# Flowers

Anise Hyssop

Cosmos

Gaillardia

Hollyhock

Iceland Poppy

Impatiens

Love-In-A-Mist

Marigold

Verbena

Zinnia