

# Soil Dynamics

Home Organics

October

## Vegetables and Fruits

Beetroot  
Capsicum  
Carrots  
Chili  
Chinese Cabbage  
Climbing/Tromboncino Zucchini  
Cos/Romaine Lettuce  
Cucumber 'Suyo Long'  
Eggplant  
Ginger  
Gourd  
Ice Plant Crystal Leaf  
Kailaan/Chinese Broccoli  
Leaf Lettuce  
Malabar Spinach  
Marrow  
Melon  
Okra  
Orach  
Perilla  
Potatoes  
Pumpkin  
Radish  
Silverbeet/Rainbow Chard  
Snake/Yard Long Beans  
Spring/Welsh/Bunching Onion  
Squash  
Sweet Corn  
Sweet Potato/Kumara

Tomato 'Cherry Pear'

Tree Spinach/Magenta Spreen

Turmeric

Warrigal Greens/New Zealand Spinach

Watermelon

Wild Rocket

Yacon

Zuchinni/Courgette

# Herbs

Aloe Vera

Basil

Catnip

Comfrey

Dandelion

Evening Primrose

Garlic Chives

Hyssop

Lemon Verbena

Licorice

Lovage

Marjoram

Mexican Coriander/Culantro

Mexican Tarragon

Onion Chives

Oregano

Parsley

Pineapple Sage

Rosemary

Sage

Society Garlic

Sorrel

Thyme

Winter Savory

Zaatar

# Flowers

Anise Hyssop

Calendula

Cockscomb

Cosmos

Echinacea

English Lavender

Gaillardia

Petunia

Strawflower

Sunflower 'Sunbird'

Verbena

Zinnia