TURN | SIZE CHART

A | TORSO

TO MEASURE THE TORSO, START FROM THE TOP OF THE SHOULDER WHERE SINGLET STRAP WOULD SIT AND DOWN THROUGH THE GUSSET BETWEEN THE LEGS AND UP OVER THE BACK TO CREATE AN ENTIRE TORSO LOOP. IF YOU'RE A TALLER THAN AVERAGE GYMNAST, WE RECOMMEND YOU BASE YOUR SINGLET SIZE MAINLY FROM THIS MEASUREMENT

B | CHEST

MEASURED JUST BELOW THE ARMPITS; TAKE THE ENTIRE CIRCUMFERENCE OF THE CHEST, TAKING A SHORT BREATH AND ARMS DOWN. IF YOUR A STOCKIER GYMNAST WE RECOMMEND YOU BASE YOUR SIZE SINGLET MAINLY FROM THIS MEASUREMENT

C | WAIST / HIP

WRAP THE TAPE MEASURE AROUND YOUR HIP AT THE POINT WHERE THE WAISTBAND ON YOUR SHORTS OR PANTS WILL BE WHEN WORN; MEASURE THE ENTIRE CIRCUMFERENCE. NOTE OUR SHORTS AND PANTS ARE ELASTICATED AND HAVE DRAWSTRINGS TO FIT VARIOUS BUILDS

D | PANT LENGTH - INSIDE LEG

MEASURE THE LENGTH FROM YOUR GUSSET ALL THE WAY DOWN TO THE FLOOR. COMBINE THIS LENGTH WITH YOUR WAIST MEASUREMENT TO FIGURE OUT YOUR PANT SIZE. SLENDER BUILDS SHOULD FOCUS MORE ON INSIDE LEG LENGTH, STOCKIER BUILDS FOCUS MORE ON WAIST

E | SHORTS LENGTH

NO SIZING REQUIRED HERE, JUST A WAY FOR YOU TO CHECK HOW LONG THE SHORTS WILL BE WHEN YOU CHOOSE A CERTAIN WAIST MEASUREMENT
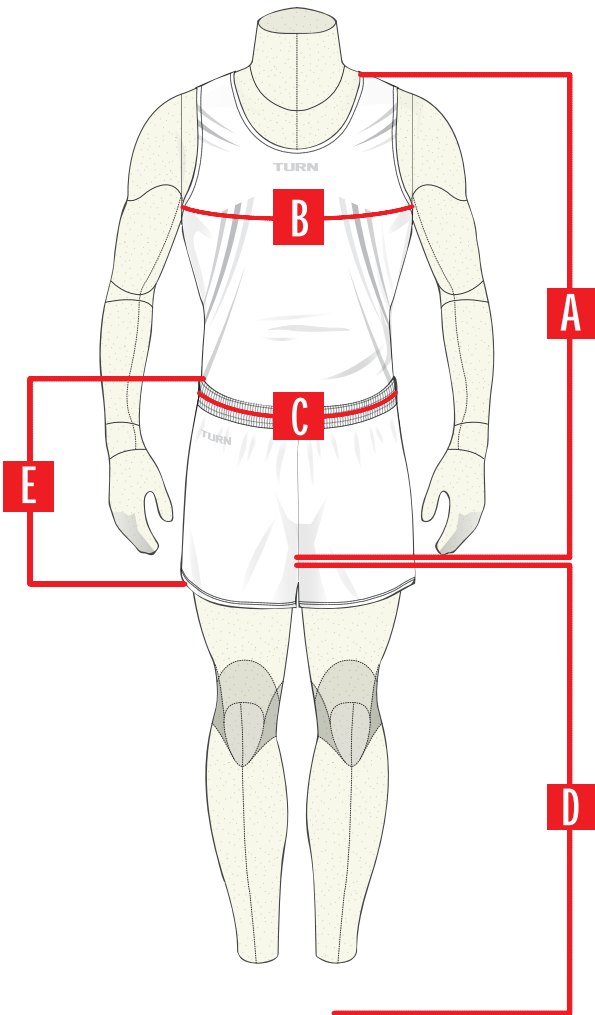
			JUNIOR / BOY'S SIZES					SENIOR / ADULT SIZES						
			XS	SM	MD	LG	XL	XS	SM	MD	LG	XL	2XL	3XL
TORSO	A	cm	97-107	104-114	112-122	119-129	127-137	135-145	142-152	150-160	157-167	165-175	173-183	180-190
		in	38-42	41-45	44-48	47-51	50-54	53-57	56-60	59-63	62-66	65-69	68-72	71-75
CHEST	B	cm	50-58	56-64	61-69	66-74	71-79	79-86	84-91	89-97	94-102	99-107	104-112	109-117
		in	20-23	22-25	24-27	26-29	28-31	31-34	33-36	35-38	37-40	39-42	41-44	43-46
WAIST / HIP	C	cm	54-59	59-64	64-69	69-74	74-79	69-74	74-79	79-84	84-89	89-94	94-99	-
		in	21-23	23-25	25-27	27-29	29-31	28-30	29-31	31-33	33-35	35-37	37-39	-
PANT LENGTH	D	cm	41-46	46-51	51-56	56-61	61-66	64-69	69-74	74-79	79-84	84-89	89-94	-
		in	16-18	18-20	20-22	22-24	24-26	25-27	27-29	29-31	31-33	33-35	35-37	-
SHORTS LENGTH	E	cm	22.5	23.5	24.5	25.5	26.5	27.5	28.5	29.5	30.5	31.5	32.5	-
		in	8.8	9.2	10.6	10.0	10.4	10.8	11.2	11.6	12.0	12.4	12.8	-

SIZE CHART
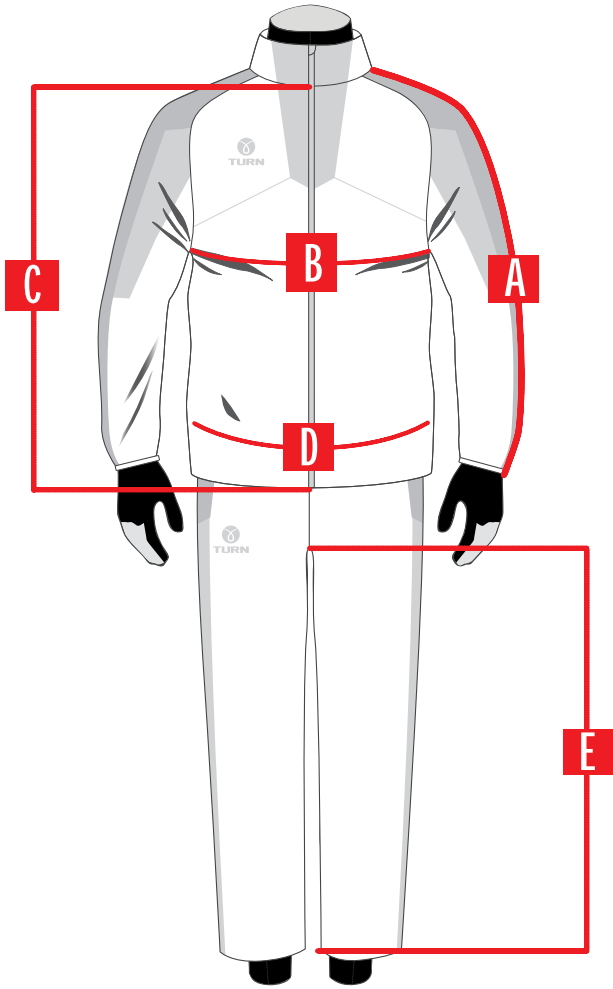
A | SLEEVE LENGTH

B | JACKET WIDTH

C | JACKET LENGTH

D | PANT WAIST

E | PANT LENGTH