

**Glow Blows - \$20.00 (Serves 1)**

- Kamut, Fresh Herbs, Pistachios, Rapini and Preserved Lemon Vinaigrette

OR

- Beets, Fennel and Winter Greens with Seed Bark and Sherry Vinaigrette
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**Glow Blows - \$28.00 (Serves 2)**

- Spicy Peanut Tofu Bowl with Bok Choy and Rice Noodles

OR

- Roasted Squash and White Bean Coconut Curry with Gai Lan, Fresh Herbs and Coconut