# Indoor Humidity Levels in Your Home

**Humidifier Tips** 

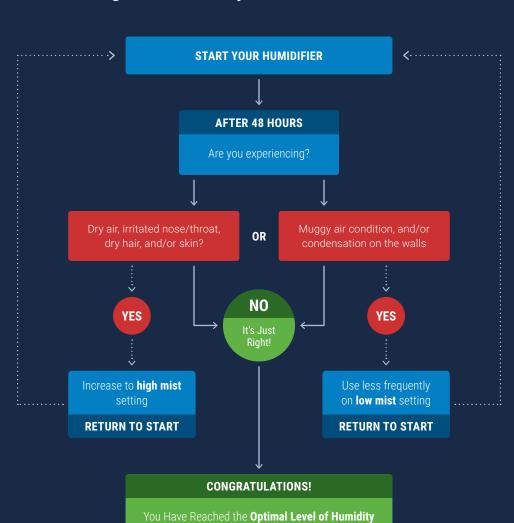
### **Indoor Humidity Level Breakdown**

For a comfortable and healthy home environment, the recommended indoor relative humidity levels falls between 30-50%.\* Humidity levels above 50% may cause condensation to form on windows, walls and floors, and can trigger the growth of allergens such as bacteria, dust mites and mold.



\* US Environmental Protection Agency, September 2016 | epa.gov/mold/brief-guide-mold-moisture-and-your-home

#### **How to Regulate Humidity in Your Home**



## Monitoring Your Humidifier Humidity levels change depending on weather and time of day, so monitor often. Use a hygrometer to check the

humidity level in your home or monitor closely for unwanted condensation. Here are some Do's and Don'ts for helping monitor your humidifier:





#### Use distilled water and our **FLTDC Humidifier Demineralization Filter** to prevent

Remove White Dust

white dust from your humidifier.

## The Right Humidifier for Your Room Size To make the most of your humidifier, choose one based on the size of the room you'll use it in:



Table-Top Units

Coverage Units