

Powdered Whey Milk



24 Pouches

Nutrition Facts	
480 servings per container	
Serving size	2 tbsp (17g) dry (about 1 cup prepared)
Amount per serving	
Calories	70
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 10g	4%
Dietary Fiber 0g	0%
Total Sugars 9g	
Includes 1g Added Sugars	2%
Protein 3g	
Vitamin D 3mcg	15%
Calcium 112mg	8%
Iron 0mg	0%
Potassium 275mg	6%
Vitamin A 163mcg	20%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Contains a bioengineered food ingredient.

DISTRIBUTED BY: HIBERNATE
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INGREDIENTS: Whey, creamer (coconut oil, corn syrup solids, sodium caseinate [a milk derivative], dipotassium phosphate, sugar, mono and diglycerides, silicon dioxide, polysorbate 80, tetrasodium pyrophosphate, soy lecithin), nonfat dry milk, sugar, guar gum, vitamin A palmitate, silicon dioxide, vitamin D3.

CONTAINS: Milk, soy.

DIRECTIONS:

PAIL MAKES APPROXIMATELY 30 GALLONS.

Yield	Milk Powder	Warm Water	Cold Water
1 cup	2 tbsp	1/4 cup	3/4 cup
1 quart	1/2 cup	1 cup	3 cups
2 quarts	1 cup	2 cups	6 cups
1 gallon	2 cups	1 quart	3 quarts

(Shake or stir contents before use. Some settling may occur.)

1. Remove oxygen absorber and discard.
2. Add dry milk powder to warm water, stir until dissolved.
3. Add indicated amount of cold water. Mix well.

For best results: Cover and chill at least 4 hours before serving.

Contains an oxygen absorber. Discard immediately upon opening.

*For optimal shelf life, store product in a cool and dry place. Sealed product stays fresh up to 20 years. Once seal is broken, food should be used within one year.

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