

Nutrition Facts

Servings per container:
Serving size (dry):

Amount per serving
Calories

Total Fat	2.5g	3%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	35mg	2%
Total Carbohydrate	20g	7%
Dietary Fiber	3g	11%
Total Sugars	3g	
Includes Added Sugars	3g	6%
Protein	4g	

Vitamin D	0mcg	0%
Calcium	19mg	2%
Iron	1mg	6%
Potassium	130mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

1 Pouch
**Maple Brown
 Sugar Oatmeal**

10
 1/4 cup (30g)

120

% Daily Value*

Total Fat	2.5g	3%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	35mg	2%
Total Carbohydrate	20g	7%
Dietary Fiber	3g	11%
Total Sugars	3g	
Includes Added Sugars	3g	6%
Protein	4g	

Vitamin D	0mcg	0%
Calcium	19mg	2%
Iron	1mg	6%
Potassium	130mg	2%

1 Pouch
**Strawberry-
 Flavored
 Creamy Wheat**

8
 1/4 cup (46g)

180

% Daily Value*

Total Fat	2.5g	3%
Saturated Fat	2.5g	13%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	95mg	4%
Total Carbohydrate	36g	13%
Dietary Fiber	1g	4%
Total Sugars	10g	
Includes Added Sugars	10g	20%
Protein	3g	

Vitamin D	0mcg	0%
Calcium	5mg	0%
Iron	0mg	0%
Potassium	72mg	2%

1 Pouch
**Creamy
 Chicken-Flavored
 Rice**

8
 1/3 cup (52g)

240

% Daily Value*

Total Fat	12g	15%
Saturated Fat	2g	30%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	330mg	14%
Total Carbohydrate	30g	11%
Dietary Fiber	0g	0%
Total Sugars	1g	
Includes Added Sugars	0g	0%
Protein	4g	

Vitamin D	0mcg	0%
Calcium	8mg	0%
Iron	1mg	6%
Potassium	277mg	6%

1 Pouch
**Cheesy Broccoli
 Rice**

8
 1/3 Cup (65g)

250

% Daily Value*

Total Fat	4.5g	6%
Saturated Fat	2g	10%
Trans Fat	0g	
Cholesterol	10mg	3%
Sodium	640mg	28%
Total Carbohydrate	45g	16%
Dietary Fiber	0g	0%
Total Sugars	9g	
Includes Added Sugars	0g	0%
Protein	7g	

Vitamin D	0mcg	0%
Calcium	152mg	10%
Iron	1mg	6%
Potassium	396mg	8%

1 Pouch
**Italiano
 Marinara Pasta**

4
 1/2 cup (69g)

240

% Daily Value*

Total Fat	1.5g	2%
Saturated Fat	0.5g	3%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	610mg	27%
Total Carbohydrate	46g	17%
Dietary Fiber	3g	11%
Total Sugars	14g	
Includes Added Sugars	1g	2%
Protein	9g	

Vitamin D	0mcg	0%
Calcium	59mg	4%
Iron	2mg	10%
Potassium	737mg	15%

CHEESY BROCCOLI RICE

INGREDIENTS: Rice [parboiled long grain rice, enriched with ferric orthophosphate (iron), niacin, thiamin mononitrate (thiamin), and folic acid (folate)], cheese sauce mix (whey, nonfat dry milk, cheddar cheese [pasteurized milk, salt, cheese cultures, enzymes], salt, natural flavors, butter [cream], buttermilk, lactic acid, annatto, extractives of paprika, natural vitamin E [added to preserve freshness]), creamer [maltodextrin, palm oil, contains 2% or less of the following: sodium caseinate [a milk derivative], dipotassium phosphate, mono and diglycerides [with tocopherols, ascorbic acid, citric acid to preserve freshness], sodium aluminosilicate, natural flavor, annatto extract (color), sodium hexmetaphosphate], corn starch, chicken soup base (corn syrup solids, salt, corn starch, hydrolyzed corn and soy protein, rendered chicken fat, sugar, onion powder, disodium inosinate and disodium guanylate, spices, turmeric, dehydrated parsley, and silicon dioxide added to prevent caking), dehydrated broccoli [broccoli, sucrose], onions, onion powder, natural orange color (annatto, beet juice), parsley. **CONTAINS:** Milk, soy.

ITALIANO MARINARA PASTA

INGREDIENTS: Lasagna noodles (semolina [wheat], niacin, iron [ferrous sulfate], thiamin mononitrate, riboflavin, folic acid), tomato powder, onions, modified food starch, white cheddar cheese [cheddar cheese [pasteurized milk, salt, cheese culture, enzymes], salt, lactic acid, natural flavors], sea salt, sugar, garlic powder, tomatoes, red wine flavor (red wine, maltodextrin), cheddar cheese powder [dextrose, maltodextrin, whey solids, natural and artificial flavor, corn starch, salt, silicon dioxide, guar gum, annatto, turmeric], olive oil flavor (modified corn starch, maltodextrin, medium chain triglycerides, natural flavor, tricalcium phosphate), parsley, Italian style seasoning (garlic, onion, spices), basil, citric acid, yeast extract, natural orange color (annatto, beet juice), caramel color, ground fennel. **CONTAINS:** Milk, Wheat.



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MAPLE BROWN SUGAR OATMEAL

INGREDIENTS: Quick oats, brown sugar, creamer (coconut oil, corn syrup solids, sodium caseinate [a milk derivative], dipotassium phosphate, sugar, mono and diglycerides, silicon dioxide, polysorbate 80, tetrasodium pyrophosphate, soy lecithin), natural and artificial maple flavor (dextrose, maltodextrin, less than 2% silicon dioxide added to prevent caking), non-iodized salt. **CONTAINS:** Milk, soy.

STRAWBERRY-FLAVORED CREAMY WHEAT

INGREDIENTS: Farina (wheat), sugar, creamer (hydrogenated coconut oil, corn syrup solids, sodium caseinate [a milk derivative], dipotassium phosphate, mono and diglycerides, silicon dioxide,

soy lecithin), natural and artificial strawberry flavor (maltodextrin, sugar, natural and artificial flavor, modified corn starch, potassium benzoate [preservative], sulfites), non-iodized salt, natural red coloring (carmine, caramel color, and maltodextrin). **CONTAINS:** Milk, soy, wheat.

CREAMY CHICKEN-FLAVORED RICE

INGREDIENTS: Rice [parboiled long grain rice, enriched with ferric orthophosphate (iron), niacin, thiamin mononitrate (thiamin), and folic acid (folate)], creamer (palm oil, maltodextrin, sodium caseinate [a milk derivative]), dipotassium phosphate, mono and diglycerides, sodium hexametaphosphate, and silicon dioxide (flow

agent)], corn starch, natural chicken flavor (autolyzed yeast extract, maltodextrin, salt, chicken flavor, chicken stock, natural flavor, chicken fat, silicon dioxide), onions, low sodium chicken base (corn syrup solids, corn starch, hydrolyzed soy and corn protein, salt, rendered chicken fat, sugar, onion powder, disodium inosinate and disodium guanylate, spices, turmeric, dehydrated parsley, natural flavor, and silicon dioxide added to prevent caking), onion powder, yeast extract, parsley, turmeric. **CONTAINS:** Milk, soy.

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Nutrition Facts

Servings per container:
Serving size (dry):

Amount per serving
Calories

Total Fat

Saturated Fat

Trans Fat

Cholesterol

Sodium

Total Carbohydrate

Dietary Fiber

Total Sugars

Includes Added Sugars

Protein

Vitamin D

Calcium

Iron

Potassium

Vitamin A

1 Pouch
**Creamy
 Stroganoff**

4
 1/2 cup (77g)

330

% Daily Value*

11g **14%**

8g **40%**

0g

50mg **17%**

700mg **30%**

48g **17%**

2g **7%**

5g

1g **2%**

10g

0mcg 0%

46mg 4%

2mg 10%

345mg 8%

1 Pouch
**Creamy Potato
 Soup**

8
 1/3 cup (51g)

220

% Daily Value*

8g **10%**

4g **20%**

0g

0mg **0%**

630mg **27%**

33g **12%**

2g **7%**

2g

1g **2%**

4g

0mcg 0%

26mg 2%

1mg 6%

428mg 10%

1 Pouch
**Vanilla
 Pudding**

10
 1/3 cup (60g)

240

% Daily Value*

3.5g **4%**

3.5g **18%**

0g

0mg **0%**

90mg **4%**

52g **19%**

0g **0%**

33g

30g **60%**

3g

0mcg 0%

78mg 6%

0mg 0%

167mg 4%

1 Pouch
**Powdered
 Whey Milk**

20
 2 tbsp (17g)

70

% Daily Value*

2.5g **3%**

2g **10%**

0g

0mg **0%**

110mg **5%**

10g **4%**

0g **0%**

9g

1g **2%**

3g

3mcg 15%

112mg 8%

0mg 0%

275mg 6%

163mcg 20%

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 SALT LAKE CITY, UTAH 84104



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Contains a bioengineered food ingredient.

Contains an oxygen absorber. Discard immediately upon opening.

*For optimal shelf life, store product in a cool and dry place. Shelf life of sealed pouches ranges from 20 to 25 years depending on food type. Once pouch seal is broken, food should be used within one year. Pail may be opened without compromising the shelf life of sealed pouches.

CREAMY STROGANOFF

INGREDIENTS: Egg noodles (durum wheat semolina, durum wheat flour, eggs, niacin, iron [ferrous sulfate], thiamin mononitrate, riboflavin, folic acid), creamer (coconut oil, corn syrup solids, sodium caseinate [a milk derivative]), dipotassium phosphate, sugar, mono and diglycerides, silicon dioxide, polysorbate 80, tetrasodium pyrophosphate, soy lecithin), sour cream powder (cultured cream [cream, nonfat milk, culture, enzymes] salt, lactic acid, vitamin E, vitamin C), vegetarian beef base (salt, hydrolyzed soy protein, sugar, torula yeast, corn starch, maltodextrin, caramel color, onion powder, yeast extract, natural flavors, citric acid, and less than 2% silicon dioxide added to prevent caking), onions, non-iodized salt, modified food starch, mushrooms, onion powder, red wine flavor (red wine, maltodextrin), sauteed mushroom stock (shiitake mushroom powder, maltodextrin, tapioca dextrin, salt, sunflower oil, natural buttermilk flavor, autolyzed yeast extract, soybean oil, yeast extract, soy sauce powder, onion, modified corn starch).
CONTAINS: Egg, milk, soy, wheat.

CREAMY POTATO SOUP

INGREDIENTS: Potatoes, creamer (palm oil, maltodextrin, sodium caseinate [a milk derivative]), dipotassium phosphate, mono and diglycerides, sodium hexametaphosphate, and silicon dioxide (flow agent), bleached enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid, enzyme), dehydrated potato flakes (potato, monoglycerides, sodium acid pyrophosphate, citric acid, sodium bisulfite and BHA to preserve freshness), corn starch, onions, chicken soup base (corn syrup solids, salt, corn starch, hydrolyzed corn and soy protein, rendered chicken fat, sugar, onion powder, disodium inosinate and disodium guanylate, spices, turmeric, dehydrated parsley, and silicon dioxide added to prevent caking), non-iodized salt, sugar, yeast extract, onion powder, whey, parsley, turmeric, garlic powder, caramel color.
CONTAINS: Milk, soy, wheat.

VANILLA PUDDING

INGREDIENTS: Sugar, modified food starch, creamer (coconut oil, corn syrup solids, sodium caseinate [a milk derivative]), dipotassium phosphate, sugar, mono and diglycerides, silicon dioxide, polysorbate 80, tetrasodium pyrophosphate, soy lecithin), nonfat dry milk, cream flavor (maltodextrin, lipolyzed cream, natural flavor), non-iodized salt, yellow #5.
CONTAINS: Milk, soy.

POWDERED WHEY MILK

INGREDIENTS: Whey, creamer (coconut oil, corn syrup solids, sodium caseinate [a milk derivative]), dipotassium phosphate, sugar, mono and diglycerides, silicon dioxide, polysorbate 80, tetrasodium pyrophosphate, soy lecithin), nonfat dry milk, sugar, guar gum, vitamin A palmitate, silicon dioxide, vitamin D3.
CONTAINS: Milk, soy.

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