

# GEORGIE & TOM'S

EATING WELL MADE EASY



## BBQ Pork sliders

SLOW COOKED SHREDDED PORK IN A SMOKY BBQ SAUCE WITH CHIVE CHEDDAR COLESLAW AND FRESH APPLE IN SOFT SLIDER BUNS

★★★★☆ 4.5

8 reviews

*If you have received an order prior to the 10th February, you will have received our old recipe. For more information and cooking instructions, please follow [this link](#).*

Microwave or Stovetop  
5 minutes

**Shelf-life:** Day of delivery plus 5 days

730 calories per person  
Serves 2

*Mediterranean,*

### HOW TO COOK

1. Preheat oven to 350°F. Slice & toast **sliders** 2-3 mins. *(or in toaster)*
2. Empty **BBQ pork** into empty wooden tray, microwave 1-2 min *(or warm in a pot with 1 tbsp water)*.
3. Mix **slaw** with **mayo**, slice **apple** thinly.
4. Fill buns with 1 tbsp pork, coleslaw, and apple slices *(3 buns each)*.

### INGREDIENTS

Slider buns (unbleached enriched flour, water, sugared egg yolks, soybean oil, sugar, whole egg, malted barley flour, salt, yeast), Apples, BBQ sauce (high fructose corn syrup, distilled vinegar, tomato paste, modified corn starch, salt, pineapple juice concentrate, natural smoke flavour, spice, caramel colour, molasses, sodium benzoate, garlic, mustard flavour, corn syrup, sugar, natural flavour, celery seed), Pork (All natural from United States), Reduced Fat Mayonnaise (water, soybean oil, modified food starch, sugar, distilled vinegar, salt, whole eggs, egg yolks, lemon juice concentrate, sorbic acid, natural flavour, paprika extract, vitamin E), Yoghurt, Cheddar smoked, Carrot, Red cabbage, White cabbage, Chives, raw, Scallion, Vinegar, cider, Worcestershire sauce (distilled white vinegar, molasses, sugar, water, salt, onions, anchovies, garlic, tamarind extract, natural flavourings, chili pepper extract), Extra virgin olive oil, Onion powder, Mustard powder, Salt, Garlic powder, Black pepper

Allergens: Egg, Fish, Gluten, Milk, soybeans

Contains celery & mustard

### NUTRITION FACTS

Calories 730, Fat 26g, Saturated fat 6g, Carbohydrates 91g, Total sugars 51g, Protein 27g, Fibre 2g, Sodium 1370mg

Approximately 243 calories per filled slider