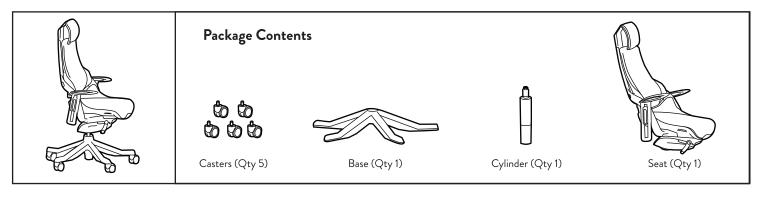
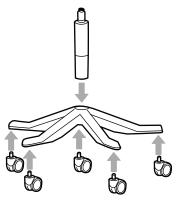


# Pro+ Ergonomic Chair Installation Instructions

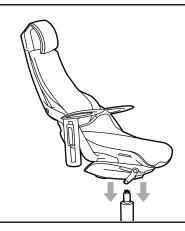


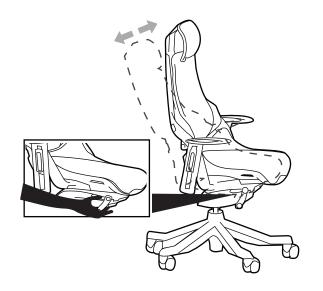


# Step 1

Insert each of the casters into each corresponding leg of the base. Once completed, insert the cylinder into the base.





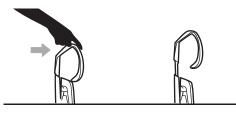


# Step 3

Whilst sitting in the chair, flip the lever on the left side into the "up" position (figure 1). Continue to lean back until you feel it click into place.

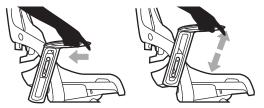
This will unlock the chair's tilt in order to allow the seat to be positioned upright.

# Adjustment Guide



## Headrest Height

Hold the headrest and push forward lightly, you will feel the headrest unlock, allowing you to adjust it to your desired height.



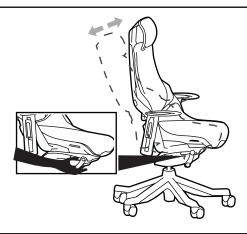
#### Armrest Height

Hold armrest by the front, and pull lightly toward the back of the chair. You will feel the arm unlock, allowing you to adjust them to your desired height.



#### **Armpad Angle**

Grasp armpads and rotate them inward or outward to adjust elbow support to suit specific tasks. An inward position words during keyboard use, while an outward position is recommended during mousing.



## Recline Adjustment

Sit in the chair and flip up the lever under the left-hand side of the seat to unlock the seat tilt. Lean back to desired position and lower the lever to lock the seat into place.

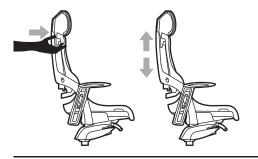
To return chair back to upright position, flip the lever up and lean back until you hear or feel a click. Then sit forward.

Turn the crank on the right hand side of the seat to adjust the recline tension.



### Seat Height

Squeeze lever under the right-hand side, beside the crank (a) to raise and lower the height of the seat (b)



#### **Back Height**

Press forward on the back, until you feel the back unlock, allowing you to adjust it to your desired height.



#### Lumbar Adjustment

Adjust the depth of the lumbar support by turning the wheel located on the back of the chair.